



cooperation and working together
for health gain and social well being in border areas



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Special EU Programmes Body (SEUPB)

The CAWT partner organisations are grateful for the financial support received from the European Union's INTERREG IVA Programme which is managed by the Special EU Programmes Body.

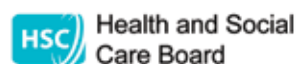
Department of Health, Social Services and Public Safety – Northern Ireland Department of Health – Republic of Ireland

The commitment and support of both Departments of Health to cross border collaboration in health and social care is greatly appreciated.

The CAWT partner organisations

Achievements in cross border health and social care is dependent upon the commitment and goodwill of those from the health and social care organisations who comprise the CAWT partnership. We acknowledge the many members of staff, managers and clinicians who give time and expertise to cross border health and social care. The CAWT partner organisations are:

- The Health and Social Care Board and the Public Health Agency in Northern Ireland.
- The border counties of the HSE West and HSE Dublin North East in the Republic of Ireland.
- The Southern Health and Social Care Trust and the Western Health and Social Care Trust in Northern Ireland.



Foreword ■ Tom Daly, Director General, CAWT



2012 was a special year for Co-operation and Working Together (CAWT) as we marked the 20 year milestone of our successful cross border health and social care partnership. Our activities continued to focus on enabling patients and clients, many of whom live in more rural border areas, to have better access to quality health and social care services. It is most rewarding to know that our programme of work is now reaching more people than ever and stimulating thinking on other possible areas of co-operation between the health and social care services in both jurisdictions.

Dr Andrew McCormick, DHSSPS Permanent Secretary and Dr Ambrose McLoughlin, Secretary General at the Department of Health attended CAWT's cross border event in May to mark our 20th anniversary, and to acknowledge the achievement of targets in relation to client and patient numbers. At the May event it was highlighted that 21,000 people from across Northern Ireland and the border counties of the Health Service Executive (HSE) area had benefitted from cross border health and social care services, through CAWT's current programme of work called 'Putting Patients, Clients and Families First.' To give some perspective, this Programme is made up of 12 separate health and social care projects,

with most in year two of their three year cycle and some due for completion in 2013, or soon after. Funded by the European Union's INTERREG IVA programme, these cross border services are being delivered by the CAWT partner organisations: the Western Health and Social Care Trust, the Southern Health and Social Care Trust and the HSE. We also acknowledge our Northern Ireland commissioning partners: the Health and Social Care Board and the Public Health Agency.

Most notably at the event in May, the opportunities for both jurisdictions to work together to optimise resources was emphasised by the then Chief Executive Officer of the HSE, Cathal Magee and by John Compton, Chief Executive



Launching the CAWT annual report in Armagh in May 2012 (l to r): Cathal Magee, CEO, HSE; Dr Ambrose McLoughlin, Secretary General, Department of Health; Tom Daly, Director General of CAWT, HSE; Bernie McCrory, Chief Officer, CAWT; John Compton, Chief Executive, Health and Social Care Board and Dr Andrew McCormick, Permanent Secretary, DHSSPS.

Foreword ■ Tom Daly, Director General, CAWT

of the Health and Social Care Board. It was highlighted that the health services in both jurisdictions face many challenges, not least reduced funding and major reform agendas. The development of cross border and North South networks and partnerships can enable better use of scarce resources for the practical benefit of patients and clients.

In July, members of the CAWT Management Board presented on CAWT's work at the North South Ministerial Council Health sector meeting in Armagh. The meeting was attended by Dr James Reilly TD, Minister for Health, Frances Fitzgerald TD, Minister for Children and Youth Affairs, Edwin Poots MLA, Minister of Health, Social Services and Public Safety and Michelle O'Neill MLA, Minister of Agriculture and Rural Development. The Ministers congratulated the CAWT partnership on its work over the past 20 years in improving the health and well-being of border populations, and welcomed progress made in the implementation of the European Union's INTERREG IVA 12-project programme: 'Putting Patients, Clients and Families First.'

Earlier in the year, a major North South Alcohol



At the launch of CAWT annual report are (l to r): Dr Andrew McCormick, Permanent Secretary, DHSSPS; Tom Daly, Director General of CAWT, HSE; Margaret Stanley, Acting Southern Joint Secretary, North South Ministerial Council; Bernie McCrory, Chief Officer, CAWT; Mary Bunting, Northern Ireland Joint Secretary, North South Ministerial Council and Dr Ambrose McLoughlin, Secretary General, Department of Health.

conference, held in Armagh, was attended by policymakers and agencies from both jurisdictions. The event, which was jointly organised by both Departments of Health, the Institute of Public Health in Ireland, the Public Health Agency in Northern Ireland and CAWT, explored common issues in relation to the misuse of alcohol. Attended by 100 plus delegates, the conference was addressed by both Health Ministers.

The CAWT Partnership is now in the final stages of implementing its EU INTERREG IVA funded work programme. There are 12 strategic projects and services underway, ranging from acute hospital services to initiatives which promote health and well-being, to primary care,

disability services and mental health services. The work undertaken via our 12 cross border Project Boards has been tremendous, with many achieving, and indeed some exceeding their original beneficiary targets. As at 31 December 2012, 38,341 people have benefitted from CAWT's EU INTERREG IVA funded work programme.

Our sights are now set on developing our vision and focus for 2014 onwards. To begin this process, a strategic planning workshop was held in Donegal Town in March and brought together key stakeholders from across the border region to agree the vision, and plan the CAWT Partnership's work for the next 3 years and beyond. Priorities for future cross border activity were identified.

Foreword ■ Tom Daly, Director General, CAWT

The Managing Authority for EU funds in Ireland/ Northern Ireland, the Special EU Programmes Body (SEUPB), initiated a consultation in 2012 on the next round of European Territorial Co-operation Programmes. Representatives from the CAWT Partnership contributed to a number of the public consultation events held in the border region. In addition, written

and also support EU health priorities. We are preparing for a future round of INTERREG funding, liaising closely with the SEUPB on its plans, as they are developing.

I want to pay tribute to the dedication shown by health and social care management, staff and clinicians from both jurisdictions to cross border

who hold Chief Executive/ Regional Director roles in their respective organisations and who are prepared to give generously of their time, as leaders in the health services, to this work. In addition, the valuable work undertaken by the CAWT Development Centre staff, the project managers and project staff, all under the leadership of the CAWT Chief Officer, Bernie McCrory, underpins all our cross border successes and achievements. I also wish to acknowledge the valuable contribution of the Department of Health, Social Services and Public Safety in Northern Ireland, the Department of Health in the Republic of Ireland and the Special EU Programmes Body.

Thank you to all who have been a part of the CAWT story so far and I look forward to another active year in 2013 and the many challenges and opportunities that it will no doubt present us with.



CAWT presented to the North South Ministerial Council in July. Pictured from left are: Edwin Poots MLA, Minister of Health, Social Services and Public Safety; Bernie McCrory, Chief Officer, CAWT; Michelle O'Neill MLA, Minister of Agriculture and Rural Development; Dr James Reilly TD, Minister for Health; Frances Fitzgerald TD, Minister for Children and Youth Affairs; Mairead McAlinden, Chief Executive, Southern Health and Social Care Trust and Tom Daly, Director General of CAWT / HSE.

submissions were made by the CAWT partners, both individually and collectively, highlighting possible future cross border health and social care activities under the themes provided by the SEUPB. We look forward to the new EU INTERREG programme and the opportunities it could provide to further deepen and strengthen cross border health and social care co-operation on this island

activity. As members of the CAWT structures, which include the Strategy Groups, the Project Boards, Secretariat and Management Board, all devote much time and contribute their expertise to cross border services. A major contributor to the success of the Partnership is the direct involvement of health service personnel

Foreword ■ Bernie McCrory, Chief Officer, CAWT



Another year has passed and I am delighted to report that the impact of CAWT's cross border activity is at its strongest in our 20 year history. Our 'Putting Patient, Clients and Families First' 12-project programme has delivered many positive outcomes during 2012. Most significantly, the number of people benefitting from our European Union INTERREG IVA projects has surpassed 38,000. This achievement is down to the resilience and drive of the many health and social care staff within the CAWT partner organisations: the HSE, the Southern and Western Health and Social Care Trusts, the Public Health Agency and the Health and Social Care Board. I would like to thank all concerned for leading on and being part of the CAWT structures which have delivered cross border services and projects so successfully during the year.

As we continue on our mission to improve the health and well-being of the border populations, by working across boundaries and jurisdictions, I would like to highlight just a small selection of key events and milestones during the year, which have been made possible by the European Union's INTERREG IVA funding secured by CAWT.

The CAWT Sexual Health / GUM project successfully managed the opening of two new sexual health clinics in border areas in 2012. Louth County Hospital Dundalk's first GUM clinic opened in February followed by a second weekly clinic in

Dublin North East border counties and significantly enhances sexual health / GUM clinic provision across the border region in both jurisdictions. The CAWT GUM project held a successful cross border sexual health conference in April which was opened by Dr Michael McBride, Northern Ireland's Chief Medical Officer.

In March, the CAWT 'Time IVA Change' Border Region Alcohol project staged the second of two seminars to discuss changing patterns of drug and alcohol use among the Traveller community. The seminar called 'Having a think on the way we drink' had strong representation



Health Minister Edwin Poots, DHSSPS (seated) and Health Minister Dr James Reilly, Department of Health opening the first all-island conference on developing joint approaches to tackling alcohol misuse on the island of Ireland.

October. This brings to three the number of new GUM clinics operating in the HSE

from Traveller organisations and was jointly organised by CAWT, the Public Health

Foreword ■ Bernie McCrory, Chief Officer, CAWT

Agency, Early Years and Derry Healthy Cities. Later that month the 'Hungry for Volunteers' seminar, organised by the Western and Southern Health and Social Care Trusts, Volunteer Now and CAWT, highlighted the immense contribution volunteers make to the health and well being of patients and clients.

As part of the CAWT Citizenship Project's Community Awareness Programme, the Cedar Foundation launched its Disability Awareness Programme aimed at primary school children in Derry/Londonderry, in April. The aim of the project is to increase understanding of disability, while challenging negative attitudes which often prevent people with disabilities from participating fully in their communities. In July, the aptly titled 'Change a Little, Change a Lot' Accessibility Awards campaign was launched in the Strabane and Donegal Council areas. This campaign is promoting accessibility for people with disabilities in local communities.

The first urban inner-city Men's Shed was opened in Armagh in June. This initiative is a community based, non-commercial service where the focus



Pictured at the 'Hungry for Volunteers' seminar, organised by the Western Trust, the Southern Trust, Volunteer Now and CAWT (l to r): Elaine Way, Chief Executive, Western Trust; Bernie McCrory, Chief Officer, CAWT; Anne Love, Volunteer Manager, Western Trust; Maeve Donaghy, Volunteer Now, Enniskillen and Kathryn Way, Volunteer, Western Trust.

is on the provision of a safe, friendly and inclusive environment where older men can meet, socialise and work together.

The CAWT 'Turning the Curve' Autism project provided a range of structured activities throughout the summer months, designed to help young people with Autism Spectrum Disorder develop personal and life skills. This was followed by a special event in Armagh to mark the project's success in assisting young people with autism and their families and carers. In total, 250 people

attended the event from across the border region.

Also during the Summer, the 'Recruit and Retain' project commenced. This is a 2-year project, funded by the European Union's Northern Periphery Programme. The project is examining the challenges and making recommendations in relation to the recruitment and retention of rural-based health care staff. Ireland and Northern Ireland are partners in the project along with Finland, Scotland and Sweden. The non EU member states of Faroe Islands, Greenland, Iceland and Norway are also partners.

Foreword ■ Bernie McCrory, Chief Officer, CAWT

The final months of 2012 saw a range of project related events. In September, the CAWT Obesity Project 'UP4IT!' held two events, one in Monaghan and one in Derry, to showcase the impacts of the project in preventing and managing childhood obesity. The 'UP4IT!' programmes were commended by two speakers who are leaders in the fight against obesity: Prof Donal O'Shea, Consultant Endocrinologist at St. Vincent's University Hospital and St. Columcille's Hospital and Tam Fry, Honorary Chairman of the UK's Child Growth Foundation.

