



ParentingNI

**16TH  
SEPT  
2021**

# **CHILDREN'S EMOTIONAL HEALTH**

Children who have positive emotional health and wellbeing tend to have better outcomes in life. This workshop encourages parents of children to recognise the importance of their children's mental health, exploring how parents can provide opportunities for children's emotional development. Workshop welcomes those parenting 0-10 years specifically.

MACE in conjunction with CYPSC.

Online via Zoom

**All Areas of Donegal**

**11.00am-12.00pm**

**TO REGISTER**

Email: [help@parentingni.org](mailto:help@parentingni.org)

**Please include the following details:**

Your name, address (inc eir code) child(ren) name(s) & DOB(s)

Please specify the date & name of the programme or workshop you are interested in attending, thank you.

