



cooperation and working together  
for health gain and social well being in border areas

## Annual Report 2011 • Cross Border Health and Social Care Putting Patients, Clients and Families First



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Progress and advances in cross border health and social care would not have been achieved without the support and guidance of many people from a range of organisations including:

## Special EU Programmes Body (SEUPB)

CAWT is grateful for the financial support received from the European Union's European Regional Development Fund through the INTERREG IVA cross-border Programme managed by the Special EU Programmes Body and allocated via the DHSSPS in Northern Ireland and the Department of Health in the Republic of Ireland.

## Department of Health, Social Services and Public Safety – Northern Ireland

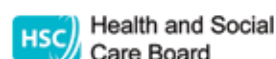
## Department of Health – Republic of Ireland

We acknowledge the commitment and support of both Departments of Health to cross border collaboration in health and social care. Their support is greatly appreciated.

## The CAWT partner organisations

Achievements in cross border health and social care is dependent upon the commitment and goodwill of those from the health and social care organisations who comprise the CAWT partnership. The CAWT partners are:

- The border counties of the HSE West and HSE Dublin North East in the Republic of Ireland
- The Southern Health and Social Care Trust and the Western Health and Social Care Trust in Northern Ireland.
- The Health and Social Care Board and the Public Health Agency in Northern Ireland.





On behalf of the Co-operation and Working Together (CAWT) Management Board, I am delighted to have this opportunity to highlight the year 2011's achievements in cross border health and social care, particularly as next year marks the 20 year anniversary of the establishment of the CAWT cross border health partnership. Through the CAWT partnership, the health services in both jurisdictions in the border region have been working together to provide practical solutions to the health and social care needs of local populations since 1992. The partnership began with the signing of the 'Ballyconnell Agreement' which formalised cross border linkages and committed the health services to working together in order to improve the health and social well-being of the border population as a whole.



I have witnessed cross border health service co-operation go from strength to strength and am proud of the vibrant and dynamic partnership that exists today. The CAWT partner organisations are the Southern and Western Health and Social Care Trusts, the HSE (border counties), the Public Health Agency and the Health and Social Care Board in Northern Ireland. During 2012 we plan to recognise and celebrate the many achievements in cross border health and social care over our 20 year history.

of Health and Social Care in Northern Ireland to North/South and East/West co-operation as future contributors to building resilience in the services; and the publication by the Centre for Cross Border Studies of two reports, Unlocking the Potential of Cross-Border Hospital Planning on the Island of Ireland and an Impact Assessment Toolkit for Cross-Border Cooperation.

Combined with the regular and consistent focus given to cross border co-operation in the health and social care field through the work of the North South Ministerial Council, all of this activity made a positive contribution to a continuing dialogue and actions by the services in both jurisdictions in areas where mutual benefit can accrue. This includes a growing awareness of how cross border health and social care can deliver services for people in more rural border areas and the potential opportunities to achieve efficiencies and economies of scale by planning services on a cross border basis.

The business of delivering cross border health to patients and clients is at the core of CAWT's remit. CAWT, through the partner organisations,



Western Trust participants at the NW Community Health Question Time (l to r): Elizabeth England, Macmillan Lead Nurse /General Manager Cancer Services; John Doherty, Director of Women and Children's Services and Elaine Way, Chief Executive.

In terms of the broad strategic canvas within which cross border and all Island health services operate, there were a number of significant developments in 2011 which will assist in shaping future practice and developments. These developments include the publication in December 2011 by both Departments of Health of the North South Feasibility Study incorporating 37 recommendations; the announcement by Minister Edwin Poots, MLA, that the radiotherapy service development at Altnagelvin Area Hospital would proceed and will provide services to Donegal patients with Health Minister James Reilly, TD, confirming Irish Government commitment to investing in both the capital and revenue elements; the specific references in the Review



Launching CAWT's 2010 annual report: Joe Lusby, Deputy Chief Executive, Western Trust and Bernie McCrory, Chief Officer, CAWT.

is delivering a wide spectrum of services, all of which are firmly embedded in health and social care policy and strategy. Currently, we are utilising significant EU funding to add value and to give patients and clients living in border regions better access to services. CAWT's 12-project, cross border health and social care programme called Putting Patients, Clients and Families First is now well underway. Indeed, by December 2011, over 17,182 patients and clients had directly benefited from CAWT's cross border services and projects. The funding for these cross border services has been secured from the European Union's INTERREG IVA programme which will continue to 2014.



Minister for Health at the launch of the CAWT 'UP4IT!' obesity project in the Southern Trust (l to r): Claire McGinley, Project Manager, CAWT Obesity project; Mairead McAlinden, Chief Executive, Southern Trust; Edwin Poots, MLA, Minister for Health, DHSSPS; Tom Daly, HSE and Director General of CAWT and Lynne Smart, Promoting Wellbeing Specialist Lead - Acute, Southern Trust.

Services and projects underway in the border region include a social inclusion project aimed at improving the health and wellbeing of marginalised and vulnerable groups, appointment of additional eating disorder therapists, services for older people to help them remain in their own homes, education programmes for children and young people with diabetes and the development of specialist pre-pregnancy care clinics for women with diabetes planning pregnancy, investment in sexual health services, establishment of cross border acute hospital services in the areas of ENT, urology and vascular; working with the community sector to tackle alcohol abuse, support to people

with disabilities, a community based approach to managing and preventing obesity, support to those with autism spectrum disorder and their families, improving outcomes for children through an interagency approach and the development of programmes aimed at enhancing the cross border mobility of staff within health and social care. The challenge for the CAWT partners will be to ensure that those services judged to be successful and effective can be continued, as service providers strive to deliver health and social care in a difficult financial climate.

Another significant development was the adoption in March 2011 of an EU Directive clarifying the right of patients to receive healthcare in other EU member states which will have the effect of extending patient choice beyond national borders from 2013 onwards. The impact of this Directive may be felt most strongly in border regions and is a development which requires further focus, in terms of possible impact, by the health services in both jurisdictions.

Finally, I want to acknowledge those at the heart of CAWT cross border activity, which are the many health and social care staff who dedicate significant time and expertise to cross border work. They include the CAWT Project Boards and project staff, the Strategy Groups, the Corporate Support Groups, the CAWT Development Centre, the Secretariat and the Management Board. I also want to recognise the vital support from the Department of Health, Social Services and Public Safety in Northern Ireland, the Department of Health in the Republic of Ireland and the Special EU Programmes Body.

Thank you to all who have played a part in CAWT's first 20 years of cross border health and social care. I look forward to the next stage in the development of the CAWT partnership, which I hope will see a more integrated approach to health and social care provision on the island of Ireland.





It gives me great pleasure to introduce CAWT's 19th annual report and accounts. 2011 has been another successful and busy year for the CAWT cross border health and social care partnership. The impact and reach of our work has never been greater, due to the valuable investment provided by the European Union's INTERREG IVA programme to cross border health and social care. I am pleased to report that we are making steady progress in delivering our 12-project programme, Putting Patients, Clients and Families First, on behalf of both Departments of Health. This progress is primarily due to the many health and social care staff in the border region, who dedicate time and expertise to planning and managing cross border services and projects. They include members of our Project Boards, Strategy Groups, Secretariat and Management Board, who are at the heart of all CAWT's successes and achievements. On behalf of the CAWT Development Centre team I would like to express our genuine appreciation to all those who have contributed to CAWT's success. It is a privilege to be part of such a skilled, effective and dynamic partnership.



Launching CAWT's 2010 annual report: Stephen Mulvany, Regional Director of Operations and Martina Ralph, Transformation Development Officer, HSE Dublin North East.

CAWT's role is to promote collaborative working between the health systems, north and south of the border, in order to improve patient and client access to health and social care services. This vital work is achieved through the CAWT partnership working with a wide range of stakeholders including the Departments of Health in both jurisdictions, other government departments and agencies as well as organisations in the not-for-profit voluntary and community sector. This collective way of working brings benefits such as first-class expertise, skills and shared practice.

The focus for CAWT's current programme of work is on enabling patients and clients to have better access to quality health and social care services, as well as promoting and protecting health and well being and reducing health inequalities. Our services and projects are directly benefitting patients and clients and I would like to highlight just a small selection of key events and milestones during the year.

In February, CAWT's Disability Strategy Group, held a workshop to progress cross border collaborative work within disability services. Attended by managers and staff from the HSE, the Southern Trust and the Western Trust, participants discussed practical and challenging areas within

physical, sensory and learning disability, which staff on both sides of the border are dealing with, that could be enhanced through a cross border approach. In March, representatives from the SEUPB and the DHSSPS visited the Erne Hospital in Enniskillen to see at first hand the cross border vascular service in action. They were greatly impressed by the work underway and appreciated the opportunity to meet patients from both sides of the border and hear about the difference this service is making to people's lives.

During the summer of 2011, a range of stimulating summer activity programmes for children and young people with Autism Spectrum Disorder was rolled out in the Western and Southern Trust and



Southern Trust staff at the CAWT EU INTERREG IVA project session in Omagh: Melanie McClements, Assistant Director for Health and Well being; Mary Haughey, CAWT Project Manager; Micéal Crilly, Assistant Director Physical and Sensory Disability; Brendan Johnston, Chief Executive of the NI Social Care Council and Emma Meneely, CAWT Project Manager.

HSE areas. Also in the summer months, EU INTERREG IVA funding enabled people with complex disabilities in the border area to avail of respite for themselves and their carers which included activities in the areas of leisure, education and social activities. In September, the CAWT Social Inclusion project supported the staging of a community health question time event in the

North West, to address social exclusion among a number of vulnerable groups. This event was attended by 100 people from the community and statutory sectors from both sides of the border. Also in September, Edwin Poots, MLA, Minister for Health launched the CAWT UP4IT! Obesity project in the Southern Trust area. In October the CAWT Alcohol project supported a unique cross border seminar to consider the changing patterns of drug and alcohol use among the Traveller Community.

During the year, CAWT had a number of significant opportunities to present on its work. In June, EU Commissioner for Regional Policy, Johannes Hahn, who was in the North West to open the 'Peace Bridge,' was briefed on CAWT's progress. In June, CAWT updated in detail the Northern Ireland Assembly Health Committee, on progress in relation to the implementation of CAWT's current work programme and also highlighted future plans for cross border health. CAWT's work was presented at the Centre for Cross Border Studies conference on 'Cross-Border Hospital Services in the Irish Border Region' in May. Many of these presentations were supported by members of the CAWT Management Board, who gave of their time willingly, and in many cases, outside of normal working hours.

In terms of commissioned work, considerable groundwork took place to plan and co-ordinate two key events taking place in early 2012. Firstly,



Western Trust staff at the CAWT EU INTERREG IVA project session in Omagh. Seated (l to r): Dr Maura O'Neill, Head of Health Improvement; Claire McGinley, CAWT Project Manager (HSCB); Joe Travers, Head of Secondary Care and Louise Potts, CAWT Project Manager. Standing (l to r): Karen Meehan, CAWT Project Manager; Therese Brown, Head of Clinical Quality and Safety; Marianne Walsh, CAWT Project Manager and Linda Saunderson, CAWT Project Manager.