The Social Inclusion project held its second Community Health Question Time event in Armagh. At this October event, practical suggestions were made to improve access to services and promote better health for more vulnerable and marginalised groups. In November, the 'Time IVA Change' Alcohol project staged a cross border conference on alcohol misuse in the North West, which called for a much greater emphasis on practical activities at an early stage to reduce the harm caused by alcohol. Contributors to the conference included the Health and Social Care

Board, Western Health and Social Care Trust; Derry City Council; Derry Healthy Cities; HSE; Alcohol Forum; Public Health Agency; National Society for the Prevention of Cruelty to Children; Drink Think project and the GAA.

To celebrate World Diabetes Day in November, the Southern Health and Social Care Trust highlighted their pre-pregnancy clinics for those women with diabetes who are planning a pregnancy and the Northern

Health and Social Care Trust promoted their CHOICE clinics for young people with diabetes.

December saw the launch of the cross border Patient Safety Programme which has brought together senior managers and clinicians from hospitals and services on both sides of the border, to focus on best practice in patient safety and how it can be applied in local health facilities. Also in the same month, the CAWT Disability project staged a successful



At the cross border best practice event for the CAWT Citizenship for People with Disabilities project are (left to right): Lisa Blackery Prince, Disability Action and Jacqueline Laird, Day Opportunities Service participant.



Foreword ■ Bernie McCrory, Chief Officer, CAWT

best practice event in Letterkenny to coincide with Disability Awareness Week. The highlight of this best practice event was the many clients who spoke about their positive experiences of the Day Opportunities Service and the Community Awareness programme.

So, all in all, it has been a year of tremendous activity. The most enjoyable and satisfying aspect of my work is seeing the difference made to the lives of people living in the border region, through developing and providing services that are underpinned by the expertise of health and social care staff working within the CAWT partner organisations. The combined expertise and enthusiasm of all concerned has ensured that additional numbers of patients and clients have received care and treatment both in their own and neighbouring jurisdiction. Most rewarding is the amount of partnership working underway across the community, voluntary and statutory sectors. This has helped to build relationships across boundaries and barriers and provides the CAWT

partnership with strong foundations for the future.

Thanks again to all those who have contributed to CAWT's achievements and successes and we look forward to working with our many partners and stakeholders during the year ahead.

European Union INTERREG IVA Project Update

Alcohol

Time IVA Change border region alcohol project

The CAWT Alcohol Project has invested significantly in building capacity and leading on change towards an early intervention approach to tackling alcohol misuse. By working across a range of health and social care disciplines and co-operating with the voluntary and community sector, the project has delivered

build self-esteem and coping skills among vulnerable families. The project has championed practice change amongst a wide range of health and social care practitioners to incorporate brief intervention on alcohol into their routine practice. The project has a particular emphasis on mental well-being and



Early Intervention workers for the CAWT Alcohol project (l to r): Fiona Kelly, Southern Trust; Patricia Boyle, HSE Dublin North East; Jimmy Smith, HSE West; Caitriona Mullan, Project Manager; Marie Dunne, Western Trust and Michael Millar, HSE Dublin North East.

significant outcomes to date. The project has three elements: an Early Intervention Service being delivered within the health services, a Community Mobilisation aspect which is harnessing community responses to alcohol harm and the Strengthening Families Programme, which is an internationally renowned family skills programme designed to

resilience, family support, child safeguarding and infant mental health in recognition of the role that alcohol and poor mental health can play in the lives of vulnerable families.

Key achievements

Over 1,800 clients have benefitted from the Alcohol Early Intervention Service in the CAWT region to date.

“The CAWT Alcohol conference afforded a unique opportunity to network, exchange ideas on evidence-based early interventions and bring those ideas back to respective areas of work. The critical message was that hidden harm is everybody’s business and we all need to be working smarter to support those affected by alcohol misuse through joined-up thinking and inter-agency collaboration.”

Patricia Boyle, Early Intervention Worker, HSE DNE

European Union INTERREG IVA Project Update

Ante-natal alcohol screening and referral pathway developed and implemented in the Western Health and Social Care Trust is now being implemented in the Southern Health and Social Care Trust and is available to other health service organisations.

750 pregnant women screened in relation to alcohol in the Western Trust area.

The Strengthening Families Programme, introduced to Northern Ireland and delivered to over 100 members of vulnerable families during the pilot

area through its inclusion in the Western Local Commissioning Group Population Health Plan.

Primary Care early intervention referral pathway developed and the Royal College of General Practitioners brief intervention module piloted in the Western Trust area.

In partnership with sexual health / GUM clinics, alcohol brief interventions being delivered to GUM service users.

To date the Community Mobilisation strand of the project has benefitted over

Community Mobilisation Toolkit developed for communities to take action on alcohol culture.

Plans for 2013

Continue to build capacity in health and social care to deliver alcohol brief interventions in clinical settings, thus promoting a shift towards early intervention.

Continue to deliver alcohol early intervention services across the CAWT border region with numerous points of entry, working across multidisciplinary referral pathways.



'Time IVA Change' Border Region Alcohol project board members (l to r): John O'Kane, Deputy Director, Alcohol Forum; Cathy Mullan, Drugs and Alcohol Regional Joint Lead, Public Health Agency; Edel O'Doherty, Deputy Chief Officer, CAWT; Caitriona Mullan, Project Manager; Kevin Morton, Addiction Network Co-ordinator, Southern Trust; Yvonne McWhirter, Head of Primary Care and Specialist Services, Western Trust; Moira Mills, Manager, Addition Services (Donegal), HSE West and Eamon O'Kane, Director, Derry Healthy Cities.

Development of business plans for the continuation of early intervention services in all CAWT partner areas after the EU funding phase.

Develop future governance and quality assurance model for the Strengthening Families Programme in Northern Ireland.

Produce and distribute the first quality-assured cross-border health information leaflet on alcohol and pregnancy, which will be available to all health service organisations.

phase, has secured initial mainstreaming commitment in the Western Trust

5,000 people in communities in the North West cross border region.

European Union INTERREG IVA Project Update

Acute Hospital Services

Establishing cross border acute hospital services

The Acute Hospital services project has established cross border services for ENT, vascular, and urology specialities. All three specialities have made great progress during the year with new service models now in place. Staff in the CAWT

Patient Safety Programme commenced in September. Under this programme, senior managers and clinicians from hospitals and health services on both sides of the border, are focusing on applying best practice in patient safety in local health facilities.



At the launch of the cross border Patient Safety Programme. Back row (l to r): Dr Peter Lachman, Great Ormond Street Hospital, London; Joe Lusby, Deputy Chief Executive, Western Trust; Dr Pat O'Connor, NHS Tayside; Tom Daly, Corporate Management, HSE; Linda Saunderson, Programme Manager, CAWT Acute Hospitals project; Dr Gavin Lavery, Clinical Director, Northern Ireland HSC Safety Forum, Public Health Agency and Dr David Vaughan, Director of Quality and Leadership, Royal College of Physicians Ireland. Front row (l to r): Levette Lamb, Regional Patient Safety Advisor, Northern Ireland HSC Safety Forum; Bernie McCrory, Chief Officer, CAWT and Mary Hinds, Director of Nursing and Allied Health Professionals, Public Health Agency.

partner organisations have worked diligently to build these models of service towards mainstreaming and to modernise services at the same time. Excellent progress has been made in achieving patient target numbers. By the year end, in excess of 13,000 people in total had been treated, well ahead of the overall target. Furthermore, a unique cross border

Achievements

The first cross border Patient Safety Programme commenced, with participation from medical consultants, senior nurses and allied health professionals from the Western and Southern Health and Social Care Trusts in Northern Ireland and from the HSE areas of Sligo, Cavan and Louth.

"We are delighted to be working in close partnership with our near neighbours in the Western Trust so that we can offer our patients access to more high quality services in their local hospital. We have been able to use this welcome additional EU investment to further reduce our vascular waiting lists by utilising the expertise of well-established services, next door to us, in the Western Trust. Feedback from patients has been very positive."

Sean Murphy, General Manager, Letterkenny General Hospital

European Union INTERREG IVA Project Update

Commencement of the Diploma in Healthcare qualification which is up-skilling existing healthcare staff from both jurisdictions and supporting increased workforce flexibility.

In May, a new vascular service to treat patients with venous conditions on an out-patient and day case basis began in Letterkenny General Hospital.

Plans for 2013

Development of the cross border ophthalmology model, based in the HSE Dublin North East, which has been delayed due to recruitment difficulties.

Discussions to take place on mainstreaming the HSE West and the Western Trust ophthalmology initiative.

Appointment of consultant ENT surgeon to support the cross border ENT services in the Western Trust and HSE Dublin North East areas.

Organisation of celebration event to mark project achievements and to highlight the cross border Patient Safety Programme underway.



Margaret Brennan (3rd from left) from Creeslough in Co. Donegal who was the first patient to receive surgery through the new vascular service provided at Letterkenny General Hospital. Pictured (left to right): Zola Mzimba, Consultant Vascular Surgeon, Western Trust; Joan Frisby, Clinical Nurse Manager, Day Services, Letterkenny General Hospital; Margaret Brennan, patient; Michelle Kavanagh, Staff Nurse and Sean Murphy, General Manager, Letterkenny General Hospital.

The HSE West and the Western Trust are collaborating in treating 80 ophthalmology patients per month utilising ophthalmology outpatients and day surgery services in Sligo General Hospital.

Appointment of ophthalmologist and clinical nurse specialist for ophthalmology in the HSE Dublin North East area.

Appointment of consultant urologist based in the HSE West area to support the cross border urology service underway between the Western Trust and the HSE West.

European Union INTERREG IVA Project Update

Autism

Turning the Curve - improving the lives of children and young people with autism and their families and care givers

This project aims to help young people with Autism Spectrum Disorder, aged from 11 to 19 years old, to prepare for adolescence and adulthood. The EU funding secured has been used to put in place

and communication. At the outset, participants in the Turning the Curve project agree a plan with health and social care professionals, which takes account of educational, vocational and social goals. Project support



Southern Trust representatives pictured at the CAWT 'Turning the Curve' autism project celebration event are (l to r): Lisa Polland O'Hare, CAWT Transition Officer; Lesley Waugh, Co-ordinator for Autism Services; Hilary McFaul, Manager, Autism Diagnostic Intervention Service; Roberta Brownlee, Chair, and Peadar White, Head of Service for CAMHS and Autism Services.

a variety of supports for children and young people with Autism Spectrum Disorder, and also their families and carers. Supports provided are based on the needs of the young person and range from one-to-one engagement to participation in group based activities to help with the development of life skills, and the improvement of social skills

staff then work intensively with the young people to enable them to achieve their goals. In doing so, a cross agency and cross sector input is required in order to complement existing goals set by the education sector.

"My child now has her own friends, she can take a train into town on her own, go to the cinema, chat to her peers on Facebook and do many of the things that most teenagers take for granted. She knows there are people out there 'who get me'. She is no longer alone."

Parent from Sligo

European Union INTERREG IVA Project Update

Achievements

The target number of young people assisted by the project has been achieved, with 780 beneficiaries in total to date.

The young people who completed specific transition training have been

A range of successful summer activities for young people with Autism Spectrum Disorder, were organised throughout the border region.

Those participants wishing to develop their social skills took the first step in achieving their goals by

Over 200 people attended the project celebration event in August to recognise the achievements of the young people and to present certificates to those who completed the transition training.

Completion of the interim evaluation of the project.

Plans for 2013

The EU funding for the project ceases during March 2013 and project staff will ensure that there is a planned approach so that families assisted are informed of any continuation supports or cessation of specific services.

Participants and families will be provided with the opportunity to comment on the project impacts.

A final evaluation report will be prepared and published.



Celebrating World Autism day in April are 'Turning the Curve' autism project participants from the Western Trust area (l to r): Dean Robinson, Rebecca Whitelaw, Oonagh Little, Stuart McCullagh and Conal Harkin.

awarded certificates from a recognised awarding body.

The project celebrated World Autism Day in April with a variety of events and activities throughout the border region.

engaging in group based activities in the areas of cooking, arts and crafts, photography and filming making.

Positive feedback received from families who have consistently commented on the benefits not only to their child but also to the family as a whole.

