



cooperation and working together
for health gain and social well being in border areas

Inside this Issue

- ◆ Ambulance Services Cross Border Co-operation
- ◆ Future EU funding
- ◆ EU INTERREG IVA project update
- ◆ News and events



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



Health and Social
Care Board



Public Health
Agency



Southern Health
and Social Care Trust



Western Health
and Social Care Trust

Ambulance Services Cross Border Co-operation

Both Ambulance Services on the island recently signed a Memorandum of Understanding (MOU) which outlines the level of mutual aid that can be provided when a major incident occurs in either jurisdiction.

The MOU was developed in collaboration with CAWT and signed at the North South Ministerial Council offices in Armagh. Both Ambulance Services, in recent years, have faced growing demand for their normal day to day services which can, at times, become stretched. The MOU supports contingency planning to ensure that patients, particularly in border areas, receive the quickest response in order to provide the highest levels of clinical care at their time of need. The MOU enables both agencies to work within their own procedures and clinical practice guidelines when operating in the opposite jurisdiction and is another important development in on-going cross-border and north-south health and social care collaboration.



At the MOU signing by both Ambulance Services are (l to r): Bill Forbes, Operational Performance Manager, National Ambulance Service; Tom Daly, Director General, CAWT; Liam McIvor, Chief Executive; NI Ambulance Service (NIAS); Colm Shannon, NI Joint Secretary; NSMC; Martin Dunne, National Director; National Ambulance Service; Bernie McCrory, Chief Officer, CAWT and Billy Newton, Emergency Planning Officer, NIAS.

Future EU funding



Special EU Programmes Body
Foras Um Chláir Speisialta An AE
Boord O Owre Ocht UE Projects

In preparation for future EU funding, the CAWT partners, which include the Health and Social Care Board, the Public Health Agency, the Western and Southern Health and Social Care

Trusts and the HSE, made a collaborative submission in July to the consultation exercise on the proposed content of the Cooperation Programmes for PEACE and INTERREG 2014 to 2020. All [responses](#) can be viewed on the Special EU Programmes Body (SEUPB) website. Once approved at Government/Assembly level, the Cooperation Programmes will be submitted to the European Commission for negotiation and final approval - this phase will take approximately 6 months. Additionally, CAWT has contributed to the on-going work of shaping the health theme so that it reflects current policy and practice in health and social care in both jurisdictions. It is estimated that calls for applications will be made no earlier than March / April 2015. The CAWT Strategy Groups are working to progress their indicative project ideas into fully developed cross border project proposals in advance of the call for applications.



European Union
European Regional
Development Fund
Investing in your future

Supported by the European Union's
INTERREG IVA Programme managed
by the Special EU Programmes Body
and delivered by Co-operation and
Working Together



Department of
Health, Social Services
and Public Safety
www.dhsspsni.gov.uk



An Roinn Sláinte
DEPARTMENT OF HEALTH

European Union INTERREG IVA Project Update

CAWT Diabetes Project

As we approach the final stages of the CAWT Diabetes Project, we are delighted to be able to reflect on the excellent service delivery over the lifetime of the project. By the end June 2014, 3,071 children and young people with diabetes and their families have attended the CHOICE structured patient education programme via the CAWT Diabetes Project. This has allowed families to gain a real understanding of diabetes management, giving them practical skills and knowledge and improving the quality of life for those with diabetes. Work is continuing to secure mainstream funding for this critical area of diabetes care. To coincide with Diabetes Awareness Week in June, some CHOICE service users shared their experiences. Comments received included: ***"We learned so much from CHOICE as the staff are so informative and explained everything thoroughly. Even though diabetes is a serious condition, CHOICE has helped us to learn to live with it and not let it rule our lives."*** ***"The CHOICE programme was brilliant - a real eye opener. It would have been great if such a service had been available when our daughter was first diagnosed. We have learned a lot from the programme and it has enabled our daughter to be more precise in managing her condition. She now has more control of her diabetes and we as a family have gained a lot of insight into diabetes too."***



Minister Poots addressing the CAWT Diabetes conference in Armagh at which service users from both the CHOICE programme for children and young people with diabetes and the Pre-pregnancy Care outlined their experiences.