CAWT is supporting the organisation of a joint Departmental North South conference on alcohol misuse, to explore common issues in relation to the alcohol culture on both sides of the border, scheduled for January 2012. Also in January, CAWT is supporting a cross border acute trauma care course which will bring together ambulance personnel from both jurisdictions to provide them with specialist training. The focus for the training is to support both emergency services, to work co-operatively in the event of a major medical incident in the border region.

So, CAWT is on course to meet and exceed its target of benefitting almost 22,000 people by the end of the EU's INTERREG IVA programme timeframe. Whatever the future has in store, the CAWT partnership has the diverse skills, commitment and passion necessary to ensure we deliver on our current programme, and to prepare the foundation for future cross border health and social care opportunities.

On a personal note, I would like to sincerely thank my staff in the CAWT Development Centre for their enthusiasm and unstinting dedication to the very important task of supporting and enabling cross border health and social care.



Launching CAWT's 2010 annual report (l to r): Paula Keon and Tom Daly, Corporate Management, HSE West.





## ■ Alcohol Time IVA Change border region alcohol project

During 2011, the Time IVA Change Border Region Alcohol project focused on building upon the preparatory work undertaken, to establish the various elements of the project. The project has a three strand approach to tackling the alcohol misuse issue: an

Early Intervention Service being delivered within the health services, a Community Mobilisation project which engages with partners from a range of sectors to encourage community responses to alcohol harm and the Strengthening Families Programme, which is a fourteen-week, evidence-based programme designed to build self-esteem and coping skills among vulnerable families.

### Achievements

The Early Intervention Service has worked with almost 600 beneficiaries to date. Referrals for this service have been received from a range of sources including probation, midwifery and mental health services. During the year, staff from the Early Intervention Service took part in a number of events to raise public awareness of Foetal Alcohol Spectrum Disorder.

The Community Mobilisation project has undertaken a range of innovative initiatives including the development of a festival care package to assist with managing public events where alcohol may feature. An accredited Responsible Server training package has been designed and successfully delivered as a pilot programme to those involved in the licensed trade.

The 'True Spirit of Sport' programme has been successfully promoted to a number of sporting organisations and aims to assist them to examine the role of alcohol in their sport and in their communities.

The first part of a programme called 'Streetwise 4 Life' Programme was delivered to 954 pupils in 72 schools across Co. Donegal.

The Strengthening Families Programme was successfully piloted in the Strabane area and completed by mid August. A second phase of the programme was rolled out and successfully completed in early December.

A ground-breaking, cross border seminar entitled 'Times, They are a Changing', was organised by the Donegal Travellers Project with the support of the HSE, the Public Health Agency NI and the Time IVA Change Border Region Alcohol Project. This successful event, examined the changing patterns of drug and alcohol use among the Traveller Community and highlighted supports required.

### Plans for 2012

The Time IVA Change Border Region Alcohol project plans to consolidate the work of the Early Intervention Service and to expand referral pathways to include a focus on primary care health services.

The Early Intervention Service staff will continue to collaborate with partner organisations and co-ordinate initiatives to raise awareness of the impacts of alcohol during pregnancy.

The Community Mobilisation project plans to launch a Community Mobilisation toolkit. The project staff will continue to promote alcohol awareness among the Traveller community with plans to deliver a seminar for Travellers in early 2012.

The Strengthening Families Programme will be expanded during the year to the HSE West area.



At the Traveller cross border seminar in Ballyshannon, Co Donegal (l to r): John O'Kane, CAWT Alcohol Project; Cathy Mullan, Public Health Agency; Dr. Marie Claire Van Hout, (guest speaker) School of Health Sciences, Waterford Institute of Technology; Paula Leonard, Donegal Travellers Project; Katie Boyle, Donegal Travellers Project and Siobhan Friel, NW Alcohol Forum.

## ■ Acute Hospital Services

### Establishing cross border hospital services in the areas of ENT, urology and vascular

The Acute Hospital services project has three main streams of work; Ear, Nose and Throat (ENT), vascular and urology. All three services are underway and made great progress during the year in achieving patient target numbers. The project expanded its range of activities in 2011 with the commencement of cross border ophthalmology services between the Western and Southern Trusts and the HSE Dublin North East and West. Additionally, cross border oral surgery/dental services have been initiated between the Southern Trust and the HSE Dublin North East. By December 2011, a total of 8,436 people had been treated within these five areas of activity, which is well ahead of the overall target of 6,700 patients within the EU funding timeframe.



Pictured at the Erne Hospital, Enniskillen which is providing a cross border vascular service. Seated (l to r): Eimear Bush, Programme Manager, Special EU Programmes Body; Mark Grannell, Consultant Vascular Surgeon, Western Trust and patient Christina Haddow from Dromahaire, Co. Leitrim. Standing (l to r): Sean Mulhern, European Unit, DHSSPS and Sister Marie Therese McDermott, Erne Hospital.

## Achievements

The service level agreement for the cross border ENT service has been signed by both partners, the HSE Dublin North East and the Southern Trust. To the end of December 2011, a total of 5,438 ENT patients from both jurisdictions had received treatment.

Additional ENT outpatients clinics and inpatient surgery has commenced between the HSE



Theatre and day care nurses from Monaghan Hospital who participated in observational training at Craigavon Area Hospital, as part of the cross border ENT project. Front row (l to r): Larry McGrath, CAWT Acute project and Staff Nurses Mary Galligan; Patricia Tumulty; Mary McMahon; Joan Breen and Oliver O'Gara, Theatre Porter. Middle Row (l to r): Staff Nurse Moira McKenna; Turlough Farnan, ENT Consultant, Southern Trust and Staff Nurse Mary McAllister. Back row (l to r): Donna McVey, Assistant Director of Nursing, Cavan/ Monaghan Hospitals; Clinical Nurse Manager Jacinta McAree-Murphy; Staff Nurse Una Hughes and Acting Clinical Nurse Manager, Linda McAree.

West and the Western Trust. These services are being provided in Tyrone County, Erne, Sligo General and Letterkenny General Hospitals. A total of 1,215 patients have been treated between September and December 2011.

Urology services in the HSE West and Western Trust continue to develop and at the end of December 2011, a total of 1,236 patients had been treated.

Cross border Vascular services have also made great progress during the year. In particular, the introduction of VNUS ablation therapy in all three hospitals in the Western Trust has greatly facilitated this. To date, 364 patients from the HSE West and the Western Trust have received treatment for vascular conditions.

## Plans for 2012

Arrangements are in place to enable patients from the Western Trust area to avail of ophthalmology services in Sligo General Hospital in the HSE West.



This service is scheduled to commence for a 3-month period initially, in January 2012, with the intention of continuing this service further into 2012.

VNUS ablation surgery to commence in Letterkenny General Hospital in support of the cross border vascular services underway between the HSE West and the Western Trust.

Appointment of two ophthalmology consultants to the HSE Dublin North East area to provide services in Louth County Hospital and Cavan General Hospital, in collaboration with the Southern Trust.

Commencement of oral surgery/dental services day case surgery in Daisy Hill Hospital in the Southern Trust, accessible to patients from the HSE Dublin North East area.

Actively support the development and implementation of a new strategic project funded by the Northern Periphery Programme.

Commission, through the CAWT Workforce Mobility project, a leadership training programme for HSE Dublin North East and Southern Trust consultants.

Continuation of the ophthalmology partnership between the Western Trust and the HSE West.

### ■ Autism

#### **Turning the Curve – improving the lives of children and young people with autism and their families and carers**

This project aims to improve the lives of children and young people with Autism Spectrum Disorder, who are experiencing a significant change or transition in their lives. The project funding will provide support in a variety of ways, based on the individual need of each child or young person and their family and carers. The support will be delivered through a collaborative, multi-agency, cross-sector approach and will involve the development and implementation of transition support plans. Each participant will receive a customised transition support plan, which aims



Cathal Connolly from Fintona (centre) who attended the Autism summer activities scheme in the Western Trust (l to r): Louise Potts, CAWT Autism Project Manager, Western Trust; Bernie McCrory, Chief Officer, CAWT and Sarah Burke, CAWT Autism Transition Support Officer, Western Trust.

to assist with achieving vocational, educational, social and recreational goals, and will complement existing goals set by the education sector, to enable successful transitioning. This work will be supported by an Autism Spectrum Disorder Transition Officer and Transition Support Workers, based in each CAWT partner area.

### **Achievements**

All project personnel have been recruited.

Specific training for young people with Autism Spectrum Disorder has commenced.

A range of successful summer activities was co-ordinated for children and young people with Autism Spectrum Disorder throughout the border region. Feedback received was positive and indicated that the schemes were greatly appreciated by the families, with participants thoroughly enjoying the experience, enabling them to improve their social skills and confidence.



As of Dec 2011, over 40% of the target has been reached for children to receive support to achieve their goals, as outlined in their transition support plans.

Evaluation of the impact of the services provided by the project has commenced in order to assist with planning and shaping future service developments.

## Plans for 2012

Ensure achievement of the project beneficiary targets established for the provision of services.

Complete the specific training for young people with Autism Spectrum Disorder, ensuring effective evaluation of the process.

Ensure the support required as identified in the transition plans are achieved.

Ensure the evaluation process clearly identifies the benefits, challenges and the impacts of the project and the services provided.

Commence final report on the project.



Pictured at the 'Artistically Autistic' Art Exhibition in the Southern Trust. Back row (l to r): Lisa Polland-O'Hare, Southern Trust; Louise Potts, CAWT Autism project; Lesley Waugh, Southern Trust and Mel McConville, Project 1825. Front row (l to r): Christopher McSherry, project participant, Justine, Support Worker; Dermot McConaghy, Art Director; Dominic Flynn, project participant and Catherine Corrigan, Southern Trust.

## Citizenship for People with Disabilities

**Increasing independence and choice for people with disabilities**



Launching Strabane and Donegal's first cross border Disability Awareness Week (l to r): Ann Marie Ward, Regional Development Manager, HSE West; Seamus Neely, County Manager, Donegal County Council; Fionnuala O'Kane, Corporate Policy, Strabane District Council; Madge Toye-Temple, Project Leader, Community Awareness Programme, CAWT Citizenship Project and Edel O'Doherty, Deputy Chief Officer, CAWT.

The Citizenship project aims to promote real citizenship for people with disabilities who live in the CAWT catchment area. The Day Opportunities Service, which supports adults with learning, physical or sensory disabilities to identify and access community based activities and opportunities, is operational in all four CAWT partner areas. The second element of the project, the Community Awareness Programme, is up and running in the selected pilot area within Donegal County Council and Strabane District Council. Communities in this area are being supported to assess and make changes, where necessary, to ensure their services are more accessible to people with disabilities.

The inaugural meeting of the Citizenship Stakeholder Forum held in November was an important milestone for the project.

## Achievements

### Day Opportunities Service

Rehab Care was awarded the tender to deliver the Day Opportunities Service in counties



Launching the CAWT Day Opportunities Service for People with Disabilities in the Western Trust area (l to r): Barry McMenamin, Head of Housing and Personal Support, Mencap; Edel O'Doherty, Deputy Chief Officer, CAWT; Rosaleen Harkin, Assistant Director of Adult Learning Disability Services, Western Trust; Margaret McDaid, Community Access Worker, CAWT Day Opportunities Service and Trevor Millar, Director of Adult Mental Health and Disability Services, Western Trust.