European Union INTERREG IVA Project Update

Citizenship for People with Disabilities

Increasing independence and choice for people with disabilities

The CAWT 'Citizenship for People with Disabilities' project, is about doing things differently to enable people with disabilities to participate in all aspects of community life. There are two parts to the project; the Day Opportunities Service and the Community Awareness Programme. The Day Opportunities Service supports adults with learning, physical or sensory disabilities to identify and access community based activities and opportunities. The Community Awareness Programme is a unique pilot initiative, operating exclusively within the border areas of Donegal County Council and Strabane District council. Communities in the project catchment area are being supported in making their services more accessible to people with disabilities. In December, the project staged a successful best practice event called 'Doing it Differently,' which was addressed by people with disabilities who shared their personal experiences of the project and how their goals have been achieved.

Achievements Day Opportunities Service

To date the Day, Opportunities Service has supported over 200 people

with disabilities and a further 225 people with disabilities and their families have benefitted from summer respite schemes.



Frank Larkin, Disability and Equality Officer and Independent Advisor to 'Change a Little, Change a Lot' Accessibility Awards pictured with Anthony Kernan, Managing Director, Kernan Eurospar Group, Co. Donegal.

"Before our group began we had little or no confidence and little opportunity to be heard. This group has opened a pathway for us to have our voice heard and listened to on behalf of ourselves and others like us. Now with this programme's support we have realised that we are entitled to be treated like everyone else and until we achieve equality for all with disabilities, we would like to continue."

Jade, service user.

All Community Link / Access workers posts are filled in each of the four CAWT partner areas.

A wide and diverse range of day opportunities continue to be provided by the Community Link/Access workers employed by the CAWT partner organisations and also service providers Rehab Care, Mencap and Disability Action in selected areas.

European Union INTERREG IVA Project Update

Achievements Community Awareness Programme

A total of seven projects have been initiated within the Community Awareness Programme.

The Derg Valley Advocacy Network, which provides an independent advocacy service for adults with

with disabilities to access education, training and employment opportunities.

A Disability Awareness training programme was delivered to 508 young people through the medium of Forum Theatre which enabled the young people empathise and understand what life is like for someone with a disability.

delivered by Media Box and Adapt NI in association with Rural NW Community Support.

The Disability Awareness Week held in December saw a total of 19 events scheduled over a one-week period.

Plans for 2013

Prepare for the scheduled conclusion of the EU funding phase of both the Community Awareness Programme and the Day Opportunities Service in 2013.

There will be an award presentation event for the 'Change a Little, Change a Lot' Accessibility Awards Campaign scheduled for May 2013.

The project has planned a number of 'Doing It Differently' road shows that will showcase best practice and new ways to deliver programmes for day opportunity service users.

Community Link workers in HSE Dublin North East and HSE West are working with other disability service providers to develop a 'Passport' which will hold key information on service users.

Support the work underway to ensure the overall project is effectively evaluated.



At the cross border best practice event for the inclusion of People with Disabilities. Seated (l to r): Lee Snodgrass, Day Opportunities Service participant and Jacqueline Laird, Day Opportunities Service participant. Standing (l to r): Anne Marie Ward, Manager of Training and Occupational Support Services, HSE West (Donegal); Jamie McLaughlin, Day Opportunities Service participant; Martin Quinn, Head of Service, Western Trust; Tracy Coyle, Day Opportunities Service participant and Lorraine McCourt, Director of the Joint Technical Secretariat, Special EU Programmes Body.

disabilities, was launched in May.

A Disability Awareness Training Programme was delivered by the Cedar Foundation to 736 school children and 37 school teachers in 30 schools.

A new website www.directionstoemployment.com was launched in November to assist people

20 people with physical, sensory and learning disabilities graduated with a certificate in personal development and training following the completion of a 45-week course enabling them to become self-advocates and advocate for the rights of others with disabilities.

2012 also saw the launch and roll-out of the 'Change a Little, Change a Lot' Accessibility Awards Campaign which is being

Diabetes

Improving education for children and young people with diabetes and developing specialist pre-pregnancy care clinics for women with diabetes planning pregnancy

The CAWT Diabetes project is delivering programmes in two areas of diabetes care throughout the eligible area for EU INTERREG IVA funding. Pre-pregnancy care clinics to support women with diabetes who are planning a pregnancy, have been established in all health trust areas in Northern Ireland and also within the border counties of the HSE. Additionally, children and young people with diabetes are being offered the opportunity to participate in a structured education programme called 'CHOICE', to help them and their families to manage their diabetes more effectively and to reduce the impact on the quality of their lifestyle. Both diabetes programmes are being delivered by Diabetes Specialist Nurses and Diabetes Specialist Dietitians, and are having a positive impact on the lives of those with diabetes and their families.

"Staff managing CHOICE were fantastic. They made sure the programme was fun, informative and easy to follow. They reassured us that diabetes can be managed and I have no doubt that without the CHOICE programme it would have been a lot harder to get through."

Parent from Co. Antrim

Achievements

To date 197 women in total have attended the pre-pregnancy care clinics.

1,443 people, including children and young people with diabetes and their parents / carers, have completed the CHOICE structured education programme.

Specialist diabetes staff have been recruited to deliver both the pre-pregnancy care clinics and the structured patient education programmes.

A wide variety of publicity activity has been undertaken to promote the education programmes and clinics. This includes use of banner stands at clinics and events, dissemination of information leaflets and posters and the issuing of news releases to both local and national media.

Excellent media coverage was achieved during World Diabetes Day in November and were based on interviews with people who had benefitted from the clinics and education programmes.

European Union INTERREG IVA Project Update

The impact of the project on the health of children and young people and the outcomes of pregnancy for women who attended the



Pictured launching the CAWT Pre Pregnancy Care diabetes clinics are Western Trust Consultant, Dr John Lindsay and Western Trust Dietician, Siobhan Monaghan.

pre-pregnancy care clinics is being closely monitored by collecting key data on an on-going basis.

Four cross border meetings involving the CAWT Diabetes project staff have taken place to share progress, discuss issues and reflect on learning.

Plans for 2013

Development of a website so that the CHOICE programme will be available as an e-learning package for children and young people with diabetes, parents, carers and other key stakeholders.

Analysis of the data gathered in order to monitor the project impacts.

Continuation of publicity activities to create higher levels of awareness of the clinics and education programmes and to support the achievement of client targets.

Co-ordination of an event to celebrate achievements and to share the findings from the data monitoring.

Development of a plan to seek commitment for sustainability of the project beyond the EU funding phase.

"The support and reassurance provided by the clinic was invaluable. It gave me confidence that I was on the right track and that I was doing all I could to ensure that the pregnancy went well both for me and my baby."

Pre-pregnancy care clinic client, Newry

Eating Disorders

Enhancing eating disorders services in the border region

12 eating disorder therapist posts have been created, with three posts based in each of the four CAWT partner areas of the HSE West, HSE Dublin North East and the Southern and Western Health and Social Care Trusts. These additional specialist eating disorder therapist posts are based within primary care and community settings. The project is supporting people suffering from mild to moderate eating disorders. At the same time, the eating disorder therapists have co-ordinated a range of

leaflets and engagement with the media and the general public. Awareness training has been provided to other healthcare professionals throughout 2012. Assistance and expertise has been given to eating disorder public support groups and events throughout the border region.

Achievements

Clients are receiving specialist eating disorders therapy services in primary care and community settings. To date, over 500

"While I attended therapy, I learned skills that helped me challenge some of my eating disorder thoughts. I still use these skills today, for example when I am feeling down or when I fall out with my friends, the skills I learned in therapy help me to challenge any negative thoughts that I may be having. The best thing about accepting help was getting my life back on track. After all the intensive therapy, support and skills that were taught to me, I feel more able to live my life again and that means I get to enjoy myself and feel happy again."

Eating Disorders client in recovery, HSE West



Eating Disorder Therapists involved in the CAWT Eating Disorders project (l to r): Aisling Lafferty, HSE West; Marie Coyle, Southern Trust; Christine Young, Western Trust; Tracy McCauley, Western Trust; Mary Harron, HSE West; Eimear Donnelly, HSE Dublin North East and Esther Irwin, Southern Trust.

activities to raise awareness of eating disorders. These include presentations and displays at events in colleges, universities and health fairs, development of promotional material and

clients have received eating disorders therapy services.

Eating disorder support groups have been established in Omagh and Enniskillen and meet on a monthly basis.

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A second successful eating disorders workshop was held in Monaghan in October and was led by Professor Christopher Fairburn from the University of Oxford, renowned for his work in developing and evaluating new treatments for eating disorders.

Rachel Bryant Waugh, Consultant Clinical Psychologist at the Great Ormond Street Hospital has been providing supervision support since February.

Positive feedback has been received on the training delivered to GPs and other health professionals.

Implementation groups were established in each of the four CAWT partner areas to support the delivery of the project.

The clinical pathways group continue to meet to develop clinical pathways for use in all four CAWT partner areas.

Plans for 2013

Continue to provide specialist eating disorders therapy to clients and the achievement of project targets.

Recruitment of three eating disorders therapist posts that are currently vacant.

Continue to create awareness of eating disorders among healthcare professionals, the media, educational establishments and also the general public.

Specialist supervision from Great Ormond Street Hospital to continue during the project timeframe.

Establishment of an eating disorders support group in Derry/Londonderry.

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Cross Border Workforce Mobility

A range of practical initiatives to support leadership development, culture change and improve performance in health and social care organisations

There are three aspects to the project: Coaching and Mentoring, Social Work Leadership and Moving and Handling Awareness Training. All three programme areas have made considerable progress during the year and have contributed to enhancing staff skills and performance within the CAWT partner organisations with a view to improving services for patients and clients. The projects also

a people-centred and performance-focused culture within the CAWT partner organisations. These programmes have developed internal coaching and mentoring services, enhanced leadership skills and facilitated the exchange of skills and knowledge within partner organisations.

Achievements

Over a six month period, 72 senior health and social



HSE Dublin North East staff at the CAWT 'Connect' Programme graduation. Back row (l to r): John Bruton, Eilish McKeown, Rosarii Mannion, Jessica O'Malley, Paul Fitzgibbon, Eileen Maguire. Middle row (l to r): Thelma Pentony, Kevin James, Irene Harris, Martina Ralph. Front row (l to r): Frances Haigney and Susan Kenny.

promote increased mobility of the workforce between the two jurisdictions.

Coaching and Mentoring

The coaching and mentoring programmes aim to create

care managers from the CAWT partner organisations completed the 'Connect' Professional Coach Training Programme, accredited by the International Coach Federation and delivered by Coaching Development Ltd.

"Inspiring training, high-calibre participants, a watertight process and a framework for implementation in our organisations - a perfect recipe for supporting organisational change."

*Siobhan Patterson,
HSE West*



Speakers and organisers at the CAWT 'Connect' Programme graduation. Back row (l to r): Tom Daly, Director General, CAWT; Nuala Sheerin, Director of HR; Western Trust; Philip Brew, Coaching Development Ltd and Eimear Bush, Programme Manager, SEUPB. Front row (l to r): Emma Harkin, CAWT Mobility project; Pauline Dunlop, HR and Workforce Mobility Manager, CAWT and Marianne Walsh, Project Manager, CAWT Mobility project.

A further 20 participants on the 'Connect' programme have been trained to International Coach Federation 'Associated Certified Coach' credential level. The coaching resource is now available to staff within all CAWT partner organisations.

Fourteen senior staff from the Southern Health and Social Care Trust and the HSE Dublin North East completed the CAWT 'Connect' Mentor Development Programme. Staff now have the opportunity to avail of mentoring in these organisations.

Governance arrangements have been established to ensure that the coaching and mentoring networks are used, managed and monitored properly.

Plans for 2013

Fifteen senior staff from the Western Trust, the HSE West and the Public Health Agency will participate in the 'Connect' Mentor Development Programme early in the New Year. Middle managers within all CAWT partner organisations will be able to access the mentoring service.

The 'Connect' website, which will administer the coaching and mentoring networks and allow online access to training and resources, is scheduled to be launched in 2013.

Social Work Leadership

The project aims to improve the quality of social care in both jurisdictions by enhancing the leadership skills of social workers and 164 staff have completed the programme.

Achievements

Delivery of the Leading Complex Practice programme to senior social care managers from across the CAWT partner organisations, to enable in-house training and support the mainstreaming of the Leadership Development Programme for Social Work Team Leaders.

In addition to delivery in all CAWT partner organisations and the South Eastern Trust, the Leadership Development Programme was successfully implemented within the Northern Trust in 2012.

Launch of the Discussion Forum facility within the North South Child Protection Hub website.

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Plans for 2013

Discussions are underway with representatives from the Northern Ireland Social Care Council for the inclusion of the Leadership Development Programme within the Post Qualifying Framework for social work.

