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# CAWT in ACTION

The CAWT Cross Border Health and Social Care Newsletter

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## EU INTERREG VA Project Progress

All four of the CAWT Partnership's cross border health and social care projects: Acute Hospital Services; Population Health (CoH-Sync); Children's Services (MACE) and Mental Health (Innovation Recovery) are making significant progress. The Scottish led mPower project is also well underway. A key aspect for all projects is securing the staff and approximately 87% of project posts have been advertised with recruitment either complete or in progression.

Both the CoH-Sync and Acute Hospital Services projects had a target set by the Special EU Programmes Body (SEUPB) to secure 2,500 unique participant / patient beneficiaries by December 2018. This has been achieved by both projects and is a testament to the hard work and determination of the CoH-Sync and Acute Hospital Services Project Boards and Project staff in ensuring the projects delivered upon their output targets. SEUPB has acknowledged this significant achievement by both projects who have overcome a range of challenges and issues common to breaking new ground. Both projects are well placed to build upon this achievement and ensure that as many people as possible benefit from the services provided in the border region and across the EU INTERREG VA eligible area.



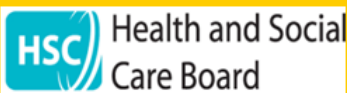
Pictured at a recent meeting to discuss cross border health and social care are (l to r): Paul Quigley, WHSCT; Edel O'Doherty, CAWT; Bernie McCrory, CAWT; Lord Malcolm Bruce, Northern Ireland spokesperson in the House of Lords and Colm Cavanagh, Alliance Party.



Pictured at the recent EU INTERREG VA workshop in Glasgow (l to r): Donna Henderson, NHS National Services Scotland; Morag Barrow, NHS National Services Scotland; Bernie McCrory, CAWT; Caroline Coleman, INTERREG National Contact Point for Scotland and Dr Margaret Whoriskey, Head of Technology Enabled Care and Digital Healthcare Innovation, Scottish Government.

The three other projects: Innovation Recovery, MACE and the Scottish-led mPower project are also being rolled out, and, as their staffing numbers increase to the levels planned, will be able to substantially increase the number of people benefitting from their services.

As part of CAWT's communications strategy, the partnership continues to meet with and update a variety of stakeholders, including political & council representatives to brief them on EU funded project progress, other cross border and north south activities. For example in November, CAWT participated in the Irish Central Border Area Network's conference on 'The Future of Cross-Border Co-operation' in Cavan. Also in November, CAWT presented at the Scottish Government / Scottish Enterprise workshop on EU INTERREG VA Health projects in Glasgow. CAWT also met with Lord Malcolm Bruce, Northern Ireland spokesperson in the House of Lords, to appraise him of cross border health and social care progress and the work of the CAWT Partnership.



Projects supported by the European Union's INTERREG VA Programme, managed by the Special EU Programmes Body



An Roinn Sláinte  
Mánsúiríe O Poustie



The CoH-Sync Project is making excellent progress with all eight health and well-being Hubs operational and providing support to individuals to improve their health and well-being in areas such as physical activity, mental health, nutrition, smoking and alcohol consumption. To date in excess of 2,500 people have availed of the CoH-Sync service via a trained Health Facilitator who is providing them with one-to-one support in the development of a Personal Health and Well-being Plan and assisting them to reach the goals set.

Reaching the target of supporting 2,500 people was an important milestone for the project. The CoH-Sync Project Board and Staff team would like to pay tribute to all the Hub staff for their perseverance and support in ensuring this target was achieved.

To create awareness of their presence and to encourage people within the community to avail of the CoH-Sync services, Hub providers have been planning local launch events. To date two such launches have been completed. Donegal Local Development Company (DLDC) launched their Hub services for the Letterkenny / North Donegal area and also for the Ballyshannon / South Donegal area at an event in Letterkenny in November. Similarly in January, Bogside and Brandywell Health Forum held a launch event in Strabane for their Hub in the Derry City and Strabane District Council area. Both cross border events had attendance from other Hub areas and provided a platform for the Hub providers to publicise their services and assist with client recruitment.

After a competitive procurement exercise, North West Regional College has recently been appointed to deliver accredited training to all Hub Health Facilitators. This training will help give participants the knowledge, skills and confidence to carry out the Community Health Facilitator role and will be rolled out during 2019.