Donegal, Sligo and Leitrim in the HSE West, with the service commencing in June 2011. Community Access Workers are now working with individuals to facilitate them to access opportunities in their local community.

In the Western Trust, a Community Access Worker took up post in February 2011 to facilitate employment opportunities for people with disabilities within the Trust area. Additionally, Disability Action and Mencap secured the contract to deliver community based day activities across the Trust area.

In the Southern Trust, a diverse range of day opportunities continue to be delivered across the Trust area by Community Access Workers.

Two Community Link Workers are successfully delivering the Day Opportunities Service in the Monaghan and Louth areas.

In total, 184 referrals have been received and 43 individuals are availing of community based opportunities as at the end November 2011.

## Achievements

### Community Awareness Programme

Five community projects have been procured and include a cross border advocacy and

support service; a personal training development programme; an IT information service for training, employment and education; disability awareness training for school children and forum theatre disability awareness programme.

The project hosted the first cross border Disability Awareness Week in November 2011 which was well received with good attendances at events.

## Plans for 2012

Recruitment of two additional Community Link Workers to support the delivery of the Day Opportunities Service in the Cavan and Louth areas.

Recruitment of a Community Access Worker in the Southern Trust to support the delivery of the Day Opportunities Service.

A minimum of 200 individuals with a disability in the CAWT region will have been supported to access individualised, local, community-based activity by the end of November 2012.

Programmes to be delivered under the Community Awareness Programme will commence in 2012.

## Diabetes

**Improving education for children and young people with diabetes and developing specialist pre-pregnancy care clinics for women with diabetes planning pregnancy**



Pictured at the CAWT Diabetes project staff induction session (l to r): Avril McCloskey, Diabetes Staff Nurse, HSE West; Emma Meneely, Project Manager, CAWT Diabetes Project; Bernie McCrory, Chief Officer, CAWT; Pauline Dunlop, HR Manager, CAWT and Fiona Hegarty, Diabetes Specialist Dietitian, HSE West.





Attendees at the CHOICE training day. Front row (l to r): Brid Farrell, PHA; Arlene Long, South Eastern Trust; Dr Caroline Stewart, Northern Trust; Rhonda Bleakly, Northern Trust and Dr Bernie Trainor, Western Trust. Back row (l to r): Emma Meneely, CAWT Diabetes project; Lorraine Bell, Southern Trust; Dr Nick Lipscomb, Western Trust; Claire McLoughney, Western Trust and Oonagh McGlone, Western Trust.

The CAWT Diabetes project has two parts: firstly, the establishment of pre-pregnancy care clinics for women with diabetes who are planning a pregnancy and, secondly, the development and implementation of structured patient education to children and young people with diabetes. The project is delivering services across the eligible areas of Northern Ireland and the border counties of the HSE. The key activity during the year has been the recruitment of the professional staff required to manage the clinics and education programmes. The project board is delighted that the majority of staff are now in post and patients are accessing these new and additional services within the eligible area for EU funding.

## Achievements

Structured patient education programmes have commenced for children and young people with diabetes, along with their parents/carers for younger children.

A number of induction sessions have been organised for newly appointed diabetes specialist nurses and dieticians who will be delivering the programmes.

An agreed approach to the delivery of pre-pregnancy care has been finalised and clinics have commenced in some areas.

An additional 100 insulin pumps have been purchased for the project area to improve diabetes management in children and a smaller number for use in the pre pregnancy service.

## Plans for 2012

Complete the recruitment of project staff.

Monitor the impact of the project on the health of children and the outcomes of pregnancy for women who attended pre pregnancy clinics.

Initiate publicity activities to create awareness and promote both types of clinics.

Develop an e-learning tool for children based on the CHOICE programme used by the project.

## Eating Disorders

### Enhancing eating disorders services in the border region



Eating Disorder therapists from the HSE, Southern and Western Trust areas recruited as part of the CAWT Eating Disorders project.

The project's aim is to provide additional specialist eating disorder resources in the border region within primary care and community settings. The focus for the project is on people suffering from mild to moderate eating disorders. After a series of recruitment exercises, 10 of the 12 eating disorder therapist posts have been filled. Raising awareness of eating disorders to a range of audiences including healthcare professionals,

the media, schools and also the general public has been a key activity of the project throughout 2011. This included the development of information materials and leaflets, and providing assistance and expertise to public support groups and events throughout the border region.



Western Trust staff at the CAWT cross border eating disorders workshop led by Prof. Christopher Fairburn, University of Oxford (l to r): Linda Trimble, Specialist Eating Disorders dietitian; Clodagh McCallion, Eating Disorders therapist; Angela O'Neill, Eating Disorders team lead and Jenny Doran, Eating Disorder therapist.

## Achievements

Ten eating disorder therapists in post throughout the border region by the end of 2011.

Clients are receiving specialist eating disorders therapy services in primary care and community settings.

The cross border eating disorders network, cross border eating disorders voluntary group and clinical pathways group continued to meet during the year.

Roll-out of training to GPs and other health professionals.

Co-ordination of public information sessions and the establishment of support groups in conjunction with Bodywhys, Eating Disorders Association Northern Ireland, carers and stakeholders.

Successful eating disorders workshop held in Omagh, which was led by Professor Christopher Fairburn from the University of Oxford, renowned for his work in developing and evaluating new treatments for eating disorders.

## Plans for 2012

Recruitment of the remaining eating disorders therapists.

Continue to provide specialist eating disorders therapy to clients.

Continue to create awareness of eating disorders by working with a broad range of healthcare professionals, the media, schools and also the general public.

Provision of specialist supervision from Great Ormond Street Hospital in London to Child and Adolescent Mental Health Services therapists across the EU INTERREG IVA eligible area.

## Cross border Workforce Mobility

A range of practical initiatives to enable greater cross border mobility in health and social care.



HSE Dublin North East staff at the launch of the Connect Coaching and Mentoring programme which is part of CAWT's Workforce Mobility project.





Pictured at the launch of the CAWT cross border e-learning Manual Handling Training in Armagh. Front row (l to r): Michelle McNeill, HSE West; Emma Harkin, CAWT Workforce Mobility Project; Pauline Dunlop, CAWT Development Centre. Middle row (l to r): Marianne Walsh, CAWT Workforce Mobility Project; Therese Brown, Western Trust and Aoife Carroll, HSE Dublin North East. Back row (l to r): Marie Nolan Steen, HSE Dublin North East; Heather McLaughlin, Northern Trust; Ray King, Southern Trust and Jennifer Taylor, Southern Trust.

The cross border Workforce Mobility project is implementing three initiatives which are aimed at enhancing staff skills, and at the same time, supporting greater workforce mobility of health and social care staff across both jurisdictions. The three programme areas of the project are: Moving and Handling Training, Coaching and Mentoring and Social Work Leadership. The project board members are delighted that all programmes have reached the delivery phase during the year and are reporting good progress.

### Coaching and Mentoring

The coaching and mentoring programme is developing a network of trained coaches within the CAWT partner organisations. This programme

is aimed at enhancing leadership skills and also facilitating the exchange of skills and knowledge both within and between organisations and at a cross border level.

### Achievements

The coaching training was successfully launched in October with 72 participants attending an event in Monaghan. Coaching Development successfully tendered to deliver the coaching training, which will continue until May 2012. As part of the training, participants will attend a 10-day executive coach training programme over a six month period. These participants will form the basis of a network of trained coaches, operating across the four CAWT areas in the border region, who can continue to utilise and transfer skills within their organisations after the programme concludes in December 2012.

### Plans for 2012

Following the initial training, selected health and social care staff will receive enhanced training in the mentoring of coaches. In early 2012, providers will be appointed to develop and deliver the enhanced mentoring training programme scheduled to commence in April 2012.

### Moving and Handling Training

Moving and handling skills are vital aspects of health and social care delivery. Training in this area varies across health service organisations and this training programme aims to bring consistency to both the delivery and assessment of training within the health and social care organisations in both jurisdictions.

### Achievements

The Manual Handling and Display Screen Equipment awareness training programme was launched in October 2012, in both an e-learning and paper based format. Both programmes are now easily accessible to health and social care staff across Northern Ireland and the Republic of Ireland.

## Social Work Leadership

The project aims to enhance the leadership and management skills of social workers which will ultimately lead to improvements in the quality of social care in both jurisdictions.

## Achievements

During 2011, a four-day leadership development programme was delivered within the CAWT border region. This programme was attended by 29 social work team leaders. A further 17 social work team leaders from both the Northern and South Eastern Trusts attended a second leadership development programme. Feedback from participants was overwhelmingly positive.

In June, Professors Colette McAuley and Mary McColgan delivered two seminars, focused on the importance of using research based practice in achieving better outcomes for families and children. The seminars were attended by 100 social workers from family and child care services in both jurisdictions.

In November, a successful and well attended conference, 'Thriving not just Surviving' was held in Armagh. Attended by 130 delegates, the conference was addressed by Dr Neil Thompson who discussed the essential elements of success in social work, including the areas of resourcefulness, robustness and resilience.

The project supported the development of an on-line discussion forum, linked to the North South Child Protection Hub, developed under the auspices of the North South Ministerial Council.

## Plans for 2012

The project plans to deliver a 'Train the Trainer' programme to support the mainstreaming of the social work leadership development programme after the EU funding phase is completed.

Launch of the North South Child Protection Hub on-line discussion forum.



Pictured at the cross border 'UP4IT!' obesity conference in Monaghan (l to r): Denise McCormilla, CEO, Border Counties Childhood Network; Heather Humphreys T.D. Cavan & Monaghan; Tom Daly, Director General of CAWT and Eimear Bush, Programme Manager, Special EU Programmes Body.

## Obesity

### A community focused approach to managing and preventing obesity

In April 2011, the CAWT Obesity project successfully tendered and awarded delivery of 'UP4IT!' which is a 2-year, family focused, community led, prevention and management obesity programme. Since then, four community and voluntary organisations, one in each CAWT partner area, have been delivering the programme using a partnership approach:

Old Library Trust is delivering their 'Safe, Wellbeing, Exercise and Eating Together' (SWEET) programmes in Creggan, the Waterside area of Derry and Lisanelly, Omagh.

Early Years Organisation is delivering their 'Healthier Choices, Healthier Lifestyles' programmes in Craigavon and Armagh.

Letterkenny Youth and Family Service is delivering their 'Motivate, Educate and Exercise Together' (MEET) programmes in Letterkenny and Inishowen, Co. Donegal.



Border Counties Childhood Network is delivering their 'UP4IT! Cavan/Monaghan Families Getting Healthy Together' programmes in Cavan and Monaghan.

Initial feedback has been excellent, with many participants expressing their appreciation for the opportunity to take part in family-based activities, which is helping them to lead a healthier lifestyle. Furthermore, some participants are making plans to maintain the programme in the longer term. Additional programmes are planned for 2012 and will be advertised locally and also promoted through locally-based health services.

## Achievements

Tender contracts awarded to local community and voluntary organisations across the CAWT border region.

Local delivery partnerships established in each of the four project pilot areas.

Cross border obesity learning network established to support the learning and the future development of the programmes.

Awareness raising events co-ordinated by the service providers to publicise programmes in local communities.