Networks established within the project will be maintained and further developed.

Moving and Handling Awareness Training

Health and social care staff are now accessing Moving and Handling Awareness Training, which has been standardised for both jurisdictions and is available in online and paper based formats.

Achievements

All five Health and Social Care Trusts in Northern Ireland and in the HSE West have implemented the Moving and Handling Awareness Training in their organisations, with over 8,000 staff members having successfully completed the programme.

The programme is currently being piloted in a number of sites across the HSE Dublin North East area.

The e-learning Display Screen Equipment Awareness Training Programme has been launched as a training tool by the Northern Trust, the Patient and Client Council, the Northern Ireland Social Care Council, the Northern Ireland Practice and Education Council and the Business Service Organisation.

Plans for 2013

Implementation of the Display Screen Equipment Awareness Training Programme across all of the CAWT partner organisations.

“Coaching for me has been action focused conversations facilitating opportunities for self-discovery, development, challenge and change from within.”

*Bronagh McKeown,
SHSCT*

Obesity 'UP4IT!'

A community focused approach to managing and preventing obesity

"Our journey has been fantastic and our whole family has been transformed. Although the project focuses on the children, as a parent I have got so much from it. My daughter has grown in confidence, takes responsibility for her eating patterns and always reads food labels. My husband and I have lost weight also. Our family routine, eating habits and the atmosphere at home has totally changed for the better."

Parent of 'UP4IT!' childhood obesity programme participant

The CAWT Obesity Project 'UP4IT!' has been supporting families to tackle obesity through the provision of prevention and management programmes across the CAWT border area in selected geographical areas. Participating families have been making positive changes to their lifestyles to improve their

category. Additionally, some overweight children are now in the normal weight category. These children have noticeably improved their eating habits and levels of physical activity and reported increased self-esteem. Overall, those involved in the project are delighted with the achievements and impacts to date.



Pictured at the CAWT 'UP4IT!' cross border obesity showcase event (l to r): Seamus Heaney, Project Director, Old Library Trust; Dr Tracy McCrorie, Research Fellow, NICHE, University of Ulster; Tam Fry, Honorary Chairman of the Child Growth Foundation and National Obesity Forum spokesperson; Dr Maura O'Neill, Head of Health Improvement, Western Trust and Gary Glennon, Manager, Letterkenny Youth and Family Services.

health. This includes learning and developing new skills and taking on new activities. These changes have impacted positively on the families. As a result of the project, some children identified as obese have lost weight and are now in the overweight

Achievements

Over 454 families have benefitted from participation in the programmes from September 2011 to September 2012, and as a result are leading healthier lives and doing more physical activities as a family.

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The key findings illustrate that programme outcomes are being met, with participating adults and children having improved their eating and physical activity habits, and more importantly, children achieving reductions in BMI and waist measurement.

Over 150 people in total attended two cross border showcase events held in Monaghan and Derry in September. Both showcase events, 'Making a Difference in Reducing Childhood Obesity,' were addressed by experts on obesity: Professor Donal O'Shea, Consultant Endocrinologist and Tam Fry, Honorary Chairman of the Child Growth Foundation and National Obesity Forum.

Attendees at the showcase events heard about the benefits of the programmes from participating families, with the University of Ulster outlining the successful outcomes of the project.

A mainstreaming options paper has been shared with health service commissioners which demonstrate the need for and the benefits of the programmes. This paper outlines the preferred option

to continue the programmes when the EU funding phase concludes.

An interim evaluation report on the project is underway and nearing completion.

Plans for 2013

Completion of the programmes and the delivery contracts underway by the four service providers; Border Counties Childhood Network, Early

achieved and experiences gained are captured and accessible.

Management of the data analysis is underway, which is providing insight into the longitudinal outcomes of the project, in order to inform commissioning decisions.

Continue to publicise the success of the project with a view to supporting continued delivery where feasible and any future commissioning.



Pictured at the CAWT 'UP4IT!' cross border obesity showcase. Front row (l to r): Tom Daly, HSE and Director General of CAWT; Heather Humphreys T.D. Cavan and Monaghan and Prof. Donal O'Shea, Consultant Endocrinologist. Back row (l to r): Denise McCormilla, CEO, Border Counties Childhood Network; Dr Nazih Eldin, Head of Health Promotion, HSE Dublin North East and Dr Maura O'Neill, Head of Health Improvement, Western Trust.

Years Organisation, Letterkenny Youth and Family Service and Old Library Trust.

Facilitation of the smooth closure of the project, ensuring that learning

Implement the recommendations, where possible, from the interim evaluation report.

Older People

Promoting independence and providing social support for older people



Buncrana Community Day Hospital group pictured on a day trip to Glenveagh National Park in Donegal organised by the Inishowen Network for Older People as part of the CAWT Older People's project.

"After my husband's stroke, the Information and Signposting service was my first point of contact for information and guidance on accessing a range of support services and benefits. I was amazed that this service could provide me with information on caring services as well as financial information, how to access statutory support care packages, financial assessments, transport, benefit entitlements and community support services. This was a wonderful help to me."

Information and Signposting Service for Older People client (Strabane)

2012 has been a busy and successful year for the Older People's project, which is enhancing social supports and delivering telecare/assistive technology. Challenges have been overcome and many good outcomes have been achieved during the year. Particularly satisfying for all involved in the project, is the range of social support initiatives established to enable older people in their local communities to remain at home for longer. The telecare/assistive technology aspect of the project has been underway in Northern Ireland since September 2011, and has commenced in the Republic of Ireland in recent months. As the project progresses, we look forward to hearing how telecare/assistive technology is enhancing the lives of older people, their families and carers.

Key achievements

A total of 25 projects have been implemented within the border region and include activities ranging from information technology classes, befriending schemes, respite for older carers, information hubs, to 'Good Morning' services and many other localised initiatives.

Completion of tendering processes across all of the project delivery areas. This includes a procurement exercise for the delivery of telecare/assistive technology delivery to older people in the project delivery areas of the HSE border counties.

People benefitting from the project now exceeds 2,500, well ahead of the original project target.

Launch of social support projects in Leitrim, Cavan, Inishowen, Newry, Armagh, Dundalk, Fermanagh and Strabane areas.

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Continuation of the interagency work and the involvement of older people and stakeholders at local level.

The strengthening of the older people's local forums and networks within the project delivery areas.

First Positive Ageing Week held in October in the Newry and Mourne area to recognise and value the contribution older people make to local communities.

Establishment of a 'Good Morning' service for older people in Northern Ireland which is provided by a Republic of Ireland based agency, thus promoting real cross border engagement and delivery.

The Centre of Information for Older People, based in the Strabane Citizen's Advice Bureau, also reaches into border areas of Donegal in the provision of information and signposting services for older people, their families and those who work on behalf of older people. Over 1,200 queries have been received since July.

Plans for 2013

Maintenance of all existing services and networks that have been established by the project.

Development of plans for the sustainability of the individual initiatives after the EU funding phase.

Support the work underway to ensure the project is effectively evaluated.

Prepare for the scheduled conclusion of the EU funding phase of the project in December 2013.



Launch of Newry and Mourne Positive Ageing Week 2012 which was supported by the CAWT Older People's project. Agencies represented at the launch event included the Southern Trust; Netwell Centre, Dundalk; Volunteer Now; The Commissioner for Older People for Northern Ireland; South Down Family Health Initiative; Age Action Ireland; Newry and Mourne District Council, CAWT Older People's Project; University of the Third Age and Senior Citizens Consortium.

Management of the telecare/ assistive technology delivery in the HSE border counties.

Initiation of a consultation process by Newry and Mourne Interagency Group in support of the development of an age friendly strategy for the Newry and Mourne council area.

Outcomes for Children

Improving outcomes for children through an interagency approach

The CAWT Outcomes for Children project finished in December. The project supported the development of children services planning in Northern Ireland and the Republic of Ireland, by applying an outcomes-based

was the development of a website located at www.outcomesforchildren.org which enables both strategic and more localised information on children's lives to be accessed more easily to support the planning of services.



Members of Fermanagh Locality Planning group's Youth Sector sub group. Back row (l to r): Brenda Burns, ARC Healthy Living Centre; David Eames, Fermanagh District Council; Carol Follis, Groundwork NI; Priscilla Magee, Action for Children; Lynsey Cathcart, Western Education and Library Board; Kerrie Flood, Fermanagh Women's Aid; Anita Mukherjee, Women of the World. Front row (l to r) Una Collier, CAWT Outcomes for Children project and Mannix Magee, SOLACE, ARC Healthy Living Centre.

"The multi-agency approach and networking as a result of being involved in the CAWT project has led to a number of initiatives being delivered for children and young people in Cavan that would not have otherwise happened. We have been able to target and make better contact with some of the parents of children from disadvantaged areas."

Partner Agency, Cavan Local Planning Group

approach to the planning of services in the border region. Four partnerships were established, involving service providers, planners and practitioners working together with local communities. These locality partnerships reviewed information on children's lives, agreed joint priorities and planned and delivered services to improve outcomes for children and young people in their target areas. A key initiative

Achievements

In excess of 1,600 beneficiaries achieved including parents, children and young people and service providers in Fermanagh, Cavan, South Armagh and South West Donegal areas.

Programmes delivered ranged from youth based activities which promote physical, mental and social well-being for children and

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young people, initiatives to support parents and families, to training for service providers to ensure quality of services provided and the engagement and participation of families in the planning and delivery of services.

Engagement of over 60 agencies from the statutory, voluntary and community sectors in using an outcomes-based planning approach.

Development of a guidance toolkit on integrated outcomes based planning, based on the learning from the implementation of the project. This guidance will be a resource to support future planning in local areas.

Development and implementation of a plan to sustain the four locality planning groups and the outcomes for children website after the EU funding phase.

Training delivered to over 50 key stakeholders on how to effectively use the outcomes for children website, www.outcomesforchildren.org to plan services for children and young people. Almost 5,000 people have visited the website since January 2010.

Plans for 2013

Although the CAWT Outcomes for Children project is completed, the four locality planning groups based in South Armagh, Cavan, Fermanagh and South West Donegal will continue to plan and deliver services to improve outcomes for children and young people. The Northern Ireland based groups will be supported by Children Services Planning in the

the latest information on children's lives, as well as family support services available within the CAWT border region and will be supported by the Health and Social Care Board.



Young people from Meigh Youth Group in South Armagh who participated in a youth consultation event at East Coast Adventure, Warrenpoint, in conjunction with the Southern Education and Library Board Youth Service and the CAWT Outcomes for Children project.

Health and Social Care Board and the Republic of Ireland based groups will be supported by the HSE. The project website will continue to be kept up-to-date with

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Social Inclusion and Health Inequalities

Community, voluntary and statutory sectors working in partnership to tackle health inequalities

The Social Inclusion project is focused on reducing health inequalities for specific groups and has three key elements which are: vulnerable women, Travellers and improving access to health and social care services. The project has delivered its programmes and activities in four geographic areas: Western Trust (Outer

participated in 200 Social Inclusion programmes. In the vulnerable women's strand, 934 women from the six targeted groups participated in 62 health improvement programmes. In the Traveller strand, 47 Travellers participated in six training and self-esteem programmes. In the Access strand, 195 people participated in



Participants in the Community Health Question Time event co-ordinated by the CAWT Social Inclusion project. Front row (l to r): Michelle Tate, Equality Assurance Unit Officer, Southern Trust; Ciara O'Hanlon, Access Development Officer, CAWT Social Inclusion Project; Sharon Haughey, Mayor of Armagh; Ariane Devine, CAWT Social Inclusion Project. Back row (l to r): Karen Meehan, Project Manager, CAWT Social Inclusion Project; Jacqueline Connolly, Traveller Development Officer, CAWT Social Inclusion Project; Gerard Rocks, Assistant Director for Promoting Well Being, Southern Trust; Mairead McAlinden, Chief Executive, Southern Trust and John Briggs, Chief Executive, Armagh City and District Council.

"I am the mother of five children, ranging in age from 2 years to 16 years. I left school with no formal qualifications. Attending the Employment Skills Training in Monaghan gave me the confidence to take up further training in childcare. I am looking for a job in childcare or community development. I am now able to help my younger children with homework."

Member of the Traveller community from Co. Monaghan

west area of Derry City and Castlederg); HSE West (Donegal areas of Castlefin, Inishowen, Lifford and East Donegal); Southern Trust (South Armagh) and HSE Dublin North East (Monaghan town, Castleblayney and Rooskey).