The CAWT CoH-Sync project team continue to support the Hubs to achieve their targets and are currently focused on a number of priority areas including:

- Providing quality publicity material such as leaflets, posters and banner stands to support the marketing of Hub services to local communities;
- Reviewing and refining the personal Health and Well-being plan based on experiences and feedback to date.
- Carrying out a review of the core data measures collected as part of the project in order to maximise the quality of future reporting;
- Development of an online IT solution to support the activities of the Hub network by enabling the effective data collection, management and reporting system for the project. It is planned that the project will issue a tender for this IT solution in coming weeks.

All eight Hubs will continue to focus on securing clients and supporting them to make sustainable improvement to their health and well-being.



Pictured at the DLDC local launch in Letterkenny (l to r): Brid Kennedy, Programme Manager, HSE; Padraic Fingleton, Donegal Local Development Company; Louise Brogan, Donegal Local Development Company; Patrick Murray, HSE, Head of HR, CHO1 area-HSE; Lorraine McGowan, Donegal Local Development Company and Brigid McGinty, Project Manager, CAWT.



Attendees at the Bogside and Brandywell local launch in Strabane (l to r): Sam Duncan, Waterside Neighbourhood Partnership; Aoife Balfour, CoH-Sync Project Team; Brigid McGinty, CoH-Sync Project Team; Aileen McGuinness, Bogside & Brandywell Health Forum; Anne Ferguson, Strabane Health Improvement Project; Jayne Lecky, Derg Valley Health Living Centre and Lorraine Kivelehan, Bogside & Brandywell Health Forum. Seated (l to r) Dr. Maura O'Neill, Western Health and Social Care Trust and Emmett Lynch, CoH-Sync Project Team.

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**[Hub locations and contacts](#)**



The Acute Hospital project is making great progress across a range of scheduled and unscheduled care initiatives. Indeed the project reached an important target of treating a minimum of 2,500 patients by December 2018. The Project Board and staff team would like to pay tribute to all those involved in implementing the various services for their support and commitment.

Work to support the flow of patients within the A&E / ED departments is now complete in both Sligo and Letterkenny University Hospitals with the opening of Discharge Lounges to accommodate the speedy discharge of patients, thus allowing an increased number of patients waiting for a bed to be transferred to a ward. The support for this initiative is available to all partners and it is planned that support will be given to the Western Health and Social Care Trust during 2019.

A new Community based Cardiac Diagnostic Service has been established as part of the reform and modernisation of pre-hospital care within the Acute EU INTERREG VA funded project. The project funds staff to provide this community service to patients in various local towns and villages throughout counties Sligo, Leitrim and Donegal to date. This initiative will enable patients currently on a waiting list for cardiac diagnostic services, to receive this service in their local community without the requirement to present to an Acute Hospital. The service commenced on 28 November 2018.

The seven Community Paramedics in the four pilot sites continue to see and treat patients. At 31 January 2019 the Community Paramedics have seen, assessed and treated 2,404 patients and no adverse incidents have been recorded. The project is enabling Community Paramedics to provide safe and effective care to patients in their own homes and communities in conjunction with existing service providers. To date only 11.2% patients have been referred / transported to hospital Emergency Departments and of this cohort of patients only 2.28% required admission to hospital. The four pilot localities are Buncrana, Co. Donegal and Clones, Co. Monaghan, Castledearg and Fintona, Co. Tyrone in Northern Ireland and the Argyle and Bute region in South West Scotland.

Within the Dermatology strand of the project, patients are receiving a service in the Western Trust, Belfast Trust, Northern Trust and West Coast of Scotland. In addition, Letterkenny University Hospital will be providing on site a new phototherapy service from 25 February 2019 for patients within this geographical area. Additional Vascular

services are now being provided by the project in both the Western Health and Social Care Trust & Letterkenny University Hospital areas. This involves not only the health care professionals crossing the border to attend outpatient / review clinics, but patients are also crossing the border to receive their surgical interventions in a different jurisdiction.