At the awarding of CAWT Obesity project 'UP4IT!' tender contracts. Seated (l to r): Claire McGinley, CAWT Obesity Project; Dr Maura O'Neill, Western Trust; Angela McComb, Public Health Agency. Back row (l to r): Garry Glennon, Letterkenny Youth and Family Services; Denise McCormilla, Border Counties Childhood Network; Irene Cunningham, HSE; Seamas Heaney, Old Library Trust, Shirley Hawkes, Early Years Organisation and Leeann Monk, Old Library Trust.

Programmes being delivered in all four pilot areas, with families engaged in making positive changes for their health.

Ministerial launch of the 'UP4IT!' programme within the Southern Trust area, which is being delivered by Early Years.

Successful cross border obesity conference held in Monaghan, which included the launch of the 'UP4IT!' Cavan/Monaghan Families Getting Healthy Together' programme.

On-going profiling of the 'UP4IT!' project to health service commissioning organisations to ensure awareness of project progress, outcomes and impacts.

## Plans for 2012

Review of the 'UP4IT!' programmes, which will provide an opportunity to share experiences and learning from the first delivery phase of the project.

Further local engagement events to be co-ordinated by the service providers.

Further roll-out of the 'UP4IT!' programme in the four project pilot areas.

Continue to profile the project through presentations and a showcase event being planned for September 2012.

## Older People

### Promoting independence and providing social support for Older People

The project is focused on enhancing social supports and using telecare to enable Older People to maintain independence and reduce isolation. The project has made solid progress during the last year, with the telecare and social support aspects of the project now beginning to reach clients in the designated delivery areas. These services have been welcomed by Older People and also by those providing



Pictured at the CAWT Older People's project information event in Belcoo. Pauline O'Hagan (front) with (l to r): Alicia Wiggins, Florencecourt Hot Potato Club; Irene McGovern, Derrygonnelly Senior Citizens; May Kells, Letterbreen Tea Club and Hazel Seaman, Florencecourt Hot Potato Club.

related services in the project areas. Overall the response by Older People to the project has been enthusiastic and supportive.

## Achievements

Older People networks have been established in Inishowen in Co. Donegal, Fermanagh and Leitrim/Cavan areas. These networks ensure the needs of Older People are identified and delivered in a co-ordinated and integrated way.

The procurement process for delivering telecare in Northern Ireland has been completed with the distribution of equipment now underway.

In total, 11 social support initiatives within the designated delivery areas have been awarded funding from the project: three in Armagh, three in Newry, two in Donegal (Inishowen), two in Fermanagh and one in Louth.

Exchange visits have been facilitated for Older People from the Newry and Louth areas.

To ensure co-ordination and integration in the delivery of projects and services, interagency groups have been established in Fermanagh, Armagh, Newry, Louth, Donegal (Inishowen), Leitrim/Cavan, Monaghan and Strabane/Castlederg.

## Plans for 2012

Progress the telecare aspect in the HSE designated delivery areas.

Agree the evaluation approach for both the telecare and social supports aspects of the project.

Progress the social support initiatives in all delivery areas, ensuring the achievement of agreed targets and service user satisfaction.

Ensure the cross border potential is promoted by the initiatives supported through the project.

## Outcomes for Children Improving outcomes for children through an interagency approach

Outcomes based planning is a process to encourage and assist policy makers, service providers, planners and practitioners to work together with local communities, to plan and deliver services, so that better outcomes are achieved for children and young people. The project has developed local partnerships, through which local agencies and communities are collaborating to plan services for children and



Launching the website for the CAWT cross border 'Outcomes for Children' project. Seated (l to r): John Compton, Chief Executive, Health and Social Care Board (HSCB) and Rose McCaffrey, HSE Local Health Office - Cavan/Monaghan. Standing (l to r): Valerie Maxwell, Information Manager, Social Care and Children, HSCB; Tom Daly, CAWT Director General, HSE West; Mary Haughey, CAWT Outcomes for Children Project Manager; Gordon Jeyes, National Director, Children and Family Service, HSE and Bernie McCrory, Chief Officer, CAWT





Delegates at the CAWT Outcomes for Children workshop (l to r): Dr Emer Coveney, Social Inclusion Unit, Cavan County Council; Una Collier, Community Development Worker, CAWT Outcomes for Children project and Helen Hicks, NI Housing Executive.

young people. It is also supporting inter-agency committees in Northern Ireland and the Republic of Ireland, to use an approach to planning, focused on improving outcomes for children.

## Achievements

Four local planning groups developed in the border region: South Armagh, Fermanagh, Cavan and South West Donegal.

In partnership with South Armagh Youth Forum, consultation held with 400 young people living in the South Armagh area, to identify key issues affecting them.

Establishment of a youth reference group in South West Donegal.

Consultation with young people in Cavan on their mental health and happiness, with 117 questionnaires completed.

Cross border networking event held with 39 participants from the four local planning groups attending.

Launch of an information management tool and updated outcomes for children website, both

designed to support those planning and providing services for children and young people at a local, regional and cross border level.

Delivery of a range of programmes and activities for children and young people in Fermanagh, Cavan, South Armagh and South West Donegal, based on agreed priorities.

## Plans for 2012

Further promotion and training to key stakeholders on how to use the outcomes for children website, [www.outcomesforchildren.org](http://www.outcomesforchildren.org) when planning services for children and young people.

Delivery of programmes across the four planning group areas to meet identified needs for children and young people.

On-going consultation with children, young people and their families in the planning process for their area.

Cross border event planned to share learning on using an outcomes based planning approach.

Development of a toolkit to support the locality planning process.

Development of plan to sustain and further develop the outcomes for children project.

## ■ Sexual Health

### New and additional sexual health services in the border region

This project is enhancing Genito Urinary Medicine (GUM) services in the border region, in order to treat an extra 5,000 people during the project lifespan. There is also a health promotion and educational focus to the project, which is concerned with the prevention of sexually transmitted infections. Over the last year, the project has made great strides in establishing a comprehensive range of accessible sexual health services across the entire border region. To date, enhanced and new GUM services have been planned and delivered in the Southern Trust, the Western Trust and in the HSE West and HSE

Dublin North East areas. The remaining GUM clinics are scheduled to open in early 2012.



Opening the new GUM clinic in Letterkenny General Hospital (l to r): Prof Wallace Dinsmore, Consultant; Sadie Bergin, Communications Manager, CAWT; Sonya Keeny, Clinical Nurse Manager, HSE West; Brigid McGinty, Programme Manager, CAWT and Marian Martin, Project Manager, CAWT GUM project.

## Achievements

In the Southern Trust area, expectations in terms of 'new patient attendances' at GUM clinics has been far exceeded with 1,187 new patients attending to date.

Additionally, in the Southern Trust, GUM services are now being delivered in a community-based setting, a first for Northern Ireland.

In the Western Trust area, an extra 1,604 patients have been treated since the commencement of the extended GUM services in Altnagelvin Hospital and the opening of new GUM services in the Tyrone County Hospital in Omagh.

New GUM services commenced in the HSE's Letterkenny General Hospital in September 2011 and to date, 68 patients have been treated.

In the HSE, 1,622 people have received training on sexual health related issues, with the support of the sexual health promotion officer employed in HSE Dublin North East area.

GUM services commenced in Monaghan Hospital in December 2011.

## Plans for 2012

Progress the appointment of the remaining staff required for the new sexual health services in the HSE border area.

Support the opening of the remaining two GUM clinics in the HSE Dublin North East areas of Dundalk and Drogheda, scheduled for early 2012.

Manage the purchase and installation of the software for the GUM clinics in the HSE border area.

Co-ordinate a cross border sexual health conference to raise awareness of the new and enhanced GUM services in the border region, to share information and learning and to discuss the issue of sexually transmitted infections with a view to future service planning.

## Social Inclusion and Health Inequalities

### Working in partnership with the community and voluntary sector to tackle health inequalities

In order to impact positively on the health status and the lowering of health inequalities of targeted groups, the Social Inclusion and Health Inequalities project is focusing on three strands.



Group pictured at a CAWT Social Inclusion project presentation of first aid certificates (l to r): Karen Meehan, Project Manager, CAWT Social Inclusion project; Charlie Howes, Emergency Care Northern Ireland; Teresa Crumlish, certificate recipient; Sabrina Crumlish, certificate recipient; Bernie McCrory, Chief Officer, CAWT; Rebecca Maughan, certificate recipient; Margaret Boyle, Director, Derry Travellers Support Group; Gavin Deeney, Youth Worker, Derry Travellers Support Group and Jacqueline Connolly, Traveller Development Officer, CAWT Social Inclusion project.

In the vulnerable women strand, staff work with a team of 80 facilitators across the border region in the delivery of health improvement programmes to six groups of women which include older women, new mothers, women living with domestic violence, women living with a cancer diagnosis, women living with mental ill-health and mothers of disabled children. In the Traveller strand, the project's Traveller Development Officer has organised the delivery of cross border training programmes for Travellers in both the Northern Ireland and Republic of Ireland border region. In relation to access, the project's Access Development Officer is working to promote access to health and social care services for Travellers, LGBT and those with visual and hearing impairments. The focus is on promoting access in GP, accident and emergency and mental health settings and will address issues relating to language and literature, signage and way-finding and staff attitudes.

The Social Inclusion project's nine-strong staff team support the work of the project across the four delivery areas, one in each CAWT partner area:

Western Trust	Outer west area of Derry City and Castlederg;
HSE West	Donegal areas of Castlefin, Inishowen, Lifford and East Donegal;
Southern Trust	South Armagh;
HSE Dublin North East	Monaghan town, Castleblayney and Rooskey.

## Achievements

Cross border social inclusion network established, with 23 members from a range of sectors including education, housing, councils, health and social care.

Two cross border locality steering groups established, which met five times during 2011.

Roll out of the Derry Well Woman three-tiered model of engagement to ensure involvement of Social Inclusion project participants in planning and decision making.



Participants in the community health question time event co-ordinated by the CAWT Social Inclusion project (l to r): Dr Clare Mangan, Southern and Western Education and Library Boards; Paul Cavanagh, Assistant Director of Commissioning, Health and Social Care Board; Edel O'Doherty, Deputy Chief Officer, CAWT and Eddie Rooney, Chief Executive, Public Health Agency.

Successful cross border community health question time event held in September 2011, which was attended by 87 participants, with commitment to change given in respect of seven key areas.

Publication of the community health question time report which can be accessed on the project webpage at [www.cawt.com/socialinclusion](http://www.cawt.com/socialinclusion)

Health improvement programmes delivered to 1,334 women.

Two cross border workshops held, which were attended by 78 Travellers.

First aid training delivered in July to 20 young Traveller women from Derry and Donegal.



Accredited 'Train the Trainer' programmes, delivered by the Workers' Educational Association in September and October, to 10 Travellers from the Southern Trust and HSE Dublin North East areas.

'Employment Skills for Travellers' accredited training, delivered by Extern, commenced in November for Travellers from the Southern Trust and Monaghan areas.

Literature review completed on access issues for Travellers, LGBT and those with visual and hearing impairments.

### Plans for 2012

Commence audit of current practice relating to access issues. This audit will involve meeting with key informants and with focus groups across the CAWT border region.

Development of the components for the toolkit on promoting access and the piloting of initiatives which promote access.