The project has successfully achieved its targets, with a total of 2,671 people having

18 focus groups which included representation from the LGBT community, Travellers, and visual and hearing impaired. Also five one-to-one key informant interviews were convened as part of the audit for improving access to services. In addition, 72 people participated in a second Community Health Question Time event held in Armagh in October. To assist

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with targeting of service delivery, an equality profile of programme participants has been developed for each CAWT partner area.

Achievements

Project beneficiary targets have been achieved and exceeded.

Completion of two accredited Employment Skills Training for 23 Travellers living in Monaghan and Southern Trust areas.

Paid work placements arranged for Travellers on completion of the Employment Skills Training.

Three separate literature reviews completed for promoting access to selected health and social care service groups: LGBT community, People with Sensory Disabilities and Travellers. Audit completed for the three project strands which details the good practice in the CAWT partner areas in relation to access to services.

Partnerships developed with 38 organisations from a range of sectors including community, voluntary and statutory.

Positive post programme evaluation for women participating in the Health Improvement programmes.

New self-esteem and capacity building programmes for Travellers delivered in the Western Trust area.

Good progress made in achieving the commitments

Deliver a further 30 health improvement programmes to a total of 300 vulnerable women.

Report on impact of health improvement programmes.



Mother and babies enjoying the benefits of baby massage as part of the CAWT Social Inclusion project programme of activities.

made by the public sector organisations represented at the first Community Health Question Time Event held in 2011.

Successful roll out of the Derry Well Woman 'Three Tiered Model' culminating in the second Community Health Question Time event held in Armagh in October.

Plans for 2013

Develop and deliver customised staff awareness training in relation to the needs of people from the LGBT community, Travellers and those with visual and hearing impairment.

Commence health improvement activities with Travellers in the Western Trust area.

Establish cross border Community Health Worker Network for Travellers.

Co-ordinate an event scheduled for May 2013 to celebrate achievements and acknowledge contributions to the success of the project.

Finalise arrangements to hand over and embed programmes in local communities to ensure sustainability.

Sexual Health / GUM

Establishing new and additional sexual health services in the border region

This project is enhancing Sexual Health / Genito Urinary Medicine (GUM) services in the border region and creating greater awareness of the prevention of sexually transmitted infections through health promotion activities. The project has made great strides in establishing a comprehensive range of accessible sexual health services across the entire border region. During 2012, the project made good progress, particularly with the commencement of two new clinics in Louth County Hospital, Dundalk. The other new and additional GUM clinics

the EU funding phase are successfully meeting client target numbers. Overall the project has performed well with 5,000 plus beneficiaries achieved to date.

Achievements

The first GUM clinic in Louth County Hospital Dundalk opened in February and by October 2012 the second weekly clinic had commenced.

In 2012 the project realised 2,140 beneficiaries and since the project commenced a total of 5,454 beneficiaries have been achieved to date.



Speakers at the CAWT cross border sexual health conference in 2012 (l to r): Neil Irvine, Consultant in Health Protection, Public Health Agency; Bernie McCrory, Chief Officer, CAWT; Marian Martin, Project Manager, CAWT GUM project; Dr Michael McBride, Chief Medical Officer, DHSSPS and Prof. Sam McConkey, Head of International Health and Tropical Medicine, HSE Dublin North East.

established in the Southern and Western Trusts and in HSE border counties during

A total of 1,980 people have been trained by the sexual health promotion officer in the HSE Dublin North East area with additional training for GUM clinic staff.

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The EU INTERREG IVA funding secured for the Western Trust GUM clinics concluded in August 2012 with a total of 2,837 beneficiaries achieved.

In April, the Tara Centre in Omagh played host to a successful cross border sexual health conference. The event was opened by the Northern Ireland Chief Medical Officer, Dr Michael McBride, with contributions from a wide range of stakeholders. In addition to those involved directly in the project, delegates included hospital and community staff, GPs and representatives from voluntary organisations.

Significant communication and publicity activity was undertaken to create awareness of the new services.

The project's interim external evaluation report has been completed and highlights positive aspects such as value for money, quality of service, adherence to aims and objectives as well as patient experience of attending the clinics.



Sexual health/GUM clinic staff from the HSE Dublin North East area (l to r): Dr Nazih Eldin, Head of Health Promotion; Gay Burnette, Clinical Nurse Manager 2; Ann McMahon, Staff Nurse, Louth County Hospital; Dr Justin Lowe, Genito-Urinary Medicine Consultant, Monaghan Hospital; Bernie McArdle, Clinical Nurse Manager 2, Out Patient Department, Monaghan Hospital and Prof Sam McConkey, Head of International Health and Tropical Medicine.

Plans for 2013

The final GUM clinic in HSE Dublin North East area is scheduled to commence in early 2013.

Installation of the planned software system for the GUM service in HSE West and HSE Dublin North East.

Management of the transition of the HSE West Letterkenny GUM clinic, which was established with EU INTERREG IVA funding, and is scheduled to be mainstreamed by the HSE from May 2013.

Management of the transition of the HSE Dublin North East GUM clinics, established with EU INTERREG IVA funding, which are scheduled to be mainstreamed by the HSE from January 2014 onwards on a phased basis.

Client and Patient Experiences

Participant in 'The Well Programme' for women living with cancer in Limavady (Social Inclusion project)

The Well Programme helped me because it was delivered in such a friendly encouraging manner at a time when despair threatened to grab me by the heels and drag me down. I learned lots of practical tips that are easy to follow, to improve my health, physically and emotionally. As time goes on I feel that I am becoming more in charge of reconstructing the new 'me' and not just struggling on, repeating old habits that definitely were not working for me. The other women in the group knew what I was going through and in no small way due to the calm, loving way that the programme is delivered, I no longer feel so alone and frightened. If I do lapse now, I feel I won't become so overwhelmed again. I now have a set of practical tools to draw on, to help me get me back on my feet.

Thank you so much. You have made a big difference to my life.

Participant from the Traveller community in the Employment Skills Training Course in Armagh

I am attending the Employment Skills Training Course in Armagh and I love going each day. I have received a student card for the Southern Regional College. This allows me to use the library and computers. I left school at 15, I have no qualifications. I had often thought about attending classes in the College but didn't have the confidence. I am looking forward to attending work placements with the course.

Participant in the 'Connect' Coaching and Mentoring programme from the HSE West Donegal area.

It has been the most life-changing course I have done in years. I now have so much more insight into my own behaviour. I now look at things objectively and tend to take a 'helicopter view' which I would never have done in the past. This way of approaching issues and problems has now become part of

me and is included in my 'arsenal of skills.' My team at work have certainly noticed a change in me and have commented on my increased enthusiasm. I have introduced some subtle, but significant changes at work which means that I am managing my time better. I feel I am more pragmatic and productive. I also think my team are now more thoughtful about coming to me with issues, which is great. Even my friends have noticed a change in me for the better! I live in Northern Ireland and work in the Republic so I understand what it is like to cross the border on a daily basis. I love having cross border professional links and networks so the cross border nature of the programme has been advantageous. I have now built up a rapport with my colleagues in Northern Ireland and we connect on an informal basis. This has added value to cross border relationships and I have been able to use Northern Ireland policies and procedures as a starting point within my own work.

Client and Patient Experiences

Participant on the CHOICE programme in the Northern Health and Social Care Trust

My son was diagnosed with Type 1 Diabetes at the age of 10. Prior to his diagnosis we were a family with no experience and little knowledge of Type 1 Diabetes. For anyone who has been newly diagnosed with diabetes, it is a steep learning curve with a vast amount of information to take in. On the CHOICE (structured patient education) programme, this information is broken down into manageable sessions covering specific areas. The programme was excellent in its delivery to both parents and children. It was informative and easy to understand and also fun.

By participating in CHOICE, we as a family gained a greater understanding of the condition. Information gained through the skilled team of diabetes specialists; the nurses and the dietitian, has led to an improved quality of life for my son, enabling him to lead a full, energetic life and have improved long-term health. I would highly recommend this course to other families in a similar situation, as it

gives you the reassurance that Type 1 Diabetes can be managed. My son thankfully received his new insulin pump which he has adjusted to very well. I am glad to say that life for our family is back to normal, thanks to this programme!

'Turning the Curve' Autism project participant from the border region

Lynne aged 18 years, lives with both parents and one brother. She received a diagnosis of Asperger Syndrome at 14 years of age. On introduction to the 'Turning the Curve' project, Lynne did not communicate well, had little eye contact and reduced self-confidence. Initially Lynne and her 'Turning the Curve' Transition Support Worker agreed two hours of support weekly. Lynne fully engaged with the service and was identified as one of the young people who would receive intensive support for the life span of the project and a place on the transition training.

A suitable work placement was identified for Lynne in the area of art and

design. Lynne commenced her placement through a structured process and consistent support from her Transition Support Worker. Lynne also participated in summer activities delivered through the 'Turning the Curve' project and was able to further develop her skills in the areas of ICT and design. This course concluded with an art exhibition and her work was displayed giving an opportunity for her family to share in her achievement. Despite some personal difficulties, Lynne has to date actively participated in many programmes delivered by the project. She successfully achieved further qualifications and has developed confidence, self-esteem, and only occasionally experiences difficulty in relation to her Asperger Syndrome, which she can manage with minimal support from the health services. Currently Lynne is living a full and active life and her experiences demonstrate that with an individualised transition plan, effective support from highly skilled staff and family, barriers can be overcome to enable young people with Autism Spectrum Disorder to maximise their potential.

Client and Patient Experiences

Day Opportunities Service client from the Western Trust area

Mary felt her life was in a rut and was particularly keen to meet new people, socialise and find employment. However, she didn't know where to start. This is where the Day Opportunities service came in. As Mary has a visual impairment she was deemed eligible for this service. The Community Access Worker for the CAWT EU funded Day Opportunities service in that area, organised a work placement for 12 weeks, within a hospital setting for one morning per week. Her Community Access Worker helped Mary to find her feet in the work placement and put her at ease from the outset with her new colleagues. After organising special IT equipment to assist her with her work tasks due to her visual impairment, Mary settled into work and within a few weeks reported that she was feeling much more confident in herself and her abilities. After the 12 weeks was up, Mary increased her placement to 2 days per week – this allowed her to try out more duties and tasks.

Mary completed her health service placement and through her own efforts, was offered a one day per week work placement in her local primary school, and is now working there 2 days per week. She has also undertaken a course and is considering starting training as a classroom assistant. She is now involved with the Royal National Institute of Blind People (RNIB) and has participated in residential weekends – something she would never have considered before. According to Mary: "Without the support of the Day Opportunities service, I would not have had the confidence to approach the school, take up the course or go on residential weekends. I am now looking forward to the future with increased confidence and self-esteem, I will definitely stay in touch with the people I met through my health service work placement."

CAWT Older People's project - Be-friending scheme client (Inishowen, Co. Donegal)

Brigid is a 71 year old lady living alone in Inishowen and suffers from significant mental health issues. She had become socially

isolated and was confined almost completely to her home. Her day to day routine had broken down and she was struggling with daily living tasks such as shopping, attending mass and going for a cup of tea to the local cafe. Brigid has no family support, is a very private individual who has lived all her life in the community and didn't want a local person involved in the befriending role.

The Friendly Face Befriending Service was able to source a suitable person to befriend Brigid and arranged daily contact. In conjunction with the referral agent (the Social Worker from the Older People's Mental Health team) a plan was developed to assist Brigid to take on simple everyday tasks, such as daily mass, shopping in the local store and going to the local cafe. The outcomes of this intervention were numerous. Brigid has reconnected with the past and has re-engaged in activities that she had previously done independently. As a result of informal social networking, such as engaging with people in conversation outside mass, in the local shop and cafe, Brigid has re-connected with people in the community, and as a result is less socially isolated and less vulnerable.

Client and Patient Experiences

CAWT Alcohol project – Early Intervention support in the HSE Dublin North East area

Michelle, an 18 year old settled Traveller female based in Cavan who attended Youthreach, was homeless when referred to the CAWT Alcohol Early Intervention service. She had been put out of home due to her alcohol use and her suspected drug use and since then had moved around a lot between friends and other family members. The level of risk for this young lady was exacerbated as both parents are alcohol dependent with a long history of contact with HSE Child and Family Services.