In November the project held a 2-day cross border Quality Improvement workshop in Monaghan. The workshop took place in the context of a growing collaboration between the Northern Ireland Safety Forum and HSE in the support of quality improvement work across the island. In addition to sharing learning in the management and delivery of quality improvement initiatives, the event also included a practical workshop to translate the learnings into action. A total of 45 participants attended representing a range of staff groups from both regions.



Pictured are those involved in establishing the Community based Cardiac Diagnostic Service (l to r): Bridget Clarke, CAWT Acute Project; Paula Murray, Senior Cardiac Physiologist; Sligo University Hospital; Imelda Sheerin, Admin, Sligo University Hospital; Anthony Ryan, Chief 2 Cardiac Physiologist, Sligo University Hospital; Louise Potts, CAWT Acute Project; Orlagh Harrington, Senior Cardiac Physiologist, Sligo University Hospital; Siobhan McEniff, Clinical Project Officer, Sligo University Hospital and Grainne McCann, General Manager in Sligo University Hospital.



Pictured at the Quality Improvement workshop are (front row / l to r): Dr Catherine McDonnell, Western Trust, Dr Anne Kilgallen, Western Trust; Dr Philip Crowley, HSE and Mandy Gormley, Western Trust. Back row (l to r): Lorraine Murphy, HSE; Marie Ward, Children's Hospital Group, HSE; Louise Potts, CAWT Acute Project Manager; Ciara Hughes, HSE and Lisa Toland, HSE.

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Whilst it has taken longer than planned to commence the project in all areas due to the length of time in recruiting the staff required, the project is now beginning to make an impact. The project is operating in three areas:

### Area 1 West: Derry, Limavady, Letterkenny, Strabane and South Donegal

The Western Hub is now operational and working closely with the WHSCT Recovery College to scale up Recovery education in the WHSCT area and also in Donegal. The Spring Prospectus was recently launched and includes 35 courses. Engagement with the Community and Voluntary sector in the Derry/Limavady and Donegal areas is ongoing to create awareness and to consult with local communities. The response has been overwhelmingly positive. The Project team are also providing support to Derry Recovery Café.



Innovation Recovery Project staff pictured at the 2-day Write to Recovery group training in Donegal in December 2018

### Area 2 South: Cavan, Monaghan, Sligo, Leitrim and Fermanagh

In Cavan, Recovery Peer Educators are coming into post and plans are well underway to establish a base within the Cavan Institute of Education. The Lead Peer Educator is busy meeting with the Mental Health team and has provided training on Recovery Principles. The Recovery team are keen to secure support from mental health professionals to become involved in co-production of new Recovery training programmes. A number of Peer Educator staff will be commencing in coming weeks in Sligo and will be based in St Angela's College.

### Area 3 East: Belfast, Newry, Dundalk

In Belfast, the Innovation Recovery Peer Educators have commenced post and are undergoing induction and mentoring training. The team are closely aligned to the Belfast Recovery College and are learning from experienced trainers. Staff have also been involved in the co-production of the Spring Prospectus. In Newry, Peer Educator staff are now settling into their premises in Ballybot House. Meetings have taken place on both sides of the border with local community and voluntary groups to determine training programmes to be developed and delivered. The Recovery Project team have also met with HSE Mental Health representatives and Dundalk Institute of Technology regarding the delivery of programmes in the County Louth area.

The project staff team are currently focused on a number of priority areas. This includes working with HSB Procurement experts (part of the HSE) to secure tenders for marketing and public relations services in order to generate interest and participation, enabling the Project to meet its target beneficiaries and outcomes. The Project has also issued a tender for the provision of cross border WRAP® (Wellness Recovery Action Plan) training to statutory, community and voluntary sector staff.

The Project held its first Project Assembly in January 2019 in Omagh, which was attended by all Innovation Recovery staff, supported by Recovery Managers from within the CAWT partner organisations (29 attendees). The Assembly enabled project staff to exchange knowledge and receive support. Presentations were delivered by members of the CAWT Development Centre on all aspects of delivery of EU INTERREG VA project requirements and training on co-production and facilitation of recovery courses. Evaluations of the event were extremely positive.



Pictured at the Recovery College Spring Prospectus Launch in Area 1 West are (l to r): Dr Caroline Kenny, Siobhan Toorish, Victor Carruthers, Olive Young and Tracy Gray representing the CAWT Innovation Recovery Project.