Completion of the 'Employment Skills for Travellers' accredited training and extending the programme to the Western Trust and HSE West areas.

Deliver health improvement programmes to a further 500 women.

Support the implementation of the agreed actions from the community health question time event.

Roll out the three-tiered model of engagement focusing on access as the key theme.

Continuation of Social Inclusion Project Board meetings during 2012.

### Driving Change



Driving Change is a cross border road safety project, funded by the EU's INTERREG

IVA programme and aimed at reducing the numbers of people killed or seriously injured in road traffic collisions. The project, which commenced in January 2010, is tackling road safety by working with the fire and rescue services based along the border, to enable them to provide an enhanced service to victims of Road Traffic Collisions (RTC) in order to improve survival rates. This is being achieved through the delivery of RTC extrication training, combined with casualty handling training, being delivered to fire fighters on a cross border basis. The project is also encouraging adults, including local fire fighters, to become community coaches. This includes providing training and enabling them to engage with groups of young people from their local communities to identify local road safety issues. The coaches then support the young people in developing an awareness project that will help tackle these issues. To date the project has provided training and workshops to over 150 fire fighters and engaged directly with over 500 young people.



## ■ Ann McCaffrey, Cross Border Vascular Patient

Ann McCaffrey from Mohill in Co. Leitrim was referred to Sligo Hospital by her GP for a vascular condition which required surgery. Sligo Hospital offered Ann the opportunity to cross the border to the Erne Hospital to have her procedure there rather than in Sligo Hospital. Ann was more than happy with this, as she would not have to wait as long for her treatment and with Enniskillen just as close as Sligo to where she lives, Ann was content to choose the cross border option.

Ann explained: "I work as a care assistant and with my condition I was finding it very painful and uncomfortable as I am on my feet all day. I wanted to be treated sooner rather than later and it was important to me that I could be back on my feet as quickly as possible. Mohill is halfway between Sligo and Enniskillen. I am very familiar with Enniskillen and would shop there occasionally. If the treatment had been any further away than Enniskillen then I would not have been so keen to travel."

Ann had her vascular surgery in the Day Procedure Unit of the Erne Hospital. The surgery went well as did her recovery. Ann commented: "It took a while to heal. I was off work for 8 weeks as I had to be fully recovered before I could go back to my job, which is physically demanding. Mr Grannell, the Consultant Vascular Surgeon had advised me that I did not need to return to the Erne Hospital, so I had my stitches removed by my local GP and all went well with that." Ann found the staff in Erne Hospital to be very good and was pleased with the service provided. "I would have no problem recommending this cross border service to anyone and I hope it can continue into the future as it is very accessible to many people on this side of the border."

As part of the cross border Acute services project, patients from the HSE West counties of Donegal, Sligo and Leitrim have been receiving treatment in the Western Trust's Erne Hospital in Co. Fermanagh for vascular conditions.



Ann McCaffrey from Mohill, Co. Leitrim who received treatment in the Erne Hospital, Enniskillen through the cross border vascular service (l to r): Ann McCaffrey; Staff Nurse, Bernie Cox; Mark Grannell, Consultant Vascular Surgeon, Western Trust and Eimear Bush, Programme Manager, Special EU Programmes Body.

## ■ Joan Mamouzellos, Participant on the 'UP4IT!' Obesity Programme called 'SWEET'

The first Joan Mamouzellos from Newbuildings heard of the SWEET (Safe, Wellbeing, Exercise and Eating Together) programme was from a leaflet her son Andrew brought home in his schoolbag. The leaflet caught Joan's attention because it was all about learning to be healthy as a family and the timing was right: "The dark winter nights were coming in and I thought here is something that sounds fun that my nine year old son could get involved in, so I picked up the phone as soon as I read the leaflet and decided to give it a try," she explained. Joan mentioned what

attracted her to the programme: "I was really keen for Andrew to learn about nutrition and food. Though healthy, he has a bit of a sweet tooth and loves his buns and chocolates so I thought the SWEET programme might be a good idea as I did not want to make a big thing of it." Joan admits it took a little bit of persuasion, but once Andrew went along he was proud to tell his friends and class mates he was involved because of all the fun activities he was doing!"



The Mamouzellos family receiving their SWEET programme certificates. Back row (l to r): Joan Mamouzellos, Michael Dillon, Facilitator, SWEET programme; Daniel Quigley, Physical Activity Officer - Old Library Trust/ SWEET programme and George McGowan, Co-ordinator, SWEET programme. Centre Row: Steven and Andrew Mamouzellos. Front: John Mamouzellos.

Joan and Andrew attended the first session and Andrew was worried because it seemed to be all girls. However, as soon as Andrew spotted the boys he was content. Joan found the first session reassuring and liked the approach which was not about focusing on weight but rather on doing healthy things by getting involved in a fun programme of activities. At the first meeting, George McGowan, the Programme Co-ordinator put them at ease straight away: "We all agreed on the day what sessions we wanted to do and could opt out of any if we wanted. We were never forced to do anything and saw it as an opportunity to try new things," according to Joan.

Andrew was soon joined by his young brother Steven, who wanted to get involved when he heard all about the programme activities from his brother. Thereafter, the whole family, including Joan's husband John, attended the programme and Joan stressed that this was a key aspect to the success of the programme. According to Joan, George and the team at the Old Library Trust did an excellent job and managed to accommodate everybody. "The team were brilliant and made such a good impression on the kids and the boys in particular. They were delighted to wear their SWEET t-shirts as they wanted to be dressed like George and the other team members," she explained.

Overall, Joan was very impressed with the programme and highlighted a number of things that she thought were done really well: "The scrapbook idea was lovely and we enjoyed completing it together. The organisers managed to monitor weight and other factors without putting the kids off - they made it a good laugh and we could see progress which was good for motivation and helping the children to feel good about themselves. The cooking sessions were fantastic - the boys really enjoyed making the recipes and learning about healthier options for different types of foods. My husband John is a chef and he loved the cooking sessions too! The touch pad screens and the bingo cards ideas worked really well." She also commented that the programme made her aware of activities and facilities in the area that she had not known about: "The day we went cycling in the country park in Claudy was great fun and brilliant to be out in the fresh air. I was not aware of this place and the boys loved it, as did many of the parents, some who hadn't been on a bicycle in years!" She mentioned that her sons have made new friends and the programme helped them to interact with other children outside of their immediate circle.

She thinks it would make a great after-schools activity which might encourage more people to get involved. She summed up her views on the programme by saying: "I appreciate that this is the first time this programme has been run and I am 100% glad we signed up. I would definitely recommend it to other parents."

**The SWEET programme is being delivered by the Old Library Trust as part of the CAWT 'UP4IT!' project in the Western Trust area.**

### **Nadia Dignan from the Cavan 365 Garda Youth Diversion Project which received grant funding from the CAWT Outcomes for Children Project**

"Funding for initiatives such as this is very important to our project. Budgets are tight and we want to be able to give young people opportunities to participate in interesting and varied activities that they would not normally be able to access." This is what the small amount of funding received from the CAWT Outcomes for Children project meant to Nadia who became aware of the project when Community Development Worker, Ronan Quinn presented at a local forum in Cavan, involving statutory, voluntary and community representatives from the area. Nadia wanted to use an innovative approach to explore the issue of drugs and alcohol with young people. She felt that using the medium of drama would be a fun way to engage young people in a serious issue and at the same time give them an opportunity to build confidence and self-esteem. She was successful in securing European Union INTERREG IVA funding from the CAWT Outcomes for Children project. In July Nadia began the hard work of recruiting the young people, organising the drama facilitator, co-ordinating the timetable of rehearsals and the setting up of the venue for the staging of the drama piece. Initially 15 young people signed up – 11 young people finished the programme

which Nadia felt was a good outcome: "Most of the young people were very insecure about their ability to act and were scared at the thought of getting up on stage in front of family and friends. However they found the confidence to do it which I am delighted about. It was brilliant night with a great crowd in attendance." It also had a wider impact on the families of the young people according to Nadia: "Both our drama piece and the production by the Armagh youth drama group staged on the same night, which also focused on the impact of drugs and alcohol misuse, really hit home with the parents, particularly the effects of drug use and the drink driving issue."

When considering the impact of the drama production and the whole process to get it staged, Nadia commented: "Many of these young people will never see the inside of a college and they won't have the same opportunities or support that other young people have, therefore this type of initiative gives us an alternative way to raise young people's expectations and develop their potential. We had one or two acting stars in the making on the night of the drama production staging so hopefully it might spark their interest in similar initiatives or to avail of training or education opportunities in the future!"

**Nadia and her colleague Aishling Tobin co-ordinate Foróige's Garda Youth Diversion Project in Cavan. Garda Youth Diversion Projects are a partnership between the Irish Youth Justice Service, Garda Community relations and Foróige.**

### **Mary McCann, Participant on the Employment Skills Training Course in the HSE Dublin North East Area**

"I am determined to see this employment skills course through to the end. I have had two job interviews already and am hopeful of getting one of the jobs," said Mary McCann who is a participant in the employment skills course in Monaghan organised by the CAWT Social Inclusion project.



Mary has five children aged from 2 to 16 years and lives in the Mullaghmatt area of Monaghan. Mary is one of 17 Travellers participating in Employment Skills Training being delivered in both Monaghan and Armagh by Extern.

The training programme, accredited by OCN to level 2, contains modules on Maths, IT Literacy, Personal Effectiveness and Communication Skills. By providing personal development and interview preparation skills the programme will hopefully lead to interview and employment opportunities. Mary explains: "I left school early, got married and had children so all my time and energy has been on rearing my family. Now that they are older and in school I have the time to give to a course such as this. Jacqueline Connolly, the Traveller Development Worker came to my house to tell me about this new course and to encourage me to sign up for it. I am really glad I did because it is just brilliant and I am determined to make the most of it."

Mary commented that her confidence has really gone up since starting the course: "The maths has been the hardest part for me but I am getting better. The tutors are great at explaining things in a way that we can understand. Also my kids are able to help me with the maths which is great and I am now a lot more comfortable dealing with figures." She added: "My family and other people who know me have noticed that I have more confidence which has given me a great boost." Mary believes that she has learned a lot from the preparations for her recent job interviews and feels that she can handle anything now.

Leaving school early has traditionally been part of Traveller culture and Mary is determined that things will be different for her children. Mary commented: "My oldest son is 16 and still in school. I want him and my other children to finish school and have the qualifications and

skills needed for the workplace. I am doing everything I can to ensure they stay on at school though it can be difficult at times."

Mary is really pleased with how the course is going and is hopeful of a better future for her and her children: "I would love to become a community development worker and I hope to enrol on a community development course in the local Monaghan Institute of Further Education and Training and eventually achieve a diploma in community development." Mary's final comment on the employment skills course is: "There should be more of these courses for Travellers so that they can have the same chances as everybody else to get a job, provide for their families and have a better future."

**The Employment Skills training course is being delivered by Extern as part of the CAWT Social Inclusion project and runs in Monaghan on Tuesdays, Wednesdays and Thursdays and in Armagh on Thursdays and Fridays.**



Jacqueline Connolly (left), Traveller Development Officer, CAWT Social Inclusion Project and Mary McCann, participant in the Employment Skills training course in Monaghan.