The intervention support comprised an initial assessment of her condition and her alcohol use, which was in excess of 60 units per week. Based on this assessment, a referral was made, via her GP, to the Alcohol Liaison Service in Cavan General Hospital for a medically supervised seven day detox and referral into an alcohol treatment facility. A period of three weeks passed before she

was accepted for treatment into a women's only facility. During this time, weekly appointments provided education around drug and alcohol misuse, and the co-ordination of various services to provide support i.e. Traveller Primary Health Care Worker, Alcohol Liaison Service etc. In addition, Family Support enabled family members to better understand her needs and support her efforts at treatment. She continues to make progress.

CAWT Eating Disorders project – parent of a client in recovery

After I saw the advertisement for a new eating disorders support group in the local newspaper, I spoke with one of the eating disorder therapists, and looking back, that for me was the day that my daughter was saved. The eating disorder therapist gave me advice and information on how to approach my daughter in order to get her to re-engage with her GP and agree that she needed help. Before that I thought that I was doing the right thing, but realised that I hadn't been. Based on the advice I got, I approached the problem differently and it was then

that I really realised that it is truly a mental health illness. My daughter re-engaged with her GP and she is progressing really well - we have daily struggles and the pressure it has put on our relationship and on the whole family is horrendous. However, with the help and support of the eating disorder therapist and the support group, we are working our way through these problems. We have a better understanding of this illness and, as a family, feel we can now offer better support. We know that our daughter will get better and will overcome this terrible disorder. I can honestly say that if I hadn't seen the advertisement and hadn't rang the number, we would definitely be in a very bad place and our daughter would not be where she is now (getting ready to work this year and hopefully going to university the following year). Little did I or my family think six months ago that our daughter would be as well as she is now, thanks to the intervention of the CAWT eating disorders project.

Client and Patient Experiences

CAWT 'UP4IT!' **Childhood Obesity** **project: Letterkenny** **Youth & Family Support** **Service client**

The CAWT 'UP4IT!' Management Programme was recommended to Mary by her social worker as a programme that would benefit her son and them both as a family. The programme co-ordinator made contact with the family, and after a number of weeks of persuasion and encouragement, Mary and her son John attended the UP4IT! programme in Letterkenny.

On joining the programme in Spring 2012, 10 year old John weighed 16 stone. John is autistic and initially was not keen on physical activity or participating in group activities, preferring computer games at home. However, through one-to-one coaching and focusing on John's interests, he began to open up to the co-ordinator. For example, John loves dogs and wanted to have a pet. The co-ordinator challenged John that if he met his weekly goals, he would allow John to come with him when he walked his

dog. This motivated John who completed the Young Leaders part of the programme, which gave him confidence to interact more with the other participating children. He has also adopted a regular exercise routine, walking in the evenings with his mum, or his friend and sometimes taking the co-ordinator's dog with him.

In the cooking sessions, John's mum, with help from the UP4IT! team, has supported John in developing his skills in the kitchen. These sessions have changed the way they both eat. For example they both eat together now and John has cut out the blue fizzy drinks he loved so much, and also jelly now he knows it contains "32 cubes of sugar!"

His mum has admitted that "we spend much more time doing things together now as a family, because of what we have learned and experienced on the programme."

By the end of the 12 week programme, John's weight had reduced by two stone. Since returning to school after the summer, John's teacher has commented on a marked improvement in his behaviour in the classroom, with outbursts greatly reduced and also positive comments

received from other parents. John has also met his goal of taking part in a group activity in school by joining the football team, something he refused to do prior to the programme, preferring to be on his own at break times.

John continues to stay in touch with the co-ordinator and his dog. He is working at managing his weight on an on-going basis by maintaining a healthy eating plan and participating in school team sports.

Strategy Groups



At the CAWT Strategy Workshop in Donegal are (l to r): Sean Murphy, General Manager, Letterkenny General Hospital; Tom Daly, HSE/CAWT and Damien McCallion, Area Manager, HSE (Sligo/Leitrim/West Cavan).

The CAWT strategy groups continue to seek opportunities for strategic cross border collaboration across a range of service areas. During 2012, the strategy groups produced a three year action plan (2012-2015) which sets out priority areas for joint cross border working. The action plan was presented to the CAWT Management Board at a cross border strategic planning event held in Donegal in March. The groups have been collaborating across diverse areas. For example, the mental health strategy group hosted a workshop to share best practice on mental health recovery. The population health group convened a high level, north south meeting in Dublin between the Public Health Agency in Northern Ireland and senior representatives from the

HSE's Health Protection and Health Improvement department, to discuss collaboration in areas such as research and public information campaigns. The disability group is examining the scope for joint working in the area of management of complex behaviours. Members of the primary care

and older people's group are sharing best practice in relation to maximising independence for patients and clients (reablement) among many other issues. The children's services group is focusing on early intervention and support to vulnerable families. The acute group agreed that initiatives which enable the treatment of patients in their own homes to reduce hospital admissions should be explored. Also the use of technology should be reinforced under the reform and modernisation of acute services.

As we move into the next phase of EU funding, the strategy groups will be charged with planning and developing detailed funding proposals for consideration under the EU INTERREG V Programme.



Representatives from the CAWT Strategy Groups: Alvin Doherty, Project Officer, HSE West and Kathleen Doherty, Acting Learning Disability Manager and Autism Service Manager for Donegal.

Corporate Support Groups

■ Communications

The CAWT partnership is committed to communicating effectively with its stakeholders and funders and also to keeping staff within the CAWT partner organisations updated on cross border developments. Appropriate communications activities are undertaken by the CAWT Communications Manager with the support of the communications departments of the partner organisations which include the HSE Dublin North East and West regions, the Health and Social Care Board, the Public Health Agency and the Southern and Western Health and Social Care Trusts. We endeavour to ensure that our communications activities are appropriate, prompt and utilise as many communication channels as possible.

In terms of internal communications, the CAWT Communications Manager relies on the partner organisations to profile cross border activity using their own internal communications mechanisms, including annual reports, staff newsletters, intranets and websites.

Building relationships with the media, key stakeholders

and funders, EU networks and other relevant agencies continues to be an important activity and CAWT has been proactive in offering and responding to opportunities to profile cross border work. The CAWT Communications Group members issue regular communications to external stakeholders on general and specific developments within cross border health and social care. Key project milestones are communicated to both local and national media, in order to keep local communities and the general public informed on service developments and how to access them.

A priority has been to ensure that the publicity and information regulations associated with managing European Union INTERREG IVA funded projects are implemented. This means that the CAWT partners are committed to playing their part in ensuring that the support and value added provided by the European Union's assistance is communicated as effectively and widely as possible. The CAWT Communications Manager reports on a quarterly basis to the Special EU Programmes Body on communication activities for the 'Putting Patients, Clients and Families First' 12-project programme.

During the year, over 50 news releases for CAWT project activity were issued to the media and other stakeholders and four issues of the CAWT in Action newsletter were distributed to both internal staff and external stakeholders. The media were also facilitated in developing news stories based on users' experiences of cross border services. The www.cawt.com website is kept up-to-date in relation to news, events and publications associated with CAWT's activities. Also responses to relevant public consultations have been co-ordinated by the CAWT Communications Manager. Additionally, there has been an extensive programme of engagement with local councils, North South Ministerial Council Health Sector grouping and other stakeholders, mainly through presentations undertaken by members of the CAWT Development Centre and Management Board.

Looking ahead the plan is to continue to support CAWT's cross border services and projects in implementing their communication action plans and to ensure that service and project milestones are communicated effectively.

Corporate Support Groups

■ Finance Forum

The CAWT Finance Forum is responsible for arranging suitable financial management support to CAWT cross border projects so that the relevant financial information can be made available to the CAWT finance team. This information forms the basis of the budget reports presented to the EU INTERREG IVA Project Boards and the expenditure claims sent to the European Unit of the DHSSPS and Special European Union Programmes Body (SEUPB) for verification and subsequent reimbursement. It also enables the monitoring returns to be completed and submitted to the DHSSPS and SEUPB on a quarterly basis.

All expenditure on projects is processed through the financial systems of one or more of the CAWT partner organisations. Finance staff within the HSE, the Health and Social Care Board, the Southern Trust and the Western Trust provide a comprehensive financial support service to CAWT and the cross border projects delivered.

The Finance Forum meets with the CAWT Development Centre finance team three times per year to review the financial monitoring reports

for each project, assess budgetary performance and discuss other relevant financial matters and arrangements.

■ Human Resources

The CAWT HR Strategy Group comprises Directors of HR in Northern Ireland and Assistant National Directors of HR in the Republic of Ireland from the CAWT partner organisations. CAWT's HR Manager works with group members to address recruitment and employment issues relating to cross border working. During 2012 the HR Strategy Group continued to provide leadership and guidance to enable the EU INTERREG IVA programme of work to progress. The group also endorsed and provided

strategic direction to the 3 HR-related projects which are the 'Connect' cross border Coaching and Mentoring network, Social Work Leadership and Moving and Handling Awareness Training.

CAWT's HR Manager continues to provide project staff and project boards with on-going advice and support in the areas of cross border recruitment and selection, induction, absence management, employee relations issues and training.

Recruitment

The Recruitment Sub Group, which comprises Recruitment Managers from the CAWT partner organisations, has worked closely with CAWT's HR Manager to provide support from their respective teams



Pictured at a CAWT event are (l to r): Paula Clarke, Director of Performance and Reform, Southern Trust; Heather Trouton, Assistant Director of Acute Services for Surgery and Elective Care, Southern Trust and Denise Harkin, Finance Manager, Letterkenny General Hospital.



Camille McDermott, Consultant at Moore Stephens and Martina Ralph, Transformation Development Officer at the HSE Dublin North East pictured at a CAWT event.

to ensure that staff are in place to facilitate the implementation of projects.

By the end of the year, there were 295 staff employed to the EU INTERREG IVA programme. The majority of these staff hold contracts of employment with one of the CAWT partner organisations and the remainder are employed by community/voluntary organisations which are partners in projects with a community focus.

Due to the nature of project-based work a majority of project staff were employed on a temporary basis. A key focus for the Recruitment sub group in 2012, was to ensure that the required governance and monitoring arrangements were in place to manage processes relating to the renewal or termination of contracts as projects were extended or completed. The group will continue to support the EU INTERREG IVA programme into 2014.

Cross Border Networks

CAWT has successfully developed a range of cross border HR networks, particularly in the areas of recruitment, management development and at a senior strategic level. It is intended that these networks will be maintained and further developed to enable the sharing of resources and best practice among partner organisations.

ICT

ICT staff from the HSE, the Southern and Western Health and Social Care Trusts and the Business Service Organisation continue to support staff employed in their organisations who are working on CAWT cross border projects, by ensuring that their ICT requirements are delivered upon.

Procurement

Procurement specialists within the Republic's HSE and the Business Services Organisation in Northern Ireland continue to facilitate cross border work by providing their expertise and guidance.

Corporate Support Groups

■ CAWT Development Centre

The CAWT Development Centre team continue to provide specialist support in the areas of communications and publicity, finance, HR, ICT and project management. The team has built up significant expertise in developing and managing cross border health and social care activity, and ensure that EU funded and other cross border projects are administered in accordance with the standards set out by the EU, CAWT partner organisations and the Departments of Health in both jurisdictions.

■ The CAWT Management Board

The CAWT Management Board provides overall guidance to the Secretariat, the Development Centre,

and ultimately the individual cross border projects. The Management Board is responsible for strategic direction and also monitors and evaluates progress. The Management Board met three times during 2012.

■ The CAWT Secretariat

The CAWT Secretariat members enable the implementation of the decisions of the Management Board.

Senior management representatives, who comprise the Secretariat, regularly meet to review progress and to resolve issues and challenges in developing and implementing cross border co-operation. The Secretariat members met four times during 2012 and also participated in other meetings and teleconferences linked to CAWT's cross border activity.



At the CAWT Strategy Workshop in Donegal are (l to r): Tom Daly, HSE/CAWT; Alastair MacInnes, European Unit, DHSSPS; Mairead McAlinden, Chief Executive, Southern Trust and Dean Sullivan, Director of Commissioning, Health and Social Care Board.

