



ParentingNI

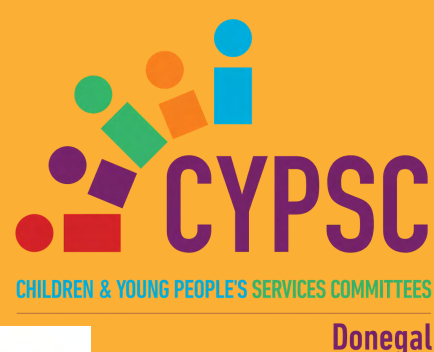
**30TH
SEPT
2021**



RAISING YOUR CHILD'S SELF-ESTEEM

Research shows self-esteem has an impact on children's educational attainment, social skills, mental health & ability to cope with stress. This workshop will help parents understand why children need to feel good about themselves, explore what influences a child's self-esteem and equip parents with the skills to raise their child's self-esteem. Workshop welcomes those parenting 0-10 years specifically.

MACE in conjunction with CYPSC



Online Via Zoom

**ALL AREAS WITHIN
DONEGAL**

11.00 AM - 12.00 PM

TO REGISTER

Email: help@parentingni.org

Please include the following details:

Your name, address (inc eir code)
child(ren) name(s) & DOB(s)

Please specify,

the date & name of the programme or
workshop you are interested in attending,

Thank you.