## Maeve Heaney, Participant on the CHOICE Programme in Causeway Hospital in the Northern Trust

"I have learned a lot on this programme, I understand diabetes better and I have learned to manage Eimear's condition much more easily." This was Maeve Heaney from Garvagh in the Northern Trust area explaining the benefits of the new programme called CHOICE which she attended during the summer of 2011.

Maeve's daughter, Eimear, aged five was diagnosed with diabetes when she turned four. "Eimear had been diagnosed for a year and we had been attending the diabetic clinic in the Causeway Hospital in Coleraine, every two to three months initially. Rhonda Bleakly, the paediatric specialist nurse recommended this programme called CHOICE to me and I was immediately interested because, being new to diabetes, I was not aware of all the things you need to think about. Rhonda explained that this structured programme would give me the additional knowledge to manage Eimear's diabetes in preparation for commencing the insulin pump." explains Maeve.

The CHOICE programme ran for four consecutive weeks with participants attending one day per week. Maeve found the course to be really useful. She said: "Eimear needed four injections per day and we were doing the carb counting. However on the course I learned about all the other things we needed to do to help Eimear manage her condition. For example the importance of exercise, healthy eating, getting to grips with blood glucose monitoring and managing illness was covered by the programme." Maeve also liked the way the programme was structured: "There is just so much information to take in and I was concerned about remembering and putting into practice all that I had learned during the programme. However, I found it helpful to have time to absorb all the new information after a session and appreciated being able to come back the following week with questions. I found

that by having this time between sessions I was better able to absorb the advice and guidance given."

Maeve found the dietician and diabetes nurse running the CHOICE programme to be very thorough in explaining everything in great detail. She said: "I think this is a really beneficial programme and it has helped me enormously in understanding diabetes better and in supporting and helping Eimear. Eimear was too young to attend the programme with me but there was an eight year old present with her parents and you could see how helpful it is when children can ask questions directly themselves – it gives them more control and understanding of their diabetes. It was also good to be able to talk to other parents on the programme."

Maeve commented that Eimear is now using an insulin pump instead of daily injections and that this has been a very positive development: "The insulin pump is working really well for her. Eimear likes to snack and she can now eat more of what she likes so things are easier for everybody." Maeve has five daughters aging in range from one to nine years and she highlighted the impact of the CHOICE programme on the whole family: "We have all benefited from the CHOICE programme as we have changed how we eat for example. We are all eating healthier now and are more aware of food in general and good nutrition. So all in all I am really glad I had the opportunity to attend this really worthwhile programme."

**The CHOICE programme is a structured education programme for young people with diabetes and is being delivered by the Health and Social Care Trusts and HSE within the eligible area for the EU's INTERREG IVA funding.**

During the year, CAWT's six strategy groups continued to meet with the aim of identifying opportunities for cross border based engagement and activity. Areas identified by the groups will be considered for inclusion in future EU funded programmes and by the CAWT partner organisations in considering development of organisational strategies. Comprising senior representatives from each of the CAWT partner organisations, the strategy groups also ensure that health service priorities, both national and local, are reflected in all cross border activity undertaken within their service area.

### ■ Acute Services

The group has examined the potential for a number of acute hospital services to be delivered on a cross border basis. These are in various stages of development. A proposal has been developed for cross border ophthalmology services which will operate between the Southern Trust, the HSE Dublin North East and the HSE West areas. Subject to a successful recruitment exercise, this service is scheduled to commence in 2012 and will be project managed by the CAWT acute hospitals services project board. The group is also considering an oral surgery project between the Southern Trust and the HSE Dublin North East. Other areas under exploration include disposal of clinical waste, cardiac interventions and dermatology.

### ■ Children's Services

The group is in the early stages of identifying and prioritising areas for potential cross border collaboration. At a strategic level, the North South Ministerial Council are working to strengthen child protection. The group believe that there are a number of additional opportunities for future cross border projects including the area of infant mental health, support for 'looked after children' and children leaving care.

### ■ Disability

The disability strategy group has divided its work into four areas: physical, sensory, learning and acquired brain injury. A number of services and initiatives are under consideration for future cross border development, including improving respite provision for people with complex disabilities, providing sign language training to enhance communication with deaf people, enhancing acquired brain injury services in the border region and developing web-based resources for use by those working in the areas of Autism Spectrum Disorder and learning disability.





Members of the Acquired Brain Injury work stream who met with consultants in Armagh (l to r): Dr Áine Carroll, National Rehabilitation Hospital, Dun Laoghaire; Dr Suzanne Maguire, Belfast Trust; Gary Hyde, Western Trust; Phil McGoldrick, HSE West; Dr Manus McCaughey, Western Trust; Valerie Twomey, HSE; Edel O'Doherty, CAWT Development Centre and Anne Melly, HSE Dublin North East

## Population Health

To assist with identifying cross border projects which may be suitable for future EU funding programmes, the group are liaising with public health representatives and other stakeholders to examine collaboration in the area of health improvement and population health. In particular, the group believe that economies of scale can be achieved through collaborative, cross border working. Specific areas of interest include the collation and harmonisation of data to support cross border and all-island activity, joint public health strategies and campaigns, joint training and development initiatives and responding to recent strategic consultations.

## Mental Health

The group is examining a number of areas with cross border potential, including the cross border transfer of involuntary mentally ill patients, access to secure facilities and the provision of recovery services in the border region. A sub group has been established to host a workshop to enable shared learning in the area of mental health illness recovery services in both jurisdictions. Thereafter, it is planned to develop a project proposal focusing on innovative methods of handling recovery from mental illness. The project has also been promoting the extension of Mental Health First Aid training within the HSE West border counties and the cross border suicide prevention protocol, previously developed by CAWT.

## Primary Care and Older People

This strategy group has developed a strategic framework, which identifies a range of potential areas for cross border collaboration, that may be suitable for inclusion in future EU funding programmes. Currently this framework is broad in scope and work will continue to review and refine, so that a number of priority areas are agreed upon prior to the next round of EU funding.

### ■ Communications

The members of the CAWT Communications Group, which has representation from the HSE Dublin North East, HSE West, the Health and Social Care Board, the Public Health Agency, the Southern Trust and the Western Trust, collaborate in supporting CAWT's communications and publicity requirements. The CAWT partnership is committed to communicating timely and appropriate information about its cross border work programme. Also, cross border activity is profiled by the partner organisations using their own internal communications mechanisms, including annual reports, staff newsletters and intranets and websites. The CAWT Communications Manager updates external stakeholders on general developments in cross border health and social care. These include funders, key stakeholders, potential service users and the general public.

As CAWT is delivering a substantial work programme funded by the EU's INTERREG IVA programme, the CAWT Communications Manager ensures that the European Commission's publicity and information regulations are implemented and reports on communications activities on a quarterly basis to the Special EU Programmes Body.

Building relationships with the media, key stakeholders and funders, EU networks and other relevant agencies continues to be an important activity. CAWT has been proactive in offering and responding to opportunities to present on activity and progress, both at strategy and project level. The CAWT annual report and CAWT in Action newsletters are distributed widely, and the website [www.cawt.com](http://www.cawt.com) is updated on a regular basis with the latest news and events. At project and service level, key project milestones are communicated to both local and national media, in recognition of the valuable role the media plays in keeping local populations and the general public informed on new services and how to access them.

During the year, over 40 news releases linked to CAWT project activity were issued to the media and stakeholders and four issues of the CAWT in Action newsletter were distributed.

Looking ahead, the plan is to continue to support CAWT's cross border services and projects in implementing their communications action plans and to ensure that key milestones and service development announcements, official launches, new initiatives and key achievements are communicated effectively.

### ■ Finance Forum

The CAWT Finance Forum is responsible for arranging suitable financial management support to CAWT cross border projects, so that the relevant financial information can be made available to the CAWT Finance Team. This information forms the basis of the budget reports presented to the EU INTERREG IVA Project Boards and the expenditure claims sent to the European Unit of the DHSSPS and Special European Union Programmes Body (SEUPB) for verification and subsequent reimbursement. It also enables the monitoring returns to be completed and submitted to the DHSSPS and SEUPB on a quarterly basis.

All expenditure on projects is processed through the financial systems of one or more of the CAWT partner organisations. Finance staff within the HSE, the Health and Social Care Board, the Southern Trust and the Western Trust provide a comprehensive financial support service to CAWT and the cross border projects delivered.

The Finance Forum meets with the CAWT Development Centre finance team three times per year to review the financial monitoring reports for each project, assess budgetary performance and discuss other relevant financial matters and arrangements.



Attendees at the cross border HR workshop. Front row (l to r): Mary McCarthy, HSE Dublin North East; Nuala Sheerin, Western Trust; Eamonn Molloy, South Eastern Trust and Hugh McPoland, Business Services Organisation. Centre (l to r): Kieran Donaghy, Southern Trust; Frank O'Leary, HSE and Jacinta Melaugh, Northern Trust. Back row: Francis Rogers, HSE West, Marie Mallon, Belfast Trust and Pauline Dunlop, CAWT Development Centre.

## ■ Human Resources

The Human Resources (HR) Strategy Group continues to provide leadership and guidance to enable the EU INTERREG IVA programme of work to meet its targets. The HR Strategy Group comprises Directors of HR in Northern Ireland and Assistant National Directors of HR in the Republic of Ireland. The CAWT HR and Workforce Mobility Manager, with the support of the HR Strategy Group, provides advice and support in the areas of cross border recruitment and selection, induction, absence management, grievance and discipline, staff management and training. This approach ensures that there is co-ordination and consistency in the delivery of cross border HR services.

## ■ Recruitment

The Recruitment Sub Group, comprising recruitment managers from the CAWT partner organisations, has supported CAWT's HR Manager to achieve over 120 appointments linked to the 12 EU INTERREG IVA funded projects during 2011. Recruitment managers in the CAWT

partner organisations continue to be a vital source of support in the maintenance and development of cross border recruitment procedures and policies. Due to the nature of cross border projects, staff may be based and employed within any of the CAWT partner organisations.

## ■ Cross Border HR Solutions

In the current financial climate it is important that arrangements for sharing resources are maintained and developed during the remainder of the EU INTERREG IVA programme. In support of this, a cross border HR workshop took place in April 2011. This was the first time that Directors of HR from the Northern Ireland's Health and Social Care Trusts and the Business Services Organisation and Assistant National Directors of HR from the HSE in the Republic of Ireland, have come together to share learning and to develop solutions to common issues. Discussions at the workshop focused on areas such as redeployment policies, shared services and reforms in both jurisdictions. It is proposed to hold this workshop on an annual basis.

## ■ ICT

ICT staff from the HSE, the Southern Trust, the Western Trust and the BSO continue to support staff employed in their organisations who are working on CAWT cross border projects, by ensuring that their ICT requirements are delivered upon.

## ■ Procurement

HSE Procurement in the Republic of Ireland and the Business Services Organisation in Northern Ireland have greatly facilitated cross border work by providing their procurement expertise and guidance during the last year. Additionally, procurement and contract staff within the Southern and Western Trusts have supported the CAWT Development Centre and individual projects to procure services during the year. A range of tenders were co-ordinated and delivered in support of CAWT's 12-project programme, funded by the European Union's INTERREG IVA programme.





Tom Daly, CAWT Director General / HSE West; Marie O'Connor, DHSSPS, Sean Mulhern, DHSSPS and Bernie McCrory, CAWT Development Centre.