The CAWT Diabetes Project also introduced Pre-pregnancy Care Clinics to all of Northern Ireland and the border counties of the HSE. As at the end of June 2014, 425 women with diabetes have benefited from the introduction of this new service. At the clinics, women are supported by a Diabetes Specialist Nurse and Diabetes Specialist Dietitian to maximise blood glucose control before becoming pregnant. This service has been mainstreamed across all of Northern Ireland and also within the HSE Dublin North East area.

Contact: Emma Meneely, Project Manager t: 00 44 (0)28 3741 4377 e: emma.meneely@southerntrust.hscni.net
w: www.cawt.com/diabetes

CAWT Cross Border Workforce Mobility



The Coaching and Mentoring Project Board have held their final meeting and the project will close on 30 September 2014. In excess of 1,500 staff from within the CAWT partner organisations have benefitted from the project to date, with much positive feedback. Therefore, the Project Board is delighted to confirm that coaching and mentoring services will continue to be available to all staff in the Western and Southern Health and Social Care Trusts and the HSE West and Dublin North East.

Feedback indicates that coaching and mentoring services have made a significant positive impact on the ability of managers and staff to deal with workplace challenges. Typically, managers have been accessing

coaching and mentoring to assist them in dealing with a range of complex issues such as implementation of change initiatives, staff management, career development, managing conflict and achievement of work/life balance. Those that have availed of coaching or mentoring have reported a range of benefits including improved problem-solving approaches, more effective decision-making and how they are better able to embrace the challenges which have led to improvements in service provision. One manager, summing up their experience of the coaching service said: ***"The sessions challenged my own thoughts, beliefs and excuses for things not going as I wanted them to. It enabled me to decide on practical steps that I could take to feel more empowered and less frustrated"***

Contact: Pauline Dunlop, HR & Workforce Mobility Manager t: 00 44 (0)28 7127 2100
e: Pauline.Dunlop@westerntrust.hscni.net w: www.cawt.com/mobility

CAWT Development Centre, Riverview House, Abercorn Road, Londonderry, BT48 6SB

T: +44 (0)28 7127 2100

F: +44 (0)28 7127 2105

E: cawtinfo@westhealth.n-i.nhs.uk

European Union INTERREG IVA Project Update

CAWT Acute project

Training for Home Help Workers: 42 Home Help Workers from Donegal recently received their certificates having successfully completed a new two-module FETAC Level 5 course in Health Care Skills. These Home Help workers are the first set of participants in a unique multi-agency pilot programme which concluded in June 2014. The project is a collaboration between the Home Care Services in Donegal, Public Health Nursing, the Centre of Nurse and Midwifery Education, the Nursing and Midwifery Planning and Development Unit and CAWT.

Course participant Carol Anne Toland from Letterkenny was enthusiastic about the training. She said: ***"The course has taught me to work more effectively and efficiently. It is a long time since I was at school and this is the first formal training course I have done. It has given me a taste for further training and I would like to do more modules for this course if possible."***

Commenting Colin McCann, Home Care Services

Manager for the Donegal area said: ***"People who use our services expect the staff looking after them to provide high quality, safe care and this project is an important step in ensuring that staff are appropriately trained and formally assessed as competent."***

Contact: Linda Saunderson, Programme Manager t: 00 44 (0)28 6862 8740

e: linda.saunderson@westerntrust.hscni.net w: www.cawt.com/acute



At the certificate presentation event are (Front row, l to r): Ger Walsh, Tutor, HSE; Paula Keon, HSE West; Linda Saunderson, CAWT; Annmarie Dooher, Public Health Nurse, HSE Donegal and Carol Tolland, course participant. (Back row, l to r): Colin McCann, HSE Home Care Services Manager, Donegal; Dolores Gallagher, Assistant Director of Public Health Nursing, HSE Donegal; Roisin McLoughlin, Centre for Nursing & Midwifery Education; Eileen Quinn, Director of Public Health Nursing, HSE Donegal and Ann Rose, Public Health Nurse, HSE Donegal.