Financial Overview

CAWT has been nominated as the 'Delivery Agent' by the Department of Health, Social Services and Public Safety (DHSSPS) in conjunction with the Department of Health to implement the 'Putting Patients, Clients and Families First' 12-project programme. This project is supported under the Cross Border Programme for Territorial Co-operation 2007-2013, and is referred to as the INTERREG IVA Programme. DHSSPS is the 'Lead Partner,' the Department of Health is the 'Project Partner' and the Special EU Programmes Body (SEUPB) is the 'Managing and Certifying Authority.'

£24m sterling / €30m euros of EU INTERREG IVA funding has been provided for the implementation of 12 projects within the overall 'Putting Patients, Clients and Families First' programme. The amount allocated to each project can be viewed in Table 1.

These cross border projects are supported by the CAWT partner organisations, who provide the management expertise and functional support for the implementation of this diverse range of innovative service delivery projects.

Table 1

Project	Budget (£)	Budget (€)
<i>Time IVA Change</i> Border Region Alcohol Project	1,632,341	2,040,426
Acute Hospitals Project	5,961,118	7,451,398
Eating Disorders	2,582,540	3,228,175
<i>Turning the Curve</i> Autism Project	1,332,555	1,665,694
Children's Outcomes	670,794	838,493
Citizenship for People with Disabilities	2,172,301	2,715,376
Diabetes	2,313,575	2,891,969
Cross Border Workforce Mobility	816,666	1,020,833
Obesity	971,853	1,214,816
Older People	1,899,454	2,374,316
Sexual Health Services	1,742,141	2,177,676
Social Inclusion and Health Inequalities	1,904,662	2,380,828
Total	£24,000,000	€ 30,000,000

Role of the CAWT Finance Team

The CAWT Finance team act as the link between the

finance functions of the host organisations, Project Managers and Boards, DHSSPS and the SEUPB. The team's role is to

Financial Overview

support the implementation, performance and monitoring of all funded projects. This includes assisting with initial costings, review and profiling of budgets with Project Managers, assisting finance personnel within host organisations and Project Managers with compiling claims and associated backup, budgetary reporting to Project Boards and the Finance Forum, monitoring budgetary performance, reporting on a regular basis to partners/funders and facilitating vouching and verification visits by DHSSPS and SEUPB as well as dealing with ad hoc queries from a range of stakeholders.

■ Project Expenditure

Total project expenditure claimed up to 31 December 2012 is summarised in Table 2. Total spend to date is in line with expenditure targets that were agreed with funders on an annual basis since 2010. Project spend target for 2013 is agreed at £5.5m to be incurred and claimed by 31 October 2013.

■ Audit Arrangements

As the 'Lead Partner' for EU INTERREG IVA funded projects being delivered by CAWT, primary accountability resides with the Department of

Table 2

Project	Total Project Budget (£)	Expenditure (£) Claimed up to 31/12/12
<i>Time IVA Change</i> Border Region Alcohol Project	1,632,341	1,260,574
Acute Hospitals Project	5,961,118	3,815,722
Eating Disorders	2,582,540	857,412
<i>Turning the Curve</i> Autism Project	1,332,555	860,634
Children's Outcomes	670,794	549,939
Citizenship for People with Disabilities	2,172,301	1,384,220
Diabetes	2,313,575	1,183,737
Cross Border Workforce Mobility	816,666	496,616
Obesity	971,853	699,063
Older People	1,899,454	551,057
Sexual Health Services	1,742,141	1,033,004
Social Inclusion and Health Inequalities	1,904,662	1,195,117
Total	£24,000,000	£13,887,095

Health, Social Services and Public Safety (DHSSPS) in Northern Ireland. Accountability and assurance activity by the DHSSPS includes 100%

vouching visits, along with dedicated resources assigned to reviewing these projects. These vouching visits provide assurance as to the appropriateness,

Financial Overview

accuracy, and completeness of financial claims. In addition to this SEUPB, who have both the managing and the certifying authority role for the EU INTERREG IVA projects, undertake to verify up to 10% of these claims, independent of DHSSPS vouching audits.

■ CAWT Development Centre

When first established, the CAWT Development Centre was funded jointly with development funding provided by the Department of Health (Republic of Ireland) and the Department of Health, Social Services and Public Safety (Northern Ireland). Both Departments have allocated the CAWT Development Centre funding directly to their respective Health Agencies. The HSE (Republic of Ireland) and Health and Social Care Board (Northern Ireland) are the Health Agencies which currently route this funding to CAWT. Equal contributions are made by both organisations on an annual basis. The Health and Social Care Board (NI) is the CAWT partner organisation that currently facilitates administration of payroll and non-pay services for the CAWT Development Centre.

Table 3 contains an analysis of CAWT Development Centre expenditure up to 31 March 2012.

Table 3

Year Ending 31 March 2012	
	£ sterling
Capital costs	
Plant and equipment	2,693
	£2,693
Staff costs	
Senior Management	382,982
Functional support and administration	113,318
	£496,300
Running costs	
General Administration	16,168
Travel and subsistence	30,030
Training and development	11,437
Printing and stationery	8,616
Conferences	17,675
(Organised by the CAWT Development Centre)	
Rent and rates	1,923
Management Board meetings	2,912
Marketing and publicity	246
	£89,007
TOTAL	£588,000
I confirm that the above financial information provided is accurate.	
 Bernie McCrory Chief Officer, CAWT	
 Tom Daly Director General, CAWT	
31 December 2012	

Representation on CAWT Structures

CAWT Management Board

Dean Sullivan	Director of Commissioning	HSCB
Stephen Mulvany	Regional Director of Operations	HSE Dublin North East
Tom Daly	Corporate Management and Director General of CAWT	HSE West
John Hennessy	Regional Director of Operations	HSE West
Dr Eddie Rooney	Chief Executive	PHA
Mairead McAlinden	Chief Executive	SHSCT
Elaine Way	Chief Executive (Represented by Joe Lusby, Deputy Chief Executive)	WHSCT

CAWT Secretariat

Martina Ralph	Transformation Development Officer	HSE Dublin North East
Paula Keon	Corporate Services Department	HSE West
Brendan Bonner	Head of Health and Social Well-being Improvement Team	PHA
Paula Clarke	Director of Performance and Reform	SHSCT
Paul Quigley	Assistant Director of Finance	WHSCT

CAWT Development Centre

Sadie Bergin	Communications and Corporate Governance Manager	HSCB
Rachel Boyd	Personal Assistant	HSCB
Michelle Clarke	Programme Assistant	WHSCT
Pauline Dunlop	Human Resource and Workforce Mobility Manager	HSCB
Terence Gray	Finance Assistant	HSCB
Fiona Lafferty	Office Manager	HSCB
Cathy Lynch	Finance Assistant	HSCB
Bernie McCrory	Chief Officer	HSCB

Representation on CAWT Structures

Joanne McDermott	Personal Secretary	HSCB
Brigid McGinty	Programme Manager	HSCB
Carmel McPeake	Finance Manager	HSCB
Edel O'Doherty	Deputy Chief Officer	HSCB

CAWT Strategy Group Members

Pat Brolly	Business Manager for Family Practitioner Services	HSCB
Paul Cavanagh	Assistant Director of Commissioning	HSCB
Dr Diane Corrigan	Consultant in Public Health Medicine	HSCB
Paul Dolan	Commissioning Manager	HSCB
Gerry Maguire	Social Care Commissioning Lead - Older People and Adults	HSCB
Tony Rodgers	Assistant Director of Social Care	HSCB
Margaret Brennan	Specialist in Mental Health Services	HSE Dublin North East
Dr Nazih Eldin	Head of Health Promotion	HSE Dublin North East
Dr Alan Finan	Consultant Paediatrician, Cavan General Hospital	HSE Dublin North East
Cathal Hand	Service Development Manager	HSE Dublin North East
Leo Kinsella	Integrated Services Area Manager	HSE Dublin North East
Margaret Swords	Group General Manager, Louth/Meath Hospital Group	HSE Dublin North East
Kathleen Doherty	Learning Disability Service Manager	HSE West
Kieran Doherty	General Manager – Donegal Primary Community and Continuing Care	HSE West
Janet Gaynor	Assistant Health Promotion Manager	HSE West
John Hayes	Local Health Manager, Donegal	HSE West
John Meehan	Mental Health Specialist	HSE West
Dr Owen Mulligan	Clinical Director	HSE West
Sean Murphy	General Manager, Letterkenny General Hospital	HSE West
Dr Aidan Ryan	Specialist in Public Health Medicine	HSE West

Representation on CAWT Structures

Dr Peter Wright	Director of Public Health	HSE West
Dr Stephen Bergin	Consultant in Public Health Medicine	PHA
Dr Brid Farrell	Consultant in Public Health Medicine	PHA
Maurice Meehan	Health and Social Well-being Improvement Manager	PHA
Siobhan Sweeney	Health Improvement Manager	PHA
Micéal Crilly	Assistant Director of Physical and Sensory Disability	SHSCT
Bryce McMurray	Assistant Director of Mental Health and Disability	SHSCT
Angela McVeigh	Acting Director of Older People and Primary Care	SHSCT
Paul Morgan	Director of Children Services	SHSCT
Dr Gillian Rankin	Director of Acute Services	SHSCT
Kieran Downey	Executive Director of Social Work / Director of Women and Children's Services	WHSCT
Garry Hyde	Assistant Director of Physical and Sensory Disability	WHSCT
Bernard McAnaney	Assistant Director of Adult Mental Health	WHSCT
Geraldine McKay	Assistant Director of Surgery	WHSCT
Trevor Millar	Director of Adult Mental Health and Disability Service	WHSCT
Dr Maura O'Neill	Head of Health Improvement	WHSCT
Vincent Ryan	Assistant Director of Primary and Community Care	WHSCT
Linda Saunderson	CAWT Acute Project Manager	WHSCT

CAWT Project Managers - European Union INTERREG IVA Projects

Claire McGinley	'UP4IT!' Childhood Obesity	HSCB
Anne Gill	Older People	HSE West
Mary Haughey	Outcomes for Children	SHSCT
Emma Meneely	Diabetes	SHSCT
Kathleen Donnelly	Eating Disorders / Citizenship for People with Disabilities	WHSCT

Representation on CAWT Structures

Marian Martin	Sexual Health Services / GUM clinics	WHSCT
Louise Potts	Autism – ‘Turning the Curve’	WHSCT
Marianne Walsh	Cross Border Mobility	WHSCT
Linda Saunderson	Acute Hospital Services	WHSCT
Karen Meehan	Social Inclusion	WHSCT
Caitriona Mullan	Alcohol - ‘Time IVA Change’	WHSCT
Wesley Henderson	Recruit and Retain (Northern Periphery Programme)	WHSCT

Nominated EU INTERREG IVA Project Board Representatives from the CAWT Partner Organisations

Alcohol: Time IVA Change Border Region Alcohol Project

Eamon O’Kane	Director	Derry Healthy Cities
Ger McCormack	Administrator, Louth/Meath Mental Health Services	HSE Dublin North East
Patricia Garland	Manager - Addiction Services, Sligo/Leitrim	HSE West
Moira Mills	Manager - Addiction Services, Donegal	HSE West
Cathy Mullan	Regional Lead, Drugs and Alcohol	PHA
Kevin Morton	Addiction Network Co-ordinator	SHSCT
Yvonne McWhirter	Head of Primary Care and Specialist Services	WHSC

Acute Hospital Services

Bridget Clarke	General Manager, Cavan Monaghan Hospital Group	HSE Dublin North East
Sean Murphy	General Manager, Letterkenny General Hospital	HSE West
Paula Keon	Corporate Services Department	HSE West
Jo Shortt	Senior Project Officer, Sligo General Hospital	HSE West
Martina Corrigan	Head of ENT and Urology, Craigavon Area Hospital	SHSCT
Heather Trouton	Assistant Director of Acute Services and Elective Care	SHSCT
Geraldine McKay	Assistant Director for Surgery and Anaesthetics	WHSC

Autism: Turning the Curve

Kieran McShane	Principal Social Worker	HSCB
Bernie Donaghy	Service Manager, Child Development	HSE Dublin North East

Nominated EU INTERREG IVA Project Board Representatives from the CAWT Partner Organisations

Eugene McElroy	Business Services Manager, Donegal Disabilities and Mental Health Services	HSE West
Mary Durcan	Autism Service Manager	HSE West
Teresa Dykes	Acting Service Manager	HSE West
Geraldine Maguire	Assistant Director - Specialist Child Health and Disability	SHSCT
Lesley Waugh	Co-ordinator for Autism Services	SHSCT
Peadar White	Head of Child Adolescent Mental Health and Autism Services	SHSCT
Kieran Downey	Executive Director of Social Work / Director of Women and Children's Services	WHSCT