### ■ CAWT Development Centre

The CAWT Development Centre has specialist staff in the area of communications, finance, HR, ICT and project management who provide support and professional guidance in relation to cross border health and social care activity. As the 'Delivery Agent' for the EU's INTERREG IVA Putting Patients, Clients and Families First project, the CAWT Development Centre has provided high level support to the 12 projects within the overall programme. The Centre continues to ensure that the European Union funded and other cross border projects are administered in accordance with the standards set out by the EU, CAWT partner organisations and other funders such as both Departments of Health.

### ■ The CAWT Management Board

The CAWT Management Board guides the work of the Secretariat, the Development Centre and ultimately the individual cross border projects. The Management Board is responsible for strategic direction and also monitors and evaluates progress. The Management Board met three times during 2011 in the WHSCT, HSE West and HSE Dublin North East areas.

### ■ The CAWT Secretariat

The CAWT Secretariat members provide support to and implement the decisions of the Management Board. Senior management representatives, who comprise the Secretariat, regularly meet to review progress and to resolve issues and challenges in developing and implementing cross border activity. The Secretariat members met four times during 2011 in addition to related meetings and teleconferences linked to CAWT's cross border activity.



Staff from the CAWT Development Centre. Front row (r to l): Cathy Lynch, Joanne McDermott and Sadie Bergin. Centre (r to l): Rachel Boyd, Edel O'Doherty and Brigid McGinty. Back row (r to l): Terence Gray, Michelle Clarke, Bernie McCrory and Fiona Lafferty.

CAWT has been nominated as the 'Delivery Agent' by the Department of Health, Social Services and Public Safety (DHSSPS) in conjunction with the Department of Health in implementing the Putting Patients, Clients and Families First 12-project programme. This project is supported under the Cross Border Programme for Territorial Co-Operation 2007-2013, and is referred to as the INTERREG IVA Programme. DHSSPS is the 'Lead Partner,' the Department of Health is the

'Project Partner' and the Special EU Programmes Body (SEUPB) is the 'Managing and Certifying Authority.'

£24m sterling / €30m euros of EU INTERREG IVA funding has been provided for the implementation of 12 projects within the overall Putting Patients, Clients and Families First programme. The amount allocated to each project can be viewed in Table 1 below.

Table 1

PROJECT	BUDGET (£)	BUDGET (€)
Time IVA Change Border Region Alcohol Project	1,632,341	2,040,426
Acute Hospital Services	5,874,433	7,343,041
Eating Disorders	2,582,540	3,228,175
Turning the Curve Autism Project	1,332,555	1,665,694
Children's Outcomes	670,794	838,493
Citizenship for People with Disabilities	2,259,258	2,824,073
Diabetes	2,313,575	2,891,969
Cross border Workforce Mobility	816,665	1,020,831
Obesity	971,852	1,214,815
Older People	1,899,453	2,374,316
Sexual Health Services	1,741,872	2,177,340
Social Inclusion and Health Inequalities	1,904,662	2,380,828
<b>TOTAL</b>	<b>£24,000,000</b>	<b>€30,000,000</b>

These cross border projects are supported by the CAWT partner organisations, who provide the management expertise and functional support for the implementation of this diverse range of innovative service delivery projects.

### ■ Role of CAWT Finance Team

The CAWT Finance team act as the link between the finance functions of the host organisations, Project Managers and Boards, DHSSPS and the SEUPB. The team's role is to support the implementation, performance and monitoring of all funded projects. This includes assisting with initial costings, review and profiling of budgets with Project Managers, assisting finance personnel within host organisations and Project Managers with compiling claims and associated

backup, budgetary reporting to Project Boards and the Finance Forum, monitoring budgetary performance, reporting on a regular basis to partners/funders and facilitating verification visits by DHSSPS and SEUPB as well as dealing with ad hoc queries from a range of stakeholders.

### ■ Project Expenditure

Total project expenditure incurred up to 31 December 2011 is summarised in Table 2 below.

Table 2

PROJECT	TOTAL PROJECT BUDGET (£)	ACTUAL EXPENDITURE (£)
Time IVA Change Border Region Alcohol Project	1,632,341	696,417
Acute Hospital Services	5,874,433	2,365,745
Eating Disorders	2,582,540	400,472
Turning the Curve Autism Project	1,332,555	372,666
Children's Outcomes	670,794	333,098
Citizenship for People with Disabilities	2,259,258	785,585
Diabetes	2,313,575	834,292
Cross border Workforce Mobility	816,665	146,480
Obesity	971,852	508,396
Older People	1,899,453	259,741
Sexual Health Services	1,741,872	530,741
Social Inclusion and Health Inequalities	1,904,662	623,087
<b>TOTAL</b>	<b>£24,000,000</b>	<b>£7,856,720</b>



## Audit Arrangements

As the 'Lead Partner' for EU INTERREG IVA funded projects being delivered by CAWT, primary accountability resides with the Department of Health, Social Services and Public Safety (DHSSPS) in Northern Ireland. Accountability and assurance activity by the DHSSPS includes 100% verification visits, along with dedicated resources assigned to reviewing these projects. These verification visits provide absolute assurance as to the appropriateness, accuracy, reliability and completeness of financial claims. In addition the SEUPB, who have both the managing and the certifying authority role for the EU INTERREG IVA projects, undertake to check up to 10% of these claims, independent of DHSSPS verification audits.

## CAWT Development Centre

When first established, the CAWT Development Centre was funded jointly with development funding provided by the Department of Health (Republic of Ireland) and the Department of Health, Social Services and Public Safety (Northern Ireland). Both Departments have allocated the CAWT Development Centre funding directly to their respective Health Agencies. The HSE (Republic of Ireland) and Health and Social Care Board (Northern Ireland) are the Health Agencies which currently route this funding to CAWT. Equal contributions are made by both organisations on an annual basis. The Health and Social Care Board (NI) is the CAWT partner organisation that currently facilitates the CAWT Development Centre within its general ledger.

Table 3 opposite contains an analysis of CAWT Development Centre Expenditure up to 31 March 2011.

Table 3

Year ending 31 March 2011 £ sterling	
<b>Capital costs</b>	
Fixtures and fittings	4,220
Information systems	2,936
Plant and equipment	4,507
	<b>£11,663</b>
<b>Staff costs</b>	<b>£500,071</b>
<b>Running costs</b>	
Conferences (Organised by the CAWT Development Centre)	5,760
General administration	23,772
Management Board meetings	3,281
Marketing and publicity	2,405
Printing and stationery	7,020
Rent and rates	3,699
Training and development	10,955
Travel and subsistence	19,374
	<b>£76,266</b>
<b>TOTAL</b>	<b>£588,000</b>
I confirm that the above financial information provided is accurate.	
 Bernie McCrory Chief Officer, CAWT	
 Tom Daly Director General, CAWT	
<b>31 December 2011</b>	

## CAWT Management Board

Dean Sullivan	Director of Commissioning <i>(Represented by Paul Cavanagh, Assistant Director of Commissioning)</i>	HSCB
Stephen Mulvany	Regional Director of Operations	HSE Dublin North East
Tom Daly	Corporate Management and Director General of CAWT	HSE West
John Hennessy	Regional Director of Operations	HSE West
Mairead McAlinden	Chief Executive	SHSCT
Elaine Way	Chief Executive <i>(Represented by Joe Lusby, Deputy Chief Executive, WHSCT)</i>	WHSCT

## CAWT Secretariat

Martina Ralph	Transformation Development Officer	HSE Dublin North East
Paula Keon	Corporate Services Department	HSE West
Brendan Bonner	Head of Health and Social Well-being Improvement Team	PHA
Paula Clarke	Director of Performance and Reform	SHSCT
Joe Lusby	Deputy Chief Executive	WHSCT
Paul Quigley	Assistant Director of Finance	WHSCT

## CAWT Strategy Group Members

Pat Brolly	Business Manager for Family Practitioner Services	HSCB
Dr Diane Corrigan	Consultant in Public Health Medicine	HSCB
Paul Cavanagh	Assistant Director of Commissioning (West)	HSCB
Gerry Maguire	Social Care Commissioning Lead (Older People and Adults)	HSCB
Tony Rodgers	Assistant Director of Social Care	HSCB
Dr Declan Bedford	Director of Public Health	HSE Dublin North East
Dr Nazih Eldin	Head of Health Promotion	HSE Dublin North East
Dr Alan Finan	Consultant in Paediatrician, Cavan General	HSE Dublin North East
Cathal Hand	Service Development Manager	HSE Dublin North East
Dr Anne Jackson	Executive Clinical Director of Mental Health	HSE Dublin North East
Leo Kinsella	Integrated Services Area Manager	HSE Dublin North East
Brighide Lynch	Local Health Manager (Louth)	HSE Dublin North East
Janet Malone	Specialist in Mental Health Services	HSE Dublin North East
Margaret Swords	Group General Manager – Louth/Meath Hospital Group	HSE Dublin North East
Kieran Doherty	General Manager – Donegal Primary Community and Continuing Care	HSE West
Janet Gaynor	Assistant Health Promotion Manager	HSE West
John Hayes	Local Health Manager (Donegal)	HSE West
John Meehan	Mental Health Specialist	HSE West

**CAWT Strategy Group Members (Continued)**

Dr Owen Mulligan	Clinical Director	HSE West
Sean Murphy	General Manager of Letterkenny General Hospital	HSE West
Dr Aidan Ryan	Specialist in Public Health Medicine	HSE West
Dr Peter Wright	Director of Public Health	HSE West
Dr Stephen Bergin	Consultant in Public Health Medicine	PHA
Dr Bríd Farrell	Consultant in Public Health	PHA
Maurice Meehan	Health and Social Wellbeing Improvement Manager	PHA
Siobhan Sweeney	Health Improvement Manager	PHA
Micéal Crilly	Assistant Director of Physical and Sensory Disability	SHSCT
Melanie McClements	Assistant Director for Health and Well-being	SHSCT
Bryce McMurray	Assistant Director Mental Health and Disability	SHSCT
Angela McVeigh	Acting Director of Older People and Primary Care	SHSCT
Paul Morgan	Director of Children Services	SHSCT
Dr Gillian Rankin	Director of Acute Services	SHSCT
John Doherty	Director of Women and Children Services	WH SCT
Wesley Henderson	Business Support Manager	WH SCT
Garry Hyde	Assistant Director of Physical and Sensory Disability	WH SCT
Bernard McAnaney	Assistant Director of Adult Mental Health	WH SCT
Geraldine McKay	Assistant Director of Surgery	WH SCT
Trevor Millar	Director of Adult Mental Health and Disability Service	WH SCT
Dr Maura O'Neill	Head of Health Improvement	WH SCT
Vincent Ryan	Assistant Director of Primary and Community Care	WH SCT

**CAWT Project Managers**

Claire McGinley	Obesity	HSCB
Anne Gill	Older People	HSE West
Caroline Devine	Citizenship for People with Disabilities	HSE West
Virginia Reid	Eating Disorders	HSE West
Emma Meneely	Diabetes	SHSCT
Mary Haughey	Outcomes for Children	SHSCT
Karen Meehan	Social Inclusion and Health Inequalities	WH SCT
Linda Saunderson	Acute Hospital Services	WH SCT
Louise Potts	Autism – Turning the Curve	WH SCT
Marian Martin	Sexual Health Services	WH SCT
Marianne Walsh	Cross border Work Force Mobility	WH SCT
Caitriona Mullan	Time IVA Change Border Region Alcohol Project	WH SCT
John O'Kane (maternity cover)	Time IVA Change Border Region Alcohol Project	WH SCT