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The project continues to develop its presence in Ireland and Northern Ireland and each of the five locations is making progress on achieving target areas including the provision of clinical and community engagement events. A number of wellbeing plans and e-health solutions have been put in place to date with a range of referrals currently being processed. Deployment leads from WHSCT, SHSCT and HSE have met and identified several potential learning opportunities building on the experience of partners in Scotland for delivery in a cross border context, in Ireland and Northern Ireland.

The recruitment of Community Navigator and Implementation Lead staff is almost at full capacity. There have been a number of demonstrations, for example, 'Attend Anywhere' (a video conferencing platform extensively used in Scotland) which facilitates reduced travel time for patient and clinician alike, to name but a few of its benefits. The ICT leads on both sides of the border have been engaged in scoping potential for delivery using existing technology and the potential for new developments within the scope of the Project. The Project was presented as a panel member at a conference on Social Prescribing in Craigavon in January given the unique aspect of e-health associated with mPower, which has proven beneficial in helping to raise the profile.

Planning has taken place with respect to the WHSCT engagement event for the project on 6th March 2019, involving key personnel from Scotland demonstrating the effectiveness of available technology and integrated delivery.

The Technical Business Lead, Klaire Trench Morris, has been involved in exploring the use of 'Attend Anywhere' with HSE partners, whilst having established a joint ICT group to guide closer, more effective working between Southern and Western Trusts in the area of e-Health. There are on-going talks with HSCB and PHA to progress Questmark opportunities.

A successful meeting exploring transport issues and potential solutions, given the common challenges across sites, was held in Newry in January with a paper to be presented to the Project Board in February. At a local level, co-operation has been initiated between another EU INTERREG VA project, CoH-Sync and mPower to align with locally delivered Social Prescribing services. A workshop will be held in March 2019. It is the intention to co-operate in every area across CoH-Sync and mPower in 2019.



SHSCT representatives pictured at the mPower Project assembly in Edinburgh (l to r): Dr. Mary Donnelly, GP Lead Integrated Care Partnership (Southern Area); Kathy Foy, mPower Community Navigator; Ingrid Stewart, Promoting Wellbeing Specialist Lead for Older People; Marcella O'Dowd, mPower Implementation Lead and Mairead Kirk, Access & Information Service Manager.



HSE representatives pictured at the mPower Project assembly in Edinburgh. Standing (l to r): Grainne Timon, Community Navigator, MPower South Leitrim, Ann Lawlor, Implementation Lead, MPower South Leitrim, Danielle Monahan, Implementation Lead MPower HSE CHO 8, Peter Walker, MPower Business Lead Services Ireland and Monica Ramsey, Community Navigator MPower Donegal. Seated (l to r): Conor Fitzgerald, Implementation Lead, MPower Donegal and Bernie Convey, Long Term Conditions Manager

HSE partners linked with ALONE Ireland and Scottish partners in Dumfries and Galloway and Ayrshire and Arran areas to identify potential common areas of co-operation and the use of e-Health solutions. Engagement has taken place with some of the Steering groups to explore priority clinical pathways for e-Health and Social Prescribing opportunities. An area of training activity in this period was to develop a link with potential training providers for a Professional award in Social Prescribing. This is still in the development stage.

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Via the CAWT Partnership, the MACE Project has been awarded grant funding from the EU INTERREG VA programme with the aim of transforming the lives of vulnerable families who are at risk from multiple adversities in their lives, through identification, early intervention and the provision of nurturing support within their own communities. The project operates across five community network areas in the border region of Ireland / Northern Ireland.

Through cross border co-operation the Project will build on infrastructure that already exists within each community network area and will facilitate local communities to build local capacity by working together and learning from each other and will be jointly owned by both jurisdictions through management and oversight of the project.

The key to the project rate of progress is dependant largely on the recruitment of project staff. The Project Manager post is out to recruitment currently and it is hoped that the person appointed will be able to take up post in coming months. In the interim, Caroline Jordan, TUSLA Project Board representative and Carmel McPeake, CAWT Link person have been undertaking Project Manager duties until the post is filled. The Project Board is delighted that the full complement of Project Co-ordinators are now in post. The geographical areas covered by each Project Co-ordinator is detailed in the photograph caption above. Each Project Co-ordinator is responsible for a network area and the main focus of their work in the coming months will be to complete a scoping/needs analysis of their specific cross border community network area and to develop and agree a menu of interventions that may be suitable for procurement.