Citizenship for People With Disabilities

Jackie Barron	Acting Area Manager - Louth Disability Services	HSE Dublin North East
Arlette Howell	Development Manager - Training and Occupational Support Services	HSE Dublin North East
Denise Curran	Physical and Sensory Disability Manager, Donegal	HSE West
Annemarie Ward	Training and Occupational Support Services Manager	HSE West
Micéal Crilly	Assistant Director of Disability Services	SHSCT
Brian McGarvey	Head of Service and Strategic Lead for Adult Learning Disability Services	WHSCT
Martin Quinn	Head of Service for Adult Physical Disability, Sensory and Adult ASD Services	WHSCT

Diabetes: Pre-Pregnancy Care for Women with Diabetes and Structured Patient Education for Children and Adolescents (CHOICE)

Prof. David McCance	Consultant Physician and Honorary Professor of Endocrinology	BHSCT
Anna Clarke	Research and Health Promotion Manager	Diabetes Federation of Ireland
Iain Foster	Northern Ireland Director	Diabetes UK
Dr Mensud Hatunic	Consultant Endocrinologist	HSE Dublin North East
Sally Ann McLaughlin	Senior Community Dietician	HSE Dublin North East
Pauline O'Hanlon	Diabetes Nurse Specialist	HSE Dublin North East

Nominated EU INTERREG IVA Project Board Representatives from the CAWT Partner Organisations

Michelle Waldron	Project Manager, Nursing Midwifery Planning and Development (NMPD) Units	BHSCT
Dr Fionnuala Cooney	Specialist in Public Health Medicine	Diabetes Federation of Ireland
Patricia Crocock	Diabetic Nurse Specialist	Diabetes UK
Dr Sami Elkashif	Consultation Paediatrician	HSE Dublin North East
Lesley Hamilton	Diabetes Network Manager	HSE Dublin North East
Dr Amjed Khamis	Consultant Physician	HSE Dublin North East
Sinead Molloy	Paediatric Diabetic Nurse Specialist	HSE Dublin North East
Dr Adele Kennedy	Consultant Diabetologist	NHSCT
Dr Mark Rollins	Consultant Paediatrician	NHSCT
Dr Brid Farrell	Consultant in Public Health Medicine	PHA
Adele Graham	Health Intelligence	PHA
Chris Patterson	Reader in Medical Statistics	Queens University Belfast
Dr Roy Harper	Consultant Physician and Endocrinologist	SEHSCT
Dr Colin Gaston	Consultant Paediatrician	SEHSCT
Lorraine Rooney	Paediatric Diabetes Specialist Nurse	SEHSCT
Dr Chris Corkey	Consultant Paediatrician	SHSCT
Dr Mae McConnell	Consultant Physician	SHSCT
David Chaney	Lecturer in Nursing	University of Ulster
Kate McDaid	Assistant Director of Health Care	WHSCT
Dr Bernie Trainor	Consultant Paediatrician	WHSCT

Eating Disorders

Jacinta Hastings	Chief Executive Officer	Bodywhys
Margaret Caulfield	Administrator, Mental Health Services Cavan/ Monaghan & Senior Administrative Officer Cavan/ Monaghan Integrated Services area	HSE Dublin North East
John Meehan	Mental Health Specialist	HSE West
Dr Stephen Bergin	Consultant in Public Health Medicine	PHA
Bryce McMurray	Assistant Director for Learning Disability and Mental Health	SHSCT

Nominated EU INTERREG IVA Project Board Representatives from the CAWT Partner Organisations

Heather Mills	Consultant Psychiatrist in Psychotherapy	SHSCT
Yvonne McWhirter	Head of Primary Care and Specialist Services	WHSCT

Cross Border Workforce Mobility: Coaching and Mentoring

Eilish McKeown	Change Manager	HSE Dublin North East
Siobhan Patten	Area Performance and Development Manager	HSE West
Anne Forsythe	Learning and Development Manager	SHSCT
Ursula Doherty	Management Development Manager	WHSCT

Cross Border Workforce Mobility: Moving and Handling Passport

Marie Nolan-Steen	Health and Safety Co-ordinator	HSE Dublin North East
Michelle McNeill	Manual Handling Advisor	HSE West
Heather McLaughlin	Back Care Advisor	NHSCT
Ray King	Head of Health and Safety	SHSCT
Therese Brown	Head of Clinical Quality and Safety	WHSCT

Cross Border Workforce Mobility: Social Work Education

Aoife Sweeney	Information/Research and Policy Officer	CORU - Health and Social Care Professionals Council
Paul Fitzgibbon	Regional Coordinator - Workforce Development, Children and Family Services	HSE Dublin North East
Maria MacInnes	Child Care Manager	HSE West
Brendan Johnston	Chief Executive	NISCC
Eilis Walsh	Director	Social Work Registration Board
David Douglas	Assistant Director of Family Support and Safeguarding	SHSCT
Deirdre Mahon	Assistant Director, Family and Childcare	WHSCT

Obesity: UP4IT!

Joanne Morgan	Director	CDHN
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Nominated EU INTERREG IVA Project Board Representatives from the CAWT Partner Organisations

Dr Nazih Eldin	Head of Health Promotion	HSE Dublin North East
Emma Ball	Community Dietitian Manager	HSE West
Angela McComb	Regional Nutrition Lead	PHA
Lynne Smart	Acting Head of Health Improvement	SHSCT
Dr Maura O'Neill	Head of Health Improvement	WHSCT

Older People

Paul Dolan	Commissioning Manager	HSCB
Gerry Maguire	Social Care Commissioning Lead - Older People and Adults	HSCB
Rose Mooney	Assistant Director of Nursing	HSE Dublin North East
Maura Ward	Area Co-ordinator	HSE Dublin North East
Gwen Mooney	Acting Service Manager for Older Persons Services	HSE West
Mary Gallagher	Director of Nursing	HSE West
Siobhan McEniff	Director of Nursing	HSE West
Melanie McClements	Assistant Director of Older People	SHSCT
Gerard Rocks	Assistant Director of Promoting Well-being	SHSCT
Joe Travers	Head of Secondary Care - Southern Sector	WHSCT
Janice Vance	Locality Service Manager	WHSCT

Outcomes for Children

Gerry Conway	Commissioning Lead – Children and Families	HSCB
Tommy Doherty	Children's Service Planner Information Manager	HSCB
Valerie Maxwell	Children's Services Planning Information Manager	HSCB
Rose McCaffrey	Governance and Quality Improvement Officer	HSE Dublin North East
Finbar Marsden	Section Officer	HSE Dublin North East
Dr Aisling Gillen	National Specialist Family Support	HSE West
Colin Harrison	Child Care Manager	HSE West

Nominated EU INTERREG IVA Project Board Representatives from the CAWT Partner Organisations

Sheila Moore	Regional Child Care Information Management Officer	HSE West
Dr Brid Farrell	Consultant in Public Health Medicine	PHA
Colm McCafferty	Head of Family Support	SHSCT
Mary McIntosh	Assistant Director Social Work and Social Care Governance	SHSCT
Tom Cassidy	Assistant Director for Family Support	WHSC

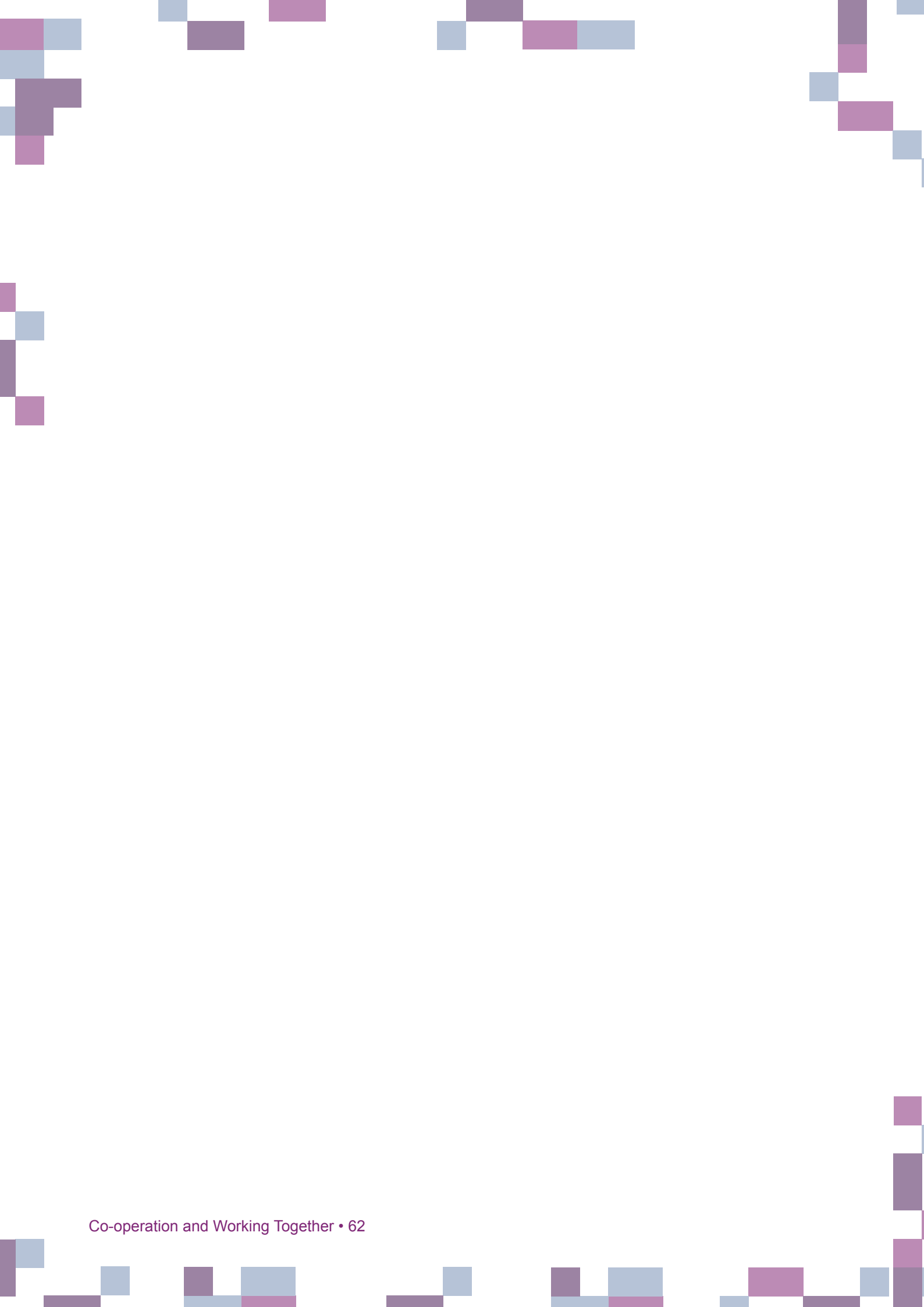
Sexual Health Services/GUM

Dr Say Quah	Consultant Physician in Genitourinary Medicine	BHSCT
Bridget Clarke	General Manager, Cavan Monaghan Hospital Group	HSE Dublin North East
Dr Nazih Eldin	Head of Health Promotion	HSE Dublin North East
Prof. Sam McConkey	Head of International Health and Tropical Medicine	HSE Dublin North East
Kieran Doherty	General Manager	HSE West
Dr Bernadette Cullen	Consultant in Public Health Medicine	PHA
Dr Neil Irvine	Consultant in Health Protection	PHA
Anne McVey	Assistant Director of Health Care	SHSCT
Kate McDaid	Assistant Director of Health Care	WHSC

Social Inclusion and Health Inequalities

Susan Gibson	Manager	Derry Well Woman
Martin O'Neill	Senior Community Development Co-ordinator	HSCB
Rosaline Keenan	Service Support Officer - Integrated Services	HSE Dublin North East
Maire O'Leary	Social Inclusion Manager	HSE West
Breda McKenna	Manager	Monaghan County Childcare Committee
Cathy Mullan	Health and Social Well-being Improvement Manager	PHA
Carolyn Agnew	Head of User Involvement	SHSCT
Melanie McClements	Assistant Director of Older People	SHSCT
Paula Cunningham	Head of Service Planning	WHSC







cooperation and working together
for health gain and social well being in border areas

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An Rionn Sláinte
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