## Nominated EU INTERREG IVA Project Board Representatives from the CAWT Partner Organisations

<b>Acute Hospital Services: ENT, Vascular and Urology</b>	Bridget Clarke	Implementation Co-ordinator - Cavan/Monaghan surgical services	HSE Dublin North East
	Jo Short	Senior Project Officer	HSE West
	Sean Murphy	General Manager	HSE West
	Martina Corrigan	Head of ENT and Urology	SHSCT
	Heather Trouton	Assistant Director of Acute Services and Elective Care	SHSCT
	Geraldine McKay	General Manager, Anaesthetics, Theatres and Intensive Care	WHSCT
<b>Time IVA Change Border Region Alcohol Project</b>	Fiona Teague	Acting Director	Derry Healthy Cities
	Ger McCormack	Administrator, Louth/Meath Mental Health Services	HSE Dublin North East
	Moirá Mills	Manager - Addiction Services, Donegal	HSE West
	Patricia Garland	Manager - Addiction Services, Sligo/Leitrim	HSE West
	Eamon O'Kane	Director	NW Alcohol Forum Ltd.
	Cathy Mullan	Regional Lead, Drugs and Alcohol	PHA
	Kevin Morton	Addiction Network Co-ordinator	SHSCT
	Yvonne McWhirter	Head of Primary Care and Specialist Services	WHSCT

**Autism - Turning  
the Curve**

Kieran McShane	Principal Social Worker	HSCB
Rosaline Keenan	Service Support Officer - Integrated Services	HSE Dublin North East
Rose McCaffrey	Office of the Local Health Manager - Cavan/Monaghan	HSE Dublin North East
Eugene McElroy	Business Services Manager, Co.Donegal Disabilities and Mental Health Services	HSE West
Mary Talbot	Learning Disability Service Manager	HSE West
Geraldine Maguire	Assistant Director - Specialist Child Health and Disability	SHSCT
Lesley Waugh	Co-ordinator for Autism Services	SHSCT
Peadar White	Head of Child Adolescent Mental Health and Autism Services	SHSCT
Kieran Downey	Assistant Director - Children's Mental Health and Disability	WHSCT

**Cross Border  
Workforce Mobility:  
Coaching and  
Mentoring**

Colm Kinch	Group Human Resource Manager - Louth/Meath Hospitals	HSE Dublin North East
Siobhan Patten	Area Performance and Development Manager	HSE West
Ann McConnell	Assistant Director of Human Resources	WHSCT
Anne Forsythe	Learning and Development Manager	SHSCT

## Nominated EU INTERREG IVA Project Board Representatives from the CAWT Partner Organisations

### Cross Border Workforce Mobility: Moving and Handling Passport

Marie Nolan-Steen	Health and Safety Co-ordinator	HSE Dublin North East
Michelle McNeill	Manual Handling Advisor	HSE West
Therese Brown	Head of Clinical Quality and Safety	WHSCT
Heather McLaughlin	Back Care Advisor	NHSCT
Ray King	Head of Health and Safety	SHSCT

### Cross Border Workforce Mobility: Social Work Education

Liz Coogan	Social Work Training Manager	HSE Dublin North East
Maria MacInnes	Child Care Manager	HSE West
Brendan Johnston	Chief Executive	NISCC
Patricia Higgins	Director of Registration	NISCC
Eilis Walsh	Director	NSWQB
Aoife Sweeney	Information/Research and Policy Officer	CORU - Health and Social Care Professionals Council
David Douglas	Assistant Director of Family Support and Safeguarding Children and Young People	SHSCT
Deirdre Mahon	Assistant Director, Family and Childcare	WHSCT

### Obesity

Joanne Morgan	Director	CDHN
Gerry Roddy	Manager of Health Promotion Services	HSE Dublin North East
Emma Ball	Community Dietitian Manager	HSE West
Angela McComb	Senior Manager of Project Health	PHA
Lynne Smart	Promoting Well-being Specialist Lead	SHSCT
Dr Maura O'Neill	Head of Health Improvement	WHSCT



**Citizenship for  
People with  
Disabilities**

Arlette Howell	Development Manager - Training and Occupational Support Services	HSE Dublin North East
Jackie Barron	Area Manager Louth Disability Services (Acting)	HSE Dublin North East
Denise Curran	Physical and Sensory Disability Manager, Donegal	HSE West
Annemarie Ward	Regional Development Manager - Training and Occupational Support Services	HSE West
Micéal Crilly	Assistant Director of Disability Services	SHSCT
Brian McGarvey	Head of Service and Strategic Lead for Adult Learning Disability Services	WHSCT
Martin Quinn	Head of Service for Adult Physical Disability, Sensory and Adult ASD Services	WHSCT

**Eating Disorders**

Jacinta Hastings	Chief Executive Officer	Bodywhys
Margaret Caulfield	Administrator, Mental Health Services Cavan/Monaghan and Senior Administrative Officer Cavan/Monaghan Integrated Services area	HSE Dublin North East
John Meehan	Mental Health Specialist	HSE West
Dr Stephen Bergin	Consultant in Public Health Medicine	PHA
Bryce McMurray	Assistant Director for Learning Disability and Mental Health	SHSCT
Heather Mills	Consultant Psychiatrist in Psychotherapy	SHSCT
Yvonne McWhirter	Head of Primary Care and Specialist Services	WHSCT

## Nominated EU INTERREG IVA Project Board Representatives from the CAWT Partner Organisations

<b>Diabetes: Pre-Pregnancy Care for Women with Diabetes</b>  <b>and</b>  <b>Structured Patient Education for Children and Adolescents</b>	Prof. David McCance	Consultant Physician and Honorary Professor of Endocrinology	BHSCT
	Dr Hilary Tennett	Staff Grade	BHSCT
	Anna Clarke	Research and Health Promotion Manager	Diabetes Federation of Ireland
	Iain Foster	Northern Ireland Director	Diabetes UK
	Michelle Waldron	Project Manager, Nursing Midwifery Planning and Development (NMPD) Units	HSE
	Sally Ann McLaughlin	Senior Community Dietician	HSE Dublin North East
	Pauline O'Hanlon	Diabetes Nurse Specialist	HSE Dublin North East
	Dr Liam Bannan	Consultant Physician	HSE West
	Dr Fionnuala Cooney	Specialist in Public Health Medicine	HSE West
	Dr Sami Elkashif	Consultation Paediatrician	HSE West
	Patricia Crocock	Diabetic Nurse Specialist	HSE West
	Sinead Molloy	Paediatric Diabetic Nurse Specialist	HSE West
	Dr Adele Kennedy	Consultant Diabetologist	NHSCT
	Dr Mark Rollins	Consultant Paediatrician	NHSCT
	Dr Brid Farrell	Consultant in Public Health Medicine	PHA
	Adele Graham	Health Intelligence	PHA
	Chris Patterson	Reader in Medical Statistics	Queens University Belfast
	Dr Roy Harper	Consultant Physician and Endocrinologist	SEHSCT

<b>Diabetes: Pre-Pregnancy Care for Women with Diabetes</b>	Dr Colin Gaston	Consultant Paediatrician	SEHSCT
	Lorraine Rooney	Paediatric Diabetes Specialist Nurse	SEHSCT
<b>and</b>	Dr Mae McConnell	Consultant Physician	SHSCT
<b>Structured Patient Education for Children and Adolescents</b> (Continued)	Dr Chris Corkey	Consultant Paediatrician	SHSCT
	David Chaney	Lecturer in Nursing	University of Ulster
	Kate McDaid	Assistant Director of Health Care	WHSCT
	Dr Bernie Trainor	Consultant Paediatrician	WHSCT

<b>Older People</b>	Paul Dolan	Commissioning Manager	HSCB
	Gerry Maguire	Social Care Commissioning Lead (Older People and Adults)	HSCB
	Brighide Lynch	Area Co-ordinator	HSE Dublin North East
	Rose Mooney	Assistant Director of Nursing	HSE Dublin North East
	Gwen Mooney	Acting Service Manager for Older Persons Services	HSE West
	Mary Gallagher	Director of Nursing	HSE West
	Melanie McClements	Assistant Director of Promoting Well-being	SHSCT
	Janice Vance	Locality Service Manager	WHSCT
	Joe Travers	Head of Secondary Care - WHSCT Southern Sector	WHSCT



## Nominated EU INTERREG IVA Project Board Representatives from the CAWT Partner Organisations

<b>Outcomes for Children</b>	Gerry Conway	Commissioning Lead – Children and Families	HSCB
	Ann Godfrey	Children's Service Planner Professional Advisor	HSCB
	Tommy Doherty	Children's Service Planner Information Manager	HSCB
	Valerie Maxwell	Children's Services Planning Information Manager	HSCB
	Rose McCaffrey	Governance and Quality Improvement Officer	HSE Dublin North East
	Finbar Marsden	Section Officer	HSE Dublin North East
	Dr Aisling Gillen	National Specialist Family Support	HSE West
	Colin Harrison	Child Care Manager	HSE West
	Sheila Moore	Regional Child Care Information Management Officer	HSE West
	Dr Bríd Farrell	Consultant in Public Health Medicine	PHA
	Mary McIntosh	Assistant Director Social Work and Social Care Governance	SHSCT
	Tom Cassidy	Assistant Director for Family Support	WHSCT
<b>Sexual Health Services/GUM</b>	Dr Say Quah	Consultant Physician in Genitourinary Medicine	BHSCT
	Prof. Wallace Dinsmore	Consultant Physician in Genitourinary Medicine	BHSCT/ WHSCT
	Bridget Clarke	Interim General Manager	HSE Dublin North East
	Dermot Monaghan	General Manager Cavan/ Monaghan Hospital Group	HSE Dublin North East

**Sexual Health  
Services/GUM**

Dr Nazih Eldin	Head of Health Promotion	HSE Dublin North East
Prof. Sam McConkey	Head of International Health and Tropical Medicine	HSE Dublin North East
Kieran Doherty	General Manager	HSE West
Dr Bernadette Cullen	Consultant in Public Health Medicine, Health Protection Agency	PHA
Dr Neil Irvine	Consultant in Health Protection	PHA
Anne McVey	Assistant Director of Health Care	SHSCT
Kate McDaid	Assistant Director of Health Care	WHSCT

**Social Inclusion and  
Health Inequalities**

Susan Gibson	Manager	Derry Well Woman
Martin O'Neill	Senior Community Development Co-ordinator	HSCB
Rosaline Keenan	Service Support Officer - Integrated Services	HSE Dublin North East
Maire O'Leary	Social Inclusion Manager	HSE West
Breda McKenna	Manager	Monaghan County Childcare Committee
Cathy Mullan	Health and Social Well Being Improvement Manager	PHA
Melanie McClements	Assistant Director for Health and Well-being	SHSCT
Paula Cunningham	Head of Service Planning	WHSCT







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Putting Patients, Clients and Families First