The Cross Border Community Network groups have been established and all groups have been meeting in recent months. These groups represent a wide range of professionals from a variety of backgrounds and it is planned that they will meet regularly to ensure that the momentum is maintained and that the Project Coordinators are integrated into the local networks. The main focus for these groups at present is to draw up and agree a list of universal, targeted and specialist interventions required in each of their areas that would add value to existing activity. This will inform the delivery of appropriate interventions within each of the areas as the project progresses.



Newly appointed MACE Project co-ordinators. Standing (left to right): Shauna Hawes, Derry, Letterkenny & Inishowen Community Network; Brenda Maxwell, Armagh, Cavan and Monaghan Community Network area and Donna Magee, Strabane & West Donegal Community Network. Seated (l to r): Georgina O'Brien, Fermanagh, Sligo and Leitrim Community Network area and Gavin Magee, Newry Mourne & Louth Community Network area.



MACE Project Board members at their recent meeting Standing (l to r): Carmel McPeake, CAWT Finance Manager; Edel McAweeney, HSE; Garrett McGinty, Special EU Programmes Body; Martin Quinn, HSCB and Paul Morgan, SHSCT. Seated (l to r): Maurice Meehan, PHA; Caroline Jordan, Tusla Child & Family Agency; Fergal Landy, Tusla Child & Family Agency and Brid Brady, HSE.

Work has also commenced on procuring an individual/ organisation to undertake a review of existing assessments, screening tools and practices relevant to childhood adversity which will inform the Project Board on the future development of any assessment/screening tools to be developed as part of the overall project plan.

The MACE project was jointly developed by a collaboration of six statutory sector partners which are the HSE and TUSLA in the Republic of Ireland, the Southern and Western Health and Social Care Trusts, the Public Health Agency and the Health and Social Care Board in Northern Ireland. Each of these organisations are represented at Project Board level.

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# EU INTERREG VA projects in pictures



WHSCCT representatives pictured at the mPower Project assembly (l to r): Cathy Lynch, Finance Officer, CAWT Development Centre; Elaine Aughey, Implementation Lead, Mpower; Myrtle Harron, PCC Coordinator, Lisnaskea; Mary May, Locality Manager, Fermanagh and Vincent Ryan, Assistant Director.



Cross-border Quality Improvement workshop participants. Front row (l to r): Teresa O'Callaghan, HSE; Dr Tim Martin, WHSCCT; Jacqueline Morton, SHSCT & Mandy Gormley, WHSCCT. Back row (l to r): Barbara Campbell, HSCQI; Dr Jackie McCall, NI Safety Forum (PHA); Angela Hughes, HSE & Lorraine Hyland, HSE.



Community Paramedics training together at the Monaghan Ambulance Training Base (l to r): Brendan Finan, Co Monaghan; Mark Sheerin, Co Donegal; Caroline French, Co Tyrone; Margaret Mallen, Advanced Nurse Practitioner, Cavan & Monaghan Hospital; Declan Smith, Co Monaghan; Damian Muldoon, Co Tyrone and Ann McDermott, Co Donegal.



Pictured at the CoH-Sync launch event in Letterkenny are (l to r): Maura O'Neill, Western Health and Social Care Trust; Brigid McGinty, CoH-Sync Project Manager, CAWT; Emmett Lynch, CoH-Sync Project Worker, CAWT and Aoife Balfour, CoH-Sync Project Worker, CAWT.



Working on CoH Sync data monitoring processes are (l to r): Micheala Lynch, CAWT Development Centre, Brigid McGinty, CoH-Sync Project Manager and Rhuri Paton, CoH-Sync Project Worker, NHS Dumfries and Galloway.



Pictured at the recent mPower Project assembly in Edinburgh (l to r): Vincent Ryan, Assistant Director - PCC, WHSCCT; Dr Mary Donnelly, GP and Alan Connor, mPower Programme Manager.