CAWT Older People's Project

All elements of the successful CAWT Older People's Project will have concluded by December 2014. The project, which has received a positive independent evaluation, has so far, provided assistive technology to 795 older people. Alongside this, a wide range of social inclusion programmes were delivered to support older people's participation in the community. Notably, in a survey of a proportion of those who have benefitted from assistive technology, 84% stated that this has helped them to feel safer and more secure in their own home. In total, 25 community based services were implemented across the HSE border counties and the Western and Southern Health and Social

Care Trusts. To date, a total 5,636 people have received support to live more independent and integrated lives within their own communities. The project relied on a range of community and voluntary sector partners to deliver the project at grassroots level. Significantly, 247 local volunteers actively engaged with various programmes delivered by the project. Innovative community-based services (such as the Men's Shed Armagh, grant-funded activities in Fermanagh and Newry, IT training in Donegal and Fermanagh and Care and Repair in Leitrim, respite for carers in Monaghan etc.) have successfully trialled new ways of working to support older people in local communities.

Thus, the CAWT Older People's cross border project has made an excellent contribution to improving the health and social inclusion of older people in the border corridor. Learning from the project has informed service commissioning plans for the future and some elements of the project have been incorporated into core service provision. The project has aided understanding and identified best practice in relation to providing services to an ageing population, which requires a wide-ranging collective response from a number of sectors, including health and social care. The CAWT Partnership is considering how communities can be assisted to support older people and how future EU funded activity can work towards a holistic approach to meeting older people's needs.

Contact: Louise Potts, Project Manager t: 00 44 (0)28 8283 5711 e: louise.potts@westerntrust.hscni.net w: www.cawt.com/olderpeople

News and Events

Milestone for new Cross Border Radiotherapy Centre



Pictured at the Oak Tree planting ceremony to mark the commencement of the building works for the new £50 million+ Cross Border Radiotherapy Unit project at Altnagelvin Hospital are (l to r): Tom Daly, HSE; Councillor Brenda Stevenson, Mayor of Derry; Dr Susan O'Reilly, Director, HSE National Cancer Control Programme; Mr Richard Lodge, HSE Network Manager; Dr Mary Hynes, Cancer Network Manager - South and West; Bernie McCrory, Chief Officer, CAWT; Maeve McLaughlin, Chair of the NI Assembly Health Committee & Gerard Guckian, Western Trust Chairman.

[Click to view press release](#)

Success for Donegal Home Help Workers



Forty-two HSE staff from the Dungloe & Letterkenny areas of Donegal were the first group to successfully complete the HSE Home Help Worker Pilot Training Programme. Pictured are the Dungloe-based staff who received certificates along with (front row, l to r): Roisin McLoughlin, Centre for Nursing and Midwifery Education; Eileen Quinn, Director of Public Health Nursing; Colin McCann, Home Care Services Manager, Donegal; Linda Saunderson, Programme Manager, CAWT; Paula Keon, HSE West and Ger Walsh, Tutor.

[Click to view press release](#)



HSE Dublin North East (DNE) participants in the 2nd Patient Safety Programme which focused on implementing practical initiatives to improve the safety and quality of services. Back row (l to r): Mairead Twohig, Quality & Patient Safety Officer; Bridget Clarke, General Manager, Cavan & Monaghan Hospital Group; Cornelia Stuart, Regional Quality and Patient Safety Manager, HSE DNE; Siobhan Gormley, Consultant Paediatrician, Louth / Meath Hospital Group. Front row (l to r): Teresa O'Callaghan, Regional Quality Improvement Advisor, HSE DNE; Mark Towers, Consultant Radiologist, Louth / Meath Hospital Group and Miriam Kelly, ADON Practice Development, Our Lady of Lourdes Hospital, Drogheda.



Lifelong Learning Programme

CAWT is a partner in a Leonardo project under the EU Lifelong Learning Programme. The project, which is titled '**Preventing Social Exclusion of children 'at risk' from physical, emotional and sexual abuse by promoting, developing and improving competencies and solutions among staff within the European Union,**' aims to provide an opportunity for

a range of statutory and voluntary sector partners across the EU, to share best practice in relation to supporting children and families subject to social exclusion, violence and poverty. [Click here to learn more.](#)

Next issue of CAWT in Action: **December 